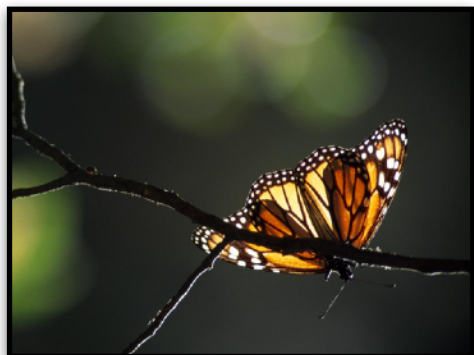




OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](https://www.facebook.com/capitolheightspreschurch)
Youtube

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<http://www.whiteforestsangha.org>
mushin@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

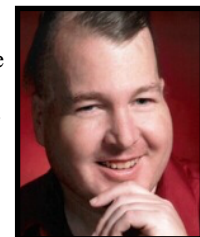
To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Remembering Eddie Sullivan

• **Thursday, November 3, 11:00 AM:** A Funeral Mass to celebrate the life of Eddie Sullivan will be held in the Sanctuary at 1100 Fillmore St. on Thursday, November 3 at 11:00 AM. Folks from all three communities are invited to attend this service of remembrance. Edward William Sullivan died at St. Paul Health Center on October 13 after a short illness. Ed, or Eddie as he was known was 52 years old. Both Eddie and his mother, Mary Sullivan, have been longtime active members of the 10:30 Catholic Community. **An obituary is available to read at the Monarch Society website** & includes a place to sign a guestbook, send cards, & plant a tree.



10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **Community Contributions:** The Community made third quarter contribution of \$500 to each to the Colorado Afghan Legal Project and MetroCaring. If you would like to recommend that the Community make a donation to a particular organization, please send your recommendation to Bill Dixon, Jim Butz, or Gene Lang.
- **Community donations** are still being received and can be mailed to the following address: c/o Gene Lang, 10:30 Catholic Community; 1100 Fillmore Street; Denver, CO 80206.
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **October 23, 9:30 AM Service & 11:00 AM Dialogue:** All are welcome to join us for our 9:30 AM service in the Sanctuary. Following the service a dialogue will take place at 11:00 AM in Lounge (in the basement across from the Social Hall). During our dialogue hour we will spend time looking at this article from the Christian Century, *The Quiet Rise of Christian Dominionism*. Please join us if you can either in person or online via zoom:
 - ▶ **Click here to Join Zoom Meeting with video**
 - ▶ **One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#**
 - ▶ **Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4**
- **The Matthew 25 group of the Presbytery** has compiled a resource to educate Matthew 25 congregations about the opportunity to address our vision of eradicating systemic poverty through a November 2022 ballot measure, Proposition 123. If adopted by voters, Proposition 123 would expand affordable housing by designating .01 percent of tax revenue annually collected to be used toward addressing the crisis of insufficient affordable housing in Colorado. The measure does not raise taxes, but rather allows Coloradans to address this problem in a sustainable way by budgeting funds specifically towards affordable housing solutions. A more detailed description of Proposition 123 is [available HERE](#) and includes links to the full text of the Proposition and to the League of Women Voters' discussion of the ramifications of the measure, if adopted.
- **Friday, October 28, 6:00 PM Annual Mead/Launer House Halloween Party:** All CHPC is invited to this festive party being thrown by Cary, Ray, and Ceaghan. Costumes are highly encouraged! Please come!! For any questions contact Cary by email at yogacary@gmail.com or call/text **303-908-8202**.
- **Please join us Sunday, October 30 at 12:30 PM** in the Sanctuary to celebrate our common life at 1100 Fillmore. We will be hearing from many of our partners & collaborators that share use of our building as they pursue ongoing work for our common good. We will learn more about each other and have more reason to celebrate good work! All are welcome!
- **Community donations** are being received online or by mail: To mail a donation send your



Community News

Capitol Hill United Ministries welcomes volunteers to help with sack lunch preparations for our unhoused neighbors. [Click to sign-up today](#) for lunch preparations this fall.

Together CO invites you to join them in their 2022 Civic Engagement Season! Over the next few months, we will be working to get out the vote across the state of Colorado. [Click HERE to learn more and sign up.](#)

Colorado State Historic Grant Matching Funds

The restoration work on the West Façade is underway with architectural drawing and paperwork being prepared by our grant manager [Shannon Stage](#) of Historic Denver, and our architect [Natalie Lord](#). The team also includes [Jonas Landes & Graham Johnson of Spectrum General Contractors](#); & [Jane & Phil Watkins of Watkins Stained Glass](#). Debbie Yeager is representing the Church community. We anticipate the pre-construction meeting to take place by the first week of November. This meeting will include representatives from Spectrum General Contractors, Danielle Lewon, Historic Specialist with the State Historical Fund, Shannon Stage of Historic Denver, (aka Debbie and Sonya of CHPC).

The current work is made possible by a grant from the Colorado State Historic Society with matching funds coming from your generous donations - thank you!

The Historic Building Fund will remain **OPEN** and donations can be directed to it at any time to support further restoration work of our beloved building.

