



# OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366

Church Administrator: Debbie Yeager  
Admin Email: [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)

Capitol Heights Presbyterian (CHPC)  
<https://capheightspres.org>  
[chpcnews@gmail.com](mailto:chpcnews@gmail.com)  
Facebook [@capitolheightspreschurch](#)  
Youtube

10:30 Catholic Community  
[www.1030catholic.org](http://www.1030catholic.org)  
Facebook

Dignity Denver  
[www.dignitydenver.org](http://www.dignitydenver.org)  
Facebook  
Dignity: 720-515-GLBT

White Forest Sangha (WFS)  
<http://www.whiteforestsangha.org>  
[mushin@whiteforestsangha.org](mailto:mushin@whiteforestsangha.org)  
Steve: 303-324-0365

Sunday Worship Services  
Presbyterian 9:30 a.m.  
10:30 Catholic 11:00 a.m.  
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation  
7:00 - 8:15 p.m.

WFS Wednesday Meditation  
6:00 - 8:00 p.m.

WFS Saturday Meditation  
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator ([capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com).

To view the Open Letter online visit [capheightspres.org](http://capheightspres.org) or scan the QR code



## The Whole Inhabited Earth in the Season of Creation 2022

*"Remove the sandals from your feet, for the place where you are standing is holy ground."* (Ex. 3:5)  
We are now in the Season of Creation, an ecumenical movement which will last September 1 - October 4. The symbol selected for this year is the burning bush - a holy fire that neither consumes nor destroys. Resources to aid your reflection and action in this season can be found below. The 10:30 Catholic Community has disseminated *A Season of Creation Calendar* with suggested actions and reflections for this time period and it can be viewed on the last page of the Open Letter.

### • Season of Creation Week 5 - Final Reflection from Creation Justice Ministries: *Water, Sacred to Us All*, Rev. Dr. Randy Woodley

*"For several years, we packed up our kids and a few belongings in an old van and traveled from one Indian reservation to another as we served Indigenous people in a variety of ways. On our trips, we learned in new ways the way that water is sacred to America's Indigenous people. Water is sacred to us all."* [Read the full reflection HERE.](#)

~(Rev. Dr. Randy Woodley, PhD is a farmer, activist/scholar, distinguished speaker, teacher, author and wisdom keeper. Dr. Woodley currently serves as Distinguished Professor of Faith and Culture at Portland Seminary. He and his wife are Co-sustainers of Eloheh Indigenous Center for Earth Justice and Eloheh Farm & Seeds in Yamhill, Oregon.)

### ▶ Learn more about the Eloheh Indigenous Center for Earth Justice founded by Rev. Dr.

Randy and Edith Woodley. "Eloheh" (pronounced Ay-luh-hay) is a Cherokee Indian word meaning harmony, wholeness, abundance and peace. [Learn more HERE.](#)

### • NEW DATE: Tuesday, October 11, 4pm MT - Sacred Sanctuaries: Resilience in God's Marine Creation:

Our national marine sanctuaries are an integral part of our care for God's creation. Join Creation Justice Ministries to learn more about our marine sanctuaries and how to preserve them. [REGISTER HERE](#)

### • Sacred Water: Oceans and Ecosystems - Resource from our friends at JustFaith:

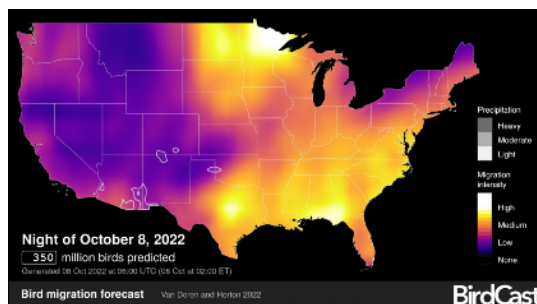
In the context of community, participants explore their relationships with water, in both the Christian Scriptures and their daily lives. [LEARN MORE.](#)

### • Thursday, October 20, 11:30 AM MDT Environmental Justice Is Racial Justice - Faith Communities Respond:

Across our country and our world, communities of color are impacted first and worst by pollution and climate-driven disasters, and among the strongest advocates for change. Learn how your faith community can stand with them with insights from a panel of leaders on the front lines of environmental justice. [LEARN MORE HERE.](#)

### • Fall Migration is underway! Check out BirdCast Migration Dashboard

from eBird to see the varieties and numbers of flyers passing through your State. You can take the next step and keep informed on when "lights out" alerts are in effect in your area to reduce outdoor lighting during peak migration nights. Check out [CSU's AeroEco Lab website](#) to find local alerts for every State in the Country!



