



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](#)
Youtube

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<http://www.whiteforestsangha.org>
mushin@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Colorado State Historic Grant Matching Funds

The kickoff meeting to initiate work for the Phase 2 CHPC building grant project will take place on February 11. The \$229,019 grant from the Colorado State Historic Fund will enable the restoration of the West Façade and Tower Parapets on the church building. **We are still raising the 25% matching funds for this project and look to have secured the match by the middle of February. We now have only \$1,100.63 to go in securing the matching funds needed for our South-West tower and window restoration project!** You can make a **Donation to the Historic Building Fund online** or with a check made payable to "CHPC - Historic Building Fund" and given to Charlie Fiser or Debbie Yeager. **The Historic Building Fund will remain open to enable future restoration projects and ongoing donations will be accepted at any time.**

Historic Denver will once again be our grant manager under the able leadership of **Shannon Stage**. Shannon will work closely with church community representatives **Debbie, Sonya, and Dan**. The team will also be working with architect **Natalie Lord, Jonas Landes & Graham Johnson of Spectrum General Contractors**; & **Jane & Phil Watkins of Watkins Stained Glass**. (Fun fact, it was Phil Watkins' grandfather who originally made the stained glass windows in our building back in 1911!)

Community News

Sunday, February 6 LAST day of Mission: Joy Film Viewing: Sunday is the last day to view the film **Mission Joy: Finding Happiness in Troubled Times** featuring Archbishop Desmond Tutu and His Holiness the Dalai Lama. We invite all the Faith Communities at 1100 Fillmore to join us in watching the film. If you're not already on the list to receive the link from CHPC, send us an email at chpcnews@gmail.com and we will add your name so you can watch the documentary from home.



The Colorado Department of Transportation (CDOT) is asking for input to identify 10 top locations on CDOT roads in the Denver Metro Area to improve bicycle and pedestrian safety. The survey will be open through February 18, 2022 in English at <http://metroquestsurvey.com/hl86> and in Spanish at <http://metroquestsurvey.com/mc7a7r>.

Happy Lunar New Year to all! You can check out some of the local festivities by seeing the OCA Colorado Chapter Chinese New Year celebrations on **YouTube**.

Dignity Denver

Dignity Denver envisions and works for a time when gay, lesbian, bisexual, and transgender Catholics are affirmed and experience dignity through the integration of their spirituality with their sexuality and as beloved persons of God.

Mass is held in the sanctuary at 5:00 PM most Sunday's. Visit Dignity's website for current schedule.

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

Sunday Services: Mass will be held in the Sanctuary at 11:00 AM.

COVID Safety Protocol: The Council is suggesting that we ask members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

Community donations are still being received and can be mailed to the following address: c/o Gene Lang, 10:30 Catholic Community; 1100 Fillmore Street; Denver, CO 80206.

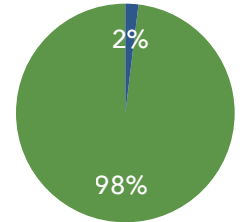
Former INC President (2012-2016) Larry Ambrose who attended 10:30 CC masses from time to time passed away quietly at home on January 28, 2022. His wife, Jane, was at his side. Larry died from cancer. His funeral was held at Fairmount Cemetery. In 2021 Larry was awarded Inter-Neighborhood Cooperation's Lifetime Achievement Award for his work for our communities. The obituary for Larry can be [read at this LINK](#).

Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

February 6, 9:30 AM Service: This Sunday we launch a series for periodic reflection and discussion on "The Promise of Democracy". This will enable us to ponder how the practice of our Christian faith can

- Matching Funds Needed
- Matching Funds Secured





Celebrating 50 Years of Diversity at 11th & Fillmore

This October will mark the **50th Anniversary** of when the 10:30 Catholic Community joined Capitol Heights Presbyterian Church in sharing worship space in our beloved church building. That fall, when a group of Catholics were “invited in from the cold,” started an ecumenical partnership of mutual support that has enriched our lives and created lasting friendships for 50 years. In the 1980’s our ecumenical commitment was further blessed when Dignity Denver joined in the shared use of the building. Together we have sought ways to learn, work, and worship together while respecting our differences and celebrating our common engagement with the world. From welcoming immigrants, making lunches for the homeless, providing shelter and hospitality to neighbors, to surrounding our **Nation’s Capital city with a ribbon of peace**, these past 50 years have been rich, varied, and blessed and we have truly come to see that diversity is not a threat, but a celebration!

Throughout 2022 we will celebrate our Ecumenical life through varied programs giving us the opportunity to study, worship, and serve together. Below are some of the early upcoming Ecumenical Opportunities for 2022:

February 4-6 Film Viewing of *Mission: Joy* with a 72 hour access link. (Link will be emailed to the Communities.)

