



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightspres@gmail.com

Websites

www.capitolheightspresbyterian.org
Facebook

www.1030catholic.org
Check out Facebook

www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

Sunday Worship Services

Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

Children's Ministries

All children, Sunday School/CRE
11-12:00 Room 202

Nursery, Main Floor
9-12:00 Ages infant – 8 yrs

Send all announcements for the
OPEN LETTER to the Church
Administrator by *Thursday NOON*,
capheightspres@gmail.com

If you wish to book a room to use for a
meeting or activity please call the church
at 303-333-9366 and leave a message, or
send an email to
capheightspres@gmail.com.

Printed on 100% recycled paper

Community News

Wednesday, December 5 11:00 a.m. - 1:00 p.m. CHUM invites you to their 7th annual Odyssey Appreciation luncheon held in the Social Hall of Capitol Heights Presbyterian Church. The CHUM leadership team hopes all members and friends of CHUM can join this celebration. This years' Odyssey award winners are Bill and Mary Frances Jaster, co-directors of the Colorado Vincentian Volunteers. Lunch will be prepared by the Food Bridge International Marketplace. Please RSVP to Diana Flahive (303-832-4188 / flahive@flahive.us) by **December 1st**. Cost is \$25, checks made payable to "CHUM." If you mail your check the address is:

Charlie Fiser
c/o Capitol Heights Presbyterian Church
1100 Fillmore St., Denver, CO 80206

Capitol Hill United Ministries is an interfaith organization comprised of congregations and faith-based service agencies in Capitol Hill. Our mission is to be a spiritual presence and resource in the inner city of Denver, to practice hospitality, to advocate for our neighbors in need, and to strengthen and sustain our member communities, particularly through effective communication and cooperation, enhancing the ministry of all.

Saturday, December 1 9:30 – 11:30 a.m. The Mental Wellbeing Initiative and Gun Violence Reduction groups at First Unitarian Society of Denver invite you to CFCU's sponsored training session at First Unitarian Society of Denver, 1400 N Lafayette St. We will learn the Q.P.R. model, Question. Persuade. Refer. Three steps anyone can learn to help prevent suicide. The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know. This training will be led by James Gallanos, MSW. James is the Colorado National Collaborative Coordinator with the Violence and Injury Prevention-Mental Health Promotion Branch of CDPHE (the Colorado Department of Public Health and the Environment). Prior to taking on this role in Colorado, he led suicide prevention efforts in Alaska for 10 years as a Prevention Coordinator with the Alaska Department of Health and Social Services. He managed the Community-Based Suicide Prevention Program and several other statewide projects. Attendance is limited to 35 participants. If interested in participating please RSVP by emailing Tammy Carpenter tcarpent7@gmail.com. If interested in hosting one of these training sessions at your congregation contact alanaks@aol.com.

December 2, 10:00-1:00 A local craft fair will take place in the Social Hall. Come and enjoy seeing what local artisans are creating in the community. The fair will run both before and after the Ecumenical service to offer convenient times for folks to stop by. Interested to share some of your artwork? Call the church at 303-333-9366 to learn the details about participation.

Sunday, December 2 11:00 a.m. Our next Ecumenical service will be held on the first Sunday of Advent. Be sure to make time to stop by the local craft fair that will be in the Social Hall both before and after the service. Also, if anyone is interested to participate in this years' *Write for Rights* with Amnesty International, letter writing materials and information will be available in the basement.

Barbara Froula Studio Gallery Holiday Open House

**Friday December 7th, 5:00 - 8:00 p.m. &
Saturday December 8th 11:00 a.m. - 3:00 p.m.**

We are all invited to stop by the gallery to see work of Barbara's and Jondi's. The studio is located at:

Barbara Froula Studio Gallery
186 South Pennsylvania Street
Denver 80209
303-777-2590



The 2019 Women's Retreat at St. Benedict's Monastery in Old Snowmass will be held from Thursday, January 31st through Monday, February 4th. Preference continues to be for newcomers. Registration begins December 1st. Contact Peggy @ 303-565-7092.