### • Three Garden for Wildlife Tips:

(1) Bats are an iconic symbol of the Halloween season, but in reality, these flying mammals are anything but scary. They provide critical insect control and some are even pollinators. Learn more about them and about ways you can help [HERE.](#)

(2) Are you scared of bees and wasps? What about bats? How about spiders? Naturalist David Mizejewski talks about these and other so-called "scary" wild animals that really aren't so scary once you get to know them. He'll explain their natural behaviors, why they're important and how to avoid any problems with them. Check out his video [HERE.](#) (3) Owls are incredible and elusive creatures. They usually need a little coaxing to come around, but once they do it is worth the effort. Once you've made things homey for owls, prepare for a mutually rewarding relationship. "They will sit on that tree and enjoy watching you just as much as you are fascinated by them," promises Rogers. Learn more about how to attract owls to your home and neighborhood [HERE.](#)



## Community News

Capitol Hill United Ministries welcomes volunteers to help with sack lunch preparations for our unhoused neighbors. [Click to sign-up today](#) for lunch preparations this fall.

The next delivery of needed items in support of CHUM's partner organizations will take place on Friday, October 7th. Find out what supplies are needed and how to participate by reading [the most recent newsletter HERE](#).

### Together CO invites you to join them in their 2022 Civic Engagement Season!

Over the next few months, we will be working to get out the vote across the state of Colorado. [Click HERE to learn more and sign up.](#)

## Colorado State Historic Grant Matching Funds

The restoration work on the West Façade is underway with architectural drawing and paperwork being prepared by our grant manager [Shannon Stage](#) of Historic Denver, and our architect [Natalie Lord](#). The team also includes [Jonas Landes & Graham Johnson of Spectrum General Contractors](#); & [Jane & Phil Watkins of Watkins Stained Glass](#). Debbie Yeager is representing the Church and signing on our behalf on all the necessary forms.

The current work is made possible by a grant from the Colorado State Historic Society with matching funds coming from your generous donations - thank you!

The Historic Building Fund will remain **OPEN** and donations can be directed to it at any time to support further restoration work of our beloved building.

## Children's Ministry

For younger children & families: Check out some stories and prayers that we have made available [online HERE](#).

In many ways every child is born a scientist—exploring their world, leading small experiments, asking questions, searching for answers. Audubon for Kids is tapping into that innate curiosity with their Audubon for Kids webpage. The goal of the activities isn't to teach a child how to name and identify a bird, but rather to give them space to explore and connect to the natural world. [Check it out HERE](#).



## Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **October 9, 9:30 AM Service & 11:00 AM Dialogue:** All are welcome to join us for our 9:30 AM service in the sanctuary. Following the service a dialogue will take place at 11:00 AM in Room 104 (main level, across from the nursery). The service & dialogue will take place in person or can be attended online via zoom:
  - ▶ [Click here to Join Zoom Meeting with video](#)
  - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
  - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Friday, October 28, 6:00 PM Annual Mead/Launer House Halloween Party:** All CHPC is invited to this festive party being thrown by Cary, Ray, and Ceaghan. Costumes are highly encouraged! Please come!! For any questions contact Cary by email at [yogacary@gmail.com](mailto:yogacary@gmail.com) or call/text [303-908-8202](tel:303-908-8202).
- **Community donations** are being received online or by mail: To mail a donation send your contribution to **Capitol Heights Presbyterian Church, 1100 Fillmore St., Denver, CO 80206**. To donate online visit [capheightspres.org/donations](http://capheightspres.org/donations).
- **Grocery cards that support CHPC** are available for Safeway and King Soopers grocery stores. As you put money on your card and use it to buy your groceries, a portion of your weekly grocery purchases will support CHPC. Call Charlie Fiser (303-770-6362) if you are interested in participating.

### News from Presbytery & other Partner Organizations

- **Presbyterian Disaster Assistance (PDA)** is currently responding with aid for communities impacted by Hurricane Ian. To learn more and to find ways you can support PDA's efforts [click HERE](#). (You can read the latest Newsletter from [PDA HERE](#).) *"Many waters cannot quench love, neither can floods drown it."* ~Song of Solomon 8:7
- **October 13, 5:00 PM Webinar Faith and Hope on a Hotter Planet:** During this Zoom event, Rev. David Williams will be discussing his book OUR ANGRY EDEN. Williams beckons readers toward a faith and a purpose resilient enough to face the effects of the unfolding climate crisis. From altering our diets to welcoming refugees to reclaiming humble lifestyles, he offers eight specific moral frameworks that rise from the fierce demands of Jesus, which will help incarnate hope in the middle of catastrophic new realities. For a gospel people, the practices of wisdom and thrift, patience and generosity, welcome and mercy, grace and justice have always been essential and will be key to human thriving in the difficult age to come. [Click HERE to register](#).
- **Denver Presbytery's** October 7 Friday E-News [can be read HERE](#).
- **You can check out the Colorado Council of Churches October Newsletter HERE.** Included is a message from the new Social Justice Fellow, Wesley Moncrief, the 2022 CCC Voter Guide and Resources, and ecumenical updates from the covenanting denominations.