February 6, 5:00 PM CHPC Spiritual Leader, Mark Meeks, will be the guest homilist for Dignity Denver mass. All are welcome to attend!

March 6, 11:00 AM Ecumenical Worship Service on the first Sunday in Lent

Children’s Ministry

For younger children & families: Check out some stories and prayers that we have made available **online HERE**.

Looking for ways to give back to the community? Check out the opportunities to participate in the CHUM **Jan-April 2022 breakfast & lunch sign up sheet** to provide lunches to our partner organizations that serve the homeless.

CHPC Historic Building Matching Funds Challenge

CHPC grant request of \$229,019 has been approved by Colorado State Historical Fund (SHF) to restore the south-west tower and restoration of the windows on the west façade.

You can help us raise the 25% in matching funds by **MAKING A DONATION TO OUR HISTORIC BUILDING FUND HERE**. Checks can be made payable to “CHPC - Historic Building Fund.” (We have only \$1,100.63 left to raise in matching funds.)



Scan to Donate via PayPal

enable active citizenship in God’s world for the sake of all creation. One aspect of that practice is seen quite openly in our home base of 1100 Fillmore, a collaborative of significant diversity in service together for a greater good. In the Dialogue at 11 Charles will lead our discussion on democracy further, drawing on the **January issue of the Atlantic Monthly** with varied articles on that subject.

Zoom Link for CHPC Events:

- [Click here to Join Zoom Meeting with video](#)
- **One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#**
- **Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4**

Ongoing News & Upcoming Events

Last Sunday CHPC began a conversation on Land Acknowledgments and what it might look like if our congregation adopted a Land Acknowledgment statement. Part of the discussion included reference to the article ***Dismantling the Doctrine of Discovery: A movement of Anabaptist people of faith which you can read HERE***.

Community donations are being received online or by mail: To mail a donation send your contribution to **Capitol Heights Presbyterian Church, 1100 Fillmore St., Denver, CO 80206**. To donate online visit capheightspres.org/donations.

Grocery cards that support CHPC are available for Safeway and King Soopers grocery stores. As you put money on your card and use it to buy your groceries, a portion of your weekly grocery purchases will support CHPC. Call Charlie Fiser (303-770-6362) if you are interested in participating.

Denver Presbytery Friday, February 4 E-Newsletter - VIEW HERE. We add an excellent summary of the past Presbytery Assembly from our Commissioner, Jean Demmler, but if you would like to learn further about the Assembly “Highlights” you can **read them HERE**.

News from CHPC’s Collaborative Partners

February 9, 4:00 PM Ocean Equity Collective Public Launch Event with Creation Justice Ministries: Creation Justice Ministries has been part of an effort to start the Ocean Equity Collective: A Black, Indigenous, People of Color (BIPOC) led and focused coalition of organizations in the ocean conservation space. You are invited to attend the webinar to learn more about the collective and their mission, vision, and goals. **Webinar Registration HERE**.

Thursday, February 17, 5:00-6:30 PM on Zoom: Gun Violence Prevention Legislative Briefing Sponsored by Colorado Ceasefire and Colorado Faith Communities United to End Gun Violence (CFCU). You are invited to come learn about the status of the Office of Gun Violence Prevention, 2022 legislation, recent trends, and being a citizen activist in the age of Covid. Featured speakers include: Featured speakers: Dr. Eric France, Chief Medical Officer, Colorado Department of Public Health and Environment; Speaking about the Office of Gun Violence Prevention; Senator Rhonda Fields (D-Aurora): Co-sponsor of the Vote Without Fear Bill; Representative Steven Woodrow (D-Denver): Co-sponsor of the Ghost Gun Bill. **RSVP TO soakes1219@gmail.com**.

Colorado Council of Churches February Newsletter is available to **read HERE**. Included is an **Advocacy Update** from CCC Social Justice Coordinator Haley Anderson and updates on what’s happening with the CCC Covenanting Denominations.

Catch up with Capitol Hill United Ministries and find ways you can volunteer in the community by reading the February 1st **email HERE**.

You can read Interfaith Immigration Coalition’s most recent edition of ***The Latest HERE*** with information on how to “catch up, show up, and take action” on behalf of immigrants. Additional ACTION OPPORTUNITIES with the Interfaith Immigration Coalition can be found at this **LINK**.

Do you know a student artist (or are you one yourself)? The Endangered Species Coalition organizes an art contest for student artists grades K-12 each year as a part of Endangered Species Day. Student artists in the US in grades K-12 are invited to submit your work to the Saving Endangered Species Youth Art Contest! The submission form is now open for entries and the art contest closes in one month, on March 1st, 2022. Visit the **ESC website to learn more**.



