



# OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver



## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366

Church Administrator: Debbie Yeager  
Admin Email: [capheightspres@gmail.com](mailto:capheightspres@gmail.com)

### Websites

[www.capitolheightspresbyterian.org](http://www.capitolheightspresbyterian.org)  
Facebook

[www.1030catholic.org](http://www.1030catholic.org)  
Check out Facebook

[www.dignitydenver.org](http://www.dignitydenver.org)  
Facebook  
Dignity: 720-515-GLBT

### Sunday Worship Services

Presbyterian – 9:30 am  
10:30 Catholic – 11:00 am  
Dignity Denver – 5:00 pm

### Children's Ministries

All children, Sunday School/CRE  
11-12:00 Room 202

Nursery, Main Floor  
9-12:00 Ages infant – 8 yrs

Send all announcements for the  
OPEN LETTER to the Church  
Administrator by *Thursday NOON*,  
[capheightspres@gmail.com](mailto:capheightspres@gmail.com)

*If you wish to book a room to use for a  
meeting or activity please call the church  
at 303-333-9366 and leave a message, or  
send an email to  
[capheightspres@gmail.com](mailto:capheightspres@gmail.com).*

Printed on 100% recycled paper

## Community News

**Dear Friends**, please be cautious if parking on the West side of Fillmore Street directly across from the church. Our neighbor has a driveway that is consistently blocked by cars throughout the week so be sure you are parked along a curb and not a driveway before leaving your car. Thanks!

**The glass recycling bin** has been moved to Congress Park. You can access the recycling bin by turning into the park off Josephine St. Please support this recycling effort. We appreciate the patience and assistance of our neighbors in working out this new arrangement.

**If you use the church for meetings** during the week, please be sure outside doors close and lock behind you with your comings and goings. Also please make sure lights are turned off when you are done.

**Pat Foster has a microwave oven** that needs a new home. It is in good working order and clean. If interested call 303-721-9570

**Saturday, October 13, 9:30 a.m. Presbyterian Women of Denver** invite you and yours to hear special guest Dr. Christine Mann Darden, human “computer” and “hidden figure” of the NASA space program when she presents “Telling My Story.” The event is at **Peoples Presbyterian Church located at 2780 York Street, Denver, CO 80205**. The program and lunch are \$10 payable at the door. Friends and family welcome! Reservations required: contact Moderator Vicki Terry at 720-273-6870 by Oct. 10.

Dr. Christine Mann Darden is flying in from North Carolina to be with us. One of the human computers featured in the book *Hidden Figures*, she will speak about the lessons to be learned from the movie of the same name. Darden is an American mathematician, data analyst, and aeronautical engineer who devoted much of her 40-year career in aerodynamics at NASA to researching supersonic flight and sonic booms. She holds a BS in mathematics education, an MS in applied mathematics, and a PhD in mechanical engineering.

**September 29, Saturday, 6-10 p.m.:** A gala event is happening and you all are invited to join in an evening of fun to benefit poverty schools and communities in Kenya. More and more communities are requesting to become part of SCOPE, as they witness lives being changed. However to meet these needs more and more funds are also necessary. Food and drinks are a given to enjoy while you play at the tables (non-profit style) listen to music, select from a silent auction and win prizes. Come to the Police Protection Event Center, [2105 Decatur, Denver](http://2105Decatur.Denver). Donation - \$75. Tickets can be purchased online From SCOPE INTERNATIONAL at [www.scopeint.org](http://www.scopeint.org) Please come join us in support of these folks hoping to change their lives and move out of dire poverty.

Thanks! *Jeanne McLaughlin-Powers*

**September 30th SAVE THE DATE!** Colorado Friends of El Porvenir will be hosting their 17th annual dinner on Sunday, September 30th (no Bronco game!). It will be held at St. Ignatius Loyola Church 2301 York. Suggested donation \$20. For more information see Pat Buckley, Katie Theisen, Rosann McCullough, Jeanne Powers or Dave Arnolds.

**Sunday October 7, 11:00 a.m.:** Our next Ecumenical Service will take place in the Sanctuary.

### **A Primer for Gun Safety Voters: Policies and Programs that Can Save Lives**

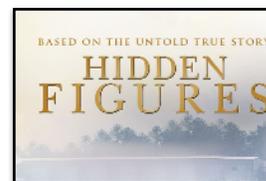
Red Flag laws can save lives by removing guns from the home when a loved one is in crisis. But the right mental services need to be in place to make a long-term difference. Learn more about the life saving mix of policies and services on the fall ballot and other mental health initiatives at a panel sponsored by Colorado Faith Communities United to End Gun Violence, moderated by Andrew Romanoff, President of Mental Health Colorado and featuring: Douglas County Sheriff, Tony Spurlock; Bob McDonald, Executive Director of the Denver Department of Public Health & Environment; and Rep. Leslie Herod, House District 8, champion of the Caring4Denver ballot measure.