## 10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **October 9, 11:00 AM:** Mass will return to being held in the Sanctuary at 1100 Fillmore Street every Sunday at 11:00 AM.
- **Community Contributions:** The Community made third quarter contribution of \$500 to each to the Colorado Afghan Legal Project and MetroCaring. If you would like to recommend that the Community make a donation to a particular organization, please send your recommendation to Bill Dixon, Jim Butz, or Gene Lang.
- **Community donations** are still being received and can be mailed to the following address: c/o Gene Lang, 10:30 Catholic Community; 1100 Fillmore Street; Denver, CO 80206.
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

## Dignity Denver

Dignity Denver envisions and works for a time when gay, lesbian, bisexual, and transgender Catholics are affirmed and experience dignity through the integration of their spirituality with their sexuality and as beloved persons of God.

- **Dignity Denver will hold a Mass at 5:00 PM** in the Sanctuary every 1st, 3rd, and 5th Sunday in the month.

## Community Events

### Sunday

#### CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Room 104 / [Zoom](#))

12:30 PM Tri-Community meeting followed by monthly Session meeting (Room 104 / [Zoom](#))

#### 10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

12:30 PM Tri-Community Meeting (Room 104 / [Zoom](#))

#### Dignity Denver Sunday Schedule

12:30 PM Tri-Community Meeting (Room 104 / [Zoom](#))

5:00 pm Dignity Denver Mass every 1st, 3rd, & 5th Sunday

### Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

### Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

### Wednesday

5:30 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

7:00 pm Ye Wanton Singers (Sanctuary)

### Thursday

6:00 pm Women's AA (Room 104)

### Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / [mushin@whiteforestsangha.org](mailto:mushin@whiteforestsangha.org))

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

## ONGOING EVENTS:

### Every Fourth Thursday of the Month

7:00 PM Journey with Migrants Mission Partnership meeting (held on zoom)

## Leaders of the Capitol Heights Faith Communities

### Ecumenical Leadership at 1100 Fillmore

#### Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board

Charlie Fiser  
Debbie Yeager  
Charles Norton

Treasurer, Shared Operations  
Building Administrator  
Insurance, Rental Agreement Consultant

#### Historic Building Team

Debbie Yeager  
Sonya Yeager-Meeks  
Dan Jacobs  
Shannon Stage & Historic Denver

#### Ecumenical Worship Committee

Bibiana Hager  
Jeanne Jeffas  
Mary Sullivan  
Sylvia Sullivan

CHPC  
CHPC  
10:30 CC  
10:30 CC

#### Garden Team:

Mary Lou Fenili  
Liz Pinckard  
Debbie Yeager  
Sonya Yeager-Meeks  
Linden Snow of *Remedy Permaculture Design*

#### Outdoor Kiosk Manager:

Mary Hupp



### Capitol Heights Presbyterian Church

#### Session Elders:

Jeanne Jeffas  
Erik Sabina  
Charles Norton  
Sonya Yeager-Meeks  
Mary Hupp  
Rodney Shuff

(Class of 2022 - 2nd Term)  
(Class of 2022 - 2nd Term)  
(Class of 2023 - 1st Term)  
(Class of 2023 - 1st Term)  
(Class of 2024 - 1st Term)  
(Class of 2024 - 2nd Term)

Rev. Mark Meeks  
Rev. Bill Sanders  
Bonnie Jensen  
Charlie Fiser  
Jean Demmler

Spiritual Leader  
Moderator  
Clerk of Session  
Treasurer  
Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks  
Debra Yeager  
Debra Yeager

Co-Director of Music  
Co-Director of Music  
Children's Ministry

#### Pastoral Life Committee:

Fran Adams  
Cary Mead  
Lillian Shuff  
Mark Meeks

### 10:30 Catholic Community Council

Bill Dixon  
Jim Butz  
Gene Lang  
Kristen Insana  
Meg Johnson  
(Currently Open)

Chair 303-910-2842  
Co-Chair 303-913-3290  
Treasurer 303-399-5692  
Secretary 440-223-0101  
Liturgy Liaison 303-399-5692  
Religious Education Liaison Contact Bill or Jim

Mary Sullivan  
Melanie McPhee  
Patricia Peterson

Social Action Liaison 703-371-9105  
Member-At-Large 720-421-3722  
Member At-large 303-475-6675

### Dignity Denver Board

Brad Cameron  
Brad Cameron  
Mike Misgen

President  
Co-Treasurer  
Member at Large