Community Events

Sunday

CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Fellowship & Art Project (Basement Social Hall / [Zoom](#))

10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass *check website for Sunday Mass schedule*

Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "*Beginner's Mind Zazen*," meditation with White Forest Sangha

Wednesday

5:30 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

7:00 - 8:30 pm Comedy Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery) [More information HERE](#)

Thursday

6:00 pm Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation

(Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / mushin@whiteforestsangha.org)

10:30 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

1:30 pm 10:30 CC Music Rehearsal (Sanctuary)

ONGOING EVENTS:

Every Fourth Thursday of the Month

7:00 PM Journey with Migrants Mission Partnership meeting (held on zoom)

Leaders of the Capitol Heights Faith Communities

Faith Communities at 1100 Fillmore Joint Leadership

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board

Charlie Fiser

Treasurer, Shared Operations

Debbie Yeager

Building Administrator

Charles Norton

Insurance, Rental Agreement Consultant

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Shannon Stage & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team:

Mary Lou Fenili

Liz Pinckard

Bibiana Hager

Debbie Yeager

Sonya Yeager-Meeks

Jax & Lindsey of *Remedy Permaculture Design*

Outdoor Kiosk Manager:

Mary Hupp

Capitol Heights Presbyterian Church

Session Elders:

Jeanne Jeffas

(Class of 2022 - 2nd Term)

Erik Sabina

(Class of 2022 - 2nd Term)

Charles Norton

(Class of 2023 - 1st Term)

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Rev. Mark Meeks

Spiritual Leader

Louise Westfall

Moderator

Bonnie Jensen

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

Pastoral Life Committee:

Fran Adams

Cary Mead

Lillian Shuff

Mark Meeks

10:30 Catholic Community Council

Kelz Kelzenberg

Chair

480-297-5003

Bill Dixon

Co-chair

303-388-4973

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Jeanne McLaughlin-Powers

Religious Education

303-355-8603

Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Estela Bogaert-Martinez

Member At-large

303-618-6617

Patricia Peterson

Member At-large

303-475-6675

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Rick Proctor

Co-Treasurer

Mike Misgen

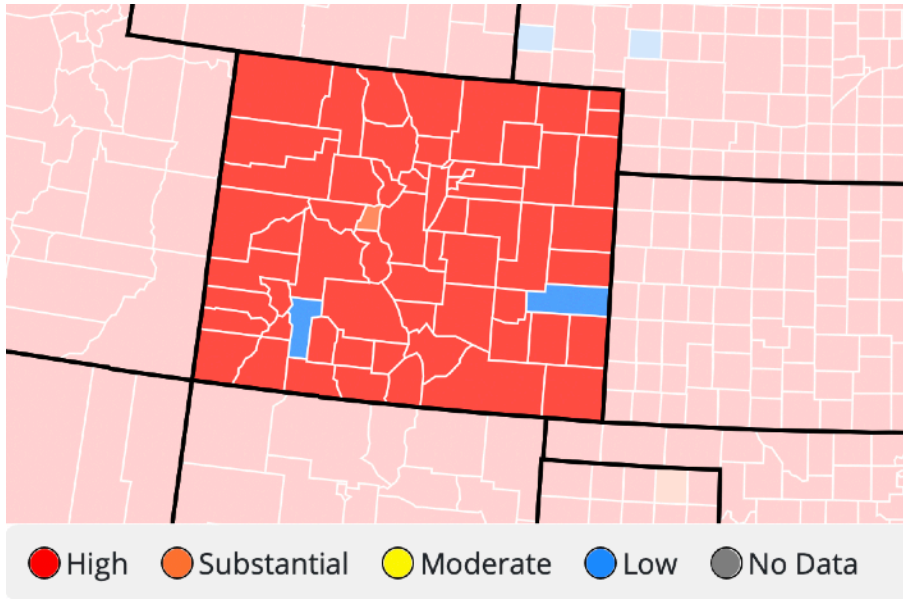
Member at Large



COVID-19 NEWS

CDC Guidance for FULLY VACCINATED Individuals:

- If you are fully vaccinated, to maximize protection and prevent possibly spreading COVID-19 to others, wear a mask indoors in public if you are in an area of **substantial or high transmission**. (DENVER is currently in an area of high transmission and therefore we ask anyone attending a public event at the church to wear a mask. Click on the map below to see current level of community transmission.)