**DATE/TIME** Wednesday, October 17 from 7:00 PM – 8:30 with

## Be Kind

Do not block our  
neighbors'  
driveway.

Thank you!





## Children's Ministry

**September 23 9:30 a.m.** Class will meet early this day to participate in the Pace e Bene walk to City Park. We will gather in the Sanctuary by 9:30 a.m. and return from the park no later than 12:00 p.m.

**September 30 11:00 a.m.** We will learn about the Exodus story in room 202.

**Nursery Care** is provided every Sunday from 9:00-12:00 in room 103 on the main floor for ages infant - 8 years.

## Community Service Opportunities

### Women's Homeless Initiative Will resume in October

If interested to learn more about volunteering speak with Mary Gould (720-563-1048, [ejgmef@gmail.com](mailto:ejgmef@gmail.com)), Anita Poole (303-506-9183, [icmoose49@gmail.com](mailto:icmoose49@gmail.com)), from 10:30 CC, or Bibiana Hager from CHPC (303-322-0402.)

### Saturday Lunch Program

9/22 Dignity hosts  
9/29 CHPC hosts  
10/6 CHPC hosts  
10/13 CHPC hosts

If interested to volunteer speak with Mark Meeks (CHPC)

303-816-1454 / [mkenosha@aol.com](mailto:mkenosha@aol.com);

Pat Foster (10:30 CC)

303-721-9570 / [foster\\_patsteve@hotmail.com](mailto:foster_patsteve@hotmail.com); Rick Proctor (Dignity)

303-593-0498 / [rickochet789@comcast.net](mailto:rickochet789@comcast.net).

## Garden Recipe

### GAZPACHO

3 Pounds tomatoes  
1 small red onion  
1 peeled cucumber  
1 red pepper  
4 scallions  
2 stalks celery  
1 quart tomato juice  
1/2 cup red wine vinegar  
1/2 cup olive oil  
1 teaspoon Tabasco  
1/4 cup chopped fresh basil  
2 teaspoons Worcestershire sauce  
salt and pepper to taste



Optional: sour cream and lime wedges for garnish

1. Finely dice all the veggies by hand or with a food processor
2. Blend the diced vegetables with the tomato juice, oil, vinegar, and seasonings
3. Chill, covered, for several hours or overnight
4. Serve in bowls with a dollop of sour cream and fresh lime wedges.

social time over light refreshments starting at 6:30

**LOCATION** First Plymouth Congregational Church, 3501 S Colorado Blvd, Cherry Hills Village, CO 80113

**PLEASE RSVP** to [soakes1219@gmail.com](mailto:soakes1219@gmail.com)

**The 2019 Women's Retreat at St. Benedict's Monastery** in Old Snowmass will be held from Thursday, January 31st through Monday, February 4th. Preference continues to be for newcomers. Registration begins December 1st. Contact Peggy @ 303-565-7092.

## Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

**Community Book club:** The extra Richard Rohr books, *Jesus' Plan for a New World: The Sermon On the Mount*, have arrived! Many of you already picked up a copy but if you still need one you can get a copy from Mark.

**Sunday, September 23, 9:30 a.m.** We will have a Prayer walk from the church to the Dr. King memorial in City Park. This is part of a nationwide prayers for peace effort led by Pace e Bene. Join us for the walk or meet us at the Dr. King Memorial at 17th and Fillmore St. in City Park.

**Wednesday September 26, 6:30 - 7:30 pm** CHPC choir has begun! Anyone who would like to join us in singing feel free to come to the Sanctuary on Wednesday's at 6:30 p.m.

**Grocery Cards** that support CHPC are available to King Soopers and Safeway grocery stores. As you put money on your card(s) and use it to buy your groceries a portion of your weekly grocery purchases will support CHPC. If you are interested to participate talk with Charlie Fiser (303-770-6362) and he will provide you a card to the store of your choice.



**As always, Mark** is available following our morning activities for further conversations with anyone who might desire it regarding our Christian faith practice, witness, and the life of our congregation. Feel free to share with him as you might wish in dialogue.