Children's Ministry

November 25, 11:00 a.m. Class will be held in room 202.

December 2, 11:00 a.m. Our class will participate in the Ecumenical service. Nursery care will be available in room 103 for our youngest participants if they wish to spend some active time there.

Nursery Care is provided every Sunday from 9:00-12:00 in room 103 on the main floor for ages infant - 8 years. Parents, please be sure to sign your child in when dropping them off and to sign them out when you come to pick them up. Thank you!

Community Service Opportunities

WHI will resume in DECEMBER

Every Wednesday in December volunteers will help set-up cots, prepare dinner, and spend the night with about 20 women in need of shelter.

If interested to learn more about volunteering speak with Mary Gould (720-563-1048, ejgmef@gmail.com), Anita Poole (303-506-9183, icmoose49@gmail.com), from 10:30 CC, or Bibiana Hager from CHPC (303-322-0402).

Saturday Lunch Program

12/1 CHPC hosts
12/8 CHPC hosts
12/15 10:30 CC hosts
12/22 Dignity hosts

If interested to volunteer speak with Mark Meeks (CHPC) 303-816-1454 / mkenosha@aol.com; Pat Foster (10:30 CC) 303-721-9570 / foster_patsteve@hotmail.com; Rick Proctor (Dignity) 303-593-0498 / rickochet789@comcast.net.

Alexandra is looking for someone who can stay at her house and help take care of her chickens from the middle to the end of December. If anyone is available to help please speak with Alexandra.

A Request from Cary: Friends, we NEED house animal care, house sitting, a stacation guest to help us out from 12/25 through 1/3. Please call Cary if available and interested at 303-908-8202.

Dignity Denver

Dignity Denver envisions and works for a time when gay, lesbian, bisexual, and transgender Catholics are affirmed and experience dignity through the integration of their spirituality with their sexuality and as beloved persons of God.

Mass in the Sanctuary at 5:00 p.m. every Sunday.

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

Sunday, December 2 2:00 - 5:00 p.m. Open House at the new Catholic Worker House, 1027 26th Street, Denver. A January 2016 fire destroyed the long-time Catholic Worker House on Welton St. This summer a new house was purchased and renovated so that hospitality can be extended to homeless folks again. For more information call 303-296-6390.

Treasurer's Report: The November 18 offering totaled \$1,095.

Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

December 9, 11:00 a.m. Our annual congregational meeting will take place in the Lounge. Please plan to attend this important discussion as we select new leadership, renew the terms of call, and vote on the 2019 budget.

December 9 10:30 a.m. We will hold our annual "write-a-thon" to participate in Amnesty International's Write For Rights campaign. Our church is a group member of Amnesty International and letter writing materials plus information on this years' cases will be available in the Social Hall both December 2nd and December 9th.



Capitol Heights will receive our annual Peace Offering on Sunday's December 16, 23, and 30th. This annual event supports the work of our National church, with 75% of the offering going to the Presbyterian Church USA, and also aids local groups with 25% of the offering distributed to a local organization chosen by the Session.

December 16, 7:00 p.m. All are welcome to attend our lovely Carols by Candlelight service held in the sanctuary. We look forward to an evening of songs, poetry, and readings that celebrate the Christmas season.



Want to keep up with events happening at church, distribute information with the larger community, or share articles and thoughts that matter? Then remember to "like" and follow Capitol Heights Presbyterian Church on [Facebook](#).

Grocery Cards that support CHPC are available to King Soopers and Safeway grocery stores. As you put money on your card(s) and use it to buy your groceries a portion of your weekly grocery purchases will support CHPC. If you are interested to participate talk with Charlie Fiser (303-770-6362) and he will provide you a card to the store of your choice.