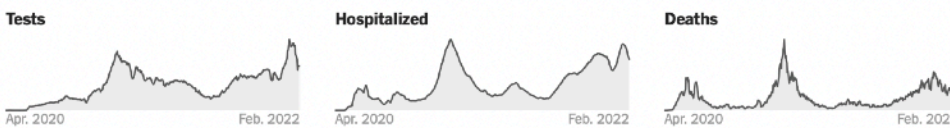
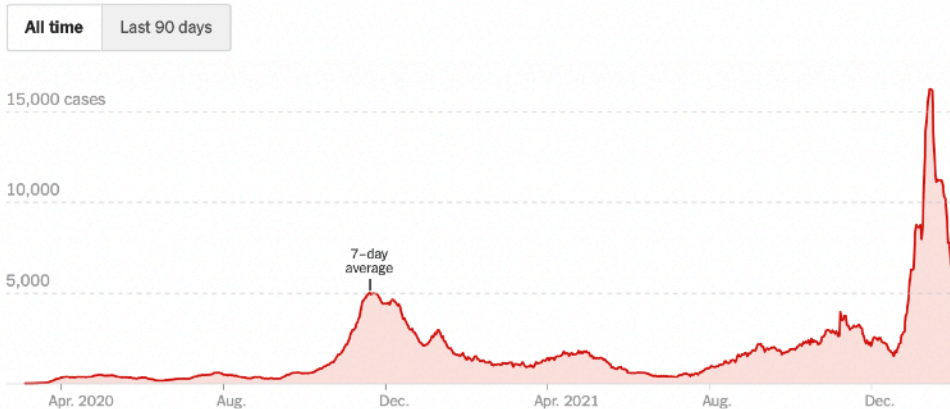
Resources

- Colorado COVID Vaccine Information:** Visit COCovidVaccine.org or call our vaccine hotline at **1-877-CO VAX CO (1-877-268-2926)**. *Colorado COVID Vaccine information is also available [en español](#).*
- Colorado is offering free KN95 medical grade masks** at certain public libraries and other community sites across the state. Masks can be picked up (5 per person) at locations found at this [LINK](#).
- Colorado is distributing free rapid COVID-19 over the counter (OTC) self tests** directly to people's homes. To order your Rapid At-Home test kit (each kit has 4 tests) visit <https://covidathometesting.colorado.gov>. You can also order 4 free at-home tests from <https://www.covidtests.gov>
- There are more than 100 free community testing sites** across Colorado. To find a test near you visit <https://covid19.colorado.gov/testing>. You can also view a [list of testing sites by city](#).

Tracking Coronavirus in Colorado: Latest Map and Case Count

Updated Feb. 5, 2022

New reported cases



| | DAILY AVG. ON FEB. 4 | 14-DAY CHANGE | TOTAL REPORTED |
|--------------|----------------------|---------------|----------------|
| Cases | 5,068 | -55% | 1,276,189 |
| Tests | 36,846 | -32% | — |
| Hospitalized | 1,407 | -22% | — |
| Deaths | 29 | +39% | 11,423 |

► About this data

Vaccinations

| | AT LEAST ONE DOSE | FULLY VACCINATED |
|-----------|-------------------|------------------|
| All ages | 78% | 68% |
| 5 and up | 82% | 73% |
| 65 and up | 95% | 92% |

[See more details >](#)

► About this data

Mask mandates and guidance

As of Feb. 2, 2022

The New York Times is tracking mask policies at the state level, including current federal guidance by county and where leaders are rejecting such guidance or mandates. [Read more here >](#)

- State officials recommend following CDC's county-level guidance.
- School mask policies are up to local discretion.

MISSION: JOY

FINDING HAPPINESS
IN TROUBLED TIMES



Deeply moving and laugh-out-loud funny, *Mission: JOY* is a documentary with unprecedented access to the unlikely friendship of two international icons who transcend religion: His Holiness the Dalai Lama & Archbishop Tutu. In their final joint mission, these self-described mischievous brothers give a master class in how to create joy in a world that was never easy for them. They offer neuroscience-backed wisdom to help each of us live with more joy, despite circumstances.

Inspired by *New York Times* bestseller *The Book of Joy: Lasting Happiness in a Changing World*, the film showcases the exchange between these two Nobel Peace Prize winners that led to that book.

Consisting largely of never before seen footage shot over 5 days at the Dalai Lama's residence in Dharamsala, the film invites viewers to join these luminaries behind the scenes as they recount stories from their lives, each having lived through periods of incredible difficulty and strife.

With genuine affection, mutual respect and a healthy dose of teasing, these unlikely friends impart lessons gleaned from lived experience, ancient traditions, and the latest cutting-edge science regarding how to live with joy in the face of all of life's challenges from the extraordinary to the mundane. *Mission: Joy* is an antidote for the times.

What: *Mission Joy* Film Viewing
When: February 4 - 6, 2022
Where: **Online** - Email chpcnews@gmail.com to access the 72 hour online viewing link available February 4 - 6.