## 10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

**Treasurer's Report:** The September 16 offering totaled \$539

**September 27 Create a Path for Immigrants:** The Sanctuary movement is sponsoring a "Caravan to Create A Path" at the end of September. We are invited to join the caravan and help build momentum ahead of next year's state legislative session as well as be part of the national conversation on where we should invest our tax dollars. This is a key moment to invite our delegation to reject funding increases to ICE and Border Patrol as part of the Continuing Resolution at the federal level. The House and Senate are poised to vote before the end of September on that Continuing Resolution.

Here are the ways 10:30 CC can support this. The caravan will be in Denver on September 27th. They will be engaged in activities designed to draw support from local city council members and county commissioners, meet with federal legislators and close out four days of intense action across the state. They are asking for support with:

- turning out for events.
- for the press conference to close the caravan 4:30 pm at Park Hill United Methodist and Temple Micah and a potluck celebration at 5:30.
- meetings with Coffman, Gardner and Bennet throughout the morning and afternoon.
- donate towards the cost of gas and van rental for the caravan.
- organizing prayer notes of support that we can read along the way as we caravan and stop in towns across Colorado.

If anyone from the community would like to join the caravan ( 9/24-9/27) Please fill out this form to Register your support or join the caravan! <https://goo.gl/forms/MR53QEA30hTSNWDe2>

## Dignity Denver

Dignity Denver envisions and works for a time when gay, lesbian, bisexual, and transgender Catholics are affirmed and experience dignity through the integration of their spirituality with their sexuality and as beloved persons of God.

**Mass in the Sanctuary** at 5:00 p.m. every Sunday.

## This Week

### Sunday

9:00-12:00 Nursery ages infant - 8 years old

9:00-10:30 AA Youth Room

9:30 am CHPC Worship in Sanctuary

10:30 am CHPC Fellowship in Social Hall

11:00 am Adult Dialogue in Lounge

11:00 am Children's Ministry/CRE rm 202  
(Will resume September 9th)

11:00 a.m. Ten-Thirty CC Mass in Sanctuary

12:00 pm Ten-Thirty CC Fellowship in Social Hall

5:00 pm Dignity Denver Liturgy in Sanctuary

6:00 pm Dignity Denver Fellowship in Narthex

### Monday

7:00 pm Spiritual Voices Rehearsal in Sanctuary

### Tuesday

5:45 pm Narcotics Anon. Youth Rm.

### Wednesday

6:30 pm CHPC Choir rehearsal in Sanctuary

### Thursday

6:00 pm Thursday Women's AA Rm 104

8:00 pm One Long Road Rehearsal

### Friday

5:45 pm Narcotics Anon. Youth Room

### Saturday

10:30 am Saturday Lunch in Social Hall

10:30 am Primary Purpose Narcotics Anon. Youth Room

10:30 am SLAA Rm 104

## Leaders of the Capitol Heights Faith Communities

### Capitol Heights Presbyterian Church

#### Session Elders:

Bibiana Hager	(Class of 2018)
Sonya Yeager-Meeks	(Class of 2018)
Jeanne Jeffas	(Class of 2019)
Erik Sabina	(Class of 2019)
Nicki Kearns-Beattie	(Class of 2020)
Lara Newton	(Class of 2020)

Rev. Mark Meeks	Spiritual Leader	303-816-1454
Louise Westfall	Moderator	
Bonnie Jensen	Clerk of Session	720-962-5645
Charlie Fiser	Treasurer	303-770-6362
Jeanne Jeffas	Commissioner to the Presbytery of Denver	
Sonya Yeager-Meeks	Co-Director of Music	
Debra Yeager	Co-Director of Music	
Debra Yeager	Children's Ministry	

### 10:30 Catholic Community Council

Philippe Walravens	Chair	303-884-4558
Tricia Huth	Co-Chair	303-885-4633
Gene Lang	Treasurer	303-399-5692
Chris McGuire	Secretary	303-940-9197
Connie Curtis	Co-Secretary	303-296-6315
Meg Johnson	Liturgy Liaison	303-399-5692
Celeste Rossmiller	Adult Education Liaison	303-343-6689
Mary Sullivan	Social Action Liaison	303-399-3361
Pat Iyer	Member At-Large	303-693-2316
Missy Ellis	Member At-Large	303-399-4361

### Dignity Denver Board [board@dignitydenver](mailto:board@dignitydenver)

Brad Cameron	President
Greg Erhart	Secretary
Brad Cameron	Treasurer
Marshall Gourley	Member at Large