CHPC is excited to now be a member of Historic Denver!

Community Book Club: One edition of Richard Rohr's book, *Jesus' Plan for a New World: The Sermon On the Mount* is still available for purchase. There is also a church library edition that may be borrowed.



As always, Mark is available following our morning activities for further conversations with anyone who might desire it regarding our Christian faith practice, witness, and the life of our congregation. Feel free to share with him as you might wish in dialogue.

The Presbyterian Church (USA) has multiple efforts underway to render aid to the communities in California suffering from fire and to the migrant caravan traveling north:

- Currently the Presbyterian Church is using the U.S. wildfire account (DR000165) for the California relief efforts and you can donate online by visiting <https://pma.pcusa.org/donate/make-a-gift/gift-info/DR000165/>
- \$10,000 in relief has already been distributed when people were reaching the Guatemala border and the Church is continuing to prepare for the arrival at the Mexico-U.S. border. You can send financial support to the church by giving to the "Disaster Relief International Refugee Programs" (DR000156) <https://pma.pcusa.org/donate/make-a-gift/gift-info/DR000156/>.



This Week

Sunday

9:00-12:00 Nursery ages infant - 8 years old

9:00-10:30 AA Youth Room

9:30 am CHPC Worship in Sanctuary

10:30 am CHPC Fellowship in Social Hall

11:00 am Adult Dialogue in Lounge

11:00 am Children's Ministry/CRE rm 202

11:00 a.m. Ten-Thirty CC Mass in Sanctuary

12:00 pm Ten-Thirty CC Fellowship in Social Hall

5:00 pm Dignity Denver Liturgy in Sanctuary

6:00 pm Dignity Denver Fellowship in Narthex

Monday

7:00 pm Spiritual Voices Rehearsal in Sanctuary

Tuesday

5:45 pm Narcotics Anon. Youth Rm.

Wednesday

6:30 pm CHPC Choir rehearsal in Sanctuary

Thursday

6:00 pm Thursday Women's AA Rm 104

8:00 pm One Long Road Rehearsal

Friday

5:45 pm Narcotics Anon. Youth Room

Saturday

10:30 am Saturday Lunch in Social Hall

10:30 am Primary Purpose Narcotics Anon. Youth Room

10:30 am SLAA Rm 104

Leaders of the Capitol Heights Faith Communities

Capitol Heights Presbyterian Church

Session Elders:

Bibiana Hager	(Class of 2018)
Sonya Yeager-Meeks	(Class of 2018)
Jeanne Jeffas	(Class of 2019)
Erik Sabina	(Class of 2019)
Nicki Kearns-Beattie	(Class of 2020)
Lara Newton	(Class of 2020)

Rev. Mark Meeks	Spiritual Leader	303-816-1454
Louise Westfall	Moderator	
Bonnie Jensen	Clerk of Session	720-962-5645
Charlie Fiser	Treasurer	303-770-6362
Jeanne Jeffas	Commissioner to the Presbytery of Denver	

Sonya Yeager-Meeks	Co-Director of Music
Debra Yeager	Co-Director of Music
Debra Yeager	Children's Ministry

10:30 Catholic Community Council

Philippe Walravens	Chair	303-884-4558
Tricia Huth	Co-Chair	303-885-4633
Gene Lang	Treasurer	303-399-5692
Chris McGuire	Secretary	303-940-9197
Connie Curtis	Co-Secretary	303-296-6315
Meg Johnson	Liturgy Liaison	303-399-5692
Celeste Rossmiller	Adult Education Liaison	303-343-6689
Mary Sullivan	Social Action Liaison	303-399-3361
Pat Iyer	Member At-Large	303-693-2316
Missy Ellis	Member At-Large	303-399-4361

Dignity Denver Board board@dignitydenver

Brad Cameron	President
Greg Erhart	Secretary
Brad Cameron	Treasurer
Marshall Gourley	Member at Large