Children's Ministry

Sunday October 23 & 30 12:30 - 2PM MT
Celebrate Owl-o-ween and learn "owl" about drawing these magnificent, mysterious, and majestic raptors of the night in this 2-part live online class with award-winning artist, scientist, and master educator John Muir Laws (aka Jack), author of [The Laws Guide to Drawing Birds](#). All ages and experience levels are welcome. This is a free online event for the community though donations are encouraged to support the [Tanzania Orphanage Project](#). Registration is required and all participants who register will be emailed a recording of the class (perfect for those who can't make it live!) [Learn more and Register HERE.](#)

contribution to **Capitol Heights Presbyterian Church, 1100 Fillmore St., Denver, CO 80206**. To donate online visit capheightspres.org/donations.

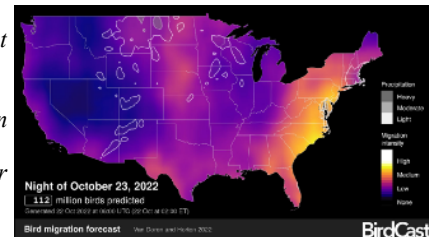
- **Grocery cards that support CHPC** are available for Safeway and King Soopers grocery stores. As you put money on your card and use it to buy your groceries, a portion of your weekly grocery purchases will support CHPC. Call Charlie Fiser (303-770-6362) if you are interested in participating.

News from Presbytery & other Partner Organizations

- **October 25 Webinar with Presbyterians for Earth Care (PEC) Climate on the Ballot:** This webinar will look at key concerns about climate change and voting for the best leaders to counter climate change. Join diverse leaders for an inspiring conversation in this program, hosted by PEC in partnership with Blessed Tomorrow. [Click HERE for info & registration.](#) You can stay up to date with the activities of PEC by reading their latest newsletter [HERE](#).
- **Tuesday, November 15 Eating for a Healthy Planet 5:00 PM MT A Presbyterians for Earth Care Webinar:** This presentation will explain how food is contributing to the climate emergency, and offer science-based guidelines for making everyday dietary choices to reduce our climate "foodprint". [Click HERE for details.](#)
- **Presbyterian Disaster Assistance (PDA)** is currently responding with aid for communities impacted by Hurricane Ian. To learn more and to find ways you can support PDA's efforts [click HERE](#). (You can read the latest Newsletter from [PDA HERE](#).) *"Many waters cannot quench love, neither can floods drown it."* ~Song of Solomon 8:7
- **Denver Presbytery's** October 21st Friday E-News [can be read HERE](#).
- **Election Season has arrived** and with it many resources are being distributed regarding various items on the ballot. If you are interested, following are some voter guides put together by some of our partner organizations: [Colorado Council of Churches Voting Information](#); [Together CO Ballot priorities & resources](#); [Matthew 25 voting resource on Proposition 123](#).

Community News

- **Please join us Sunday, October 30 at 12:30 PM** in the Sanctuary to celebrate our common life at 1100 Fillmore. We will be hearing from many of our partners & collaborators that share use of our building as they pursue ongoing work for our common good. We will learn more about each other and have more reason to celebrate good work! All are welcome!
- **November 5-6 Facing the Church's Complicity in Racism:** Celeste is bringing this Lectureship at Montview Presbyterian Church to our attention. It is a free event open to the public and the guest speaker is Dr. Jemar Tisby. Dr. Tisby is the author of the New York Times bestselling book *The Color of Compromise: The Truth about the Church's Complicity in Racism, How to Fight Racism, and How to Fight Racism: Young Reader's Edition*. On Saturday, November 5 from 9AM - 12PM there will be two workshops led by Dr. Tisby in the Sanctuary of Montview Presbyterian Church; (Session 1 - "The Color of Compromise"; Session 2 - "How to Fight Racism"). On Sunday, November 6 Dr. Tisby will preach at the 8:30 AM and 11:00 AM Montview services and will participate in the Adult Faith Forum at 9:30 AM. Updates & more information can be found at www.montview.org/tisby.
- **A Message from Richard O'Brian with CO Lights Out:** *"As this fall bird migration season winds down, it seems important to review our progress and our future plans. We've made great progress with public awareness: nocturnal bird migration is now an issue to millions of Coloradans. Many people are now aware that our artificial light hurts migrating birds, and that 80% of birds who migrate, migrate at night. Thanks to researchers, we have a huge amount of data about nocturnal bird migration in Colorado. At Colorado State University Aeroecolab.com, we have migration forecasts for Colorado. BirdCast's [Migration Dashboard](#) provides excellent live radar data about migrating birds. [Let's] continue our efforts by telling people about the issue, and what can be done to help. Now is the time to plan projects to upgrade to shielded outdoor fixtures. Correctly targeting and shielding outdoor lights can allow birds to navigate using the natural night sky, while still providing needed lighting to people on the ground."* To learn more visit [Lights Out Colorado](#). The Birdcast Migration Dashboard will continue forecasting bird migration across the country until November 15th.



Dignity Denver

Dignity Denver envisions and works for a time when gay, lesbian, bisexual, and transgender Catholics are affirmed and experience dignity through the integration of their spirituality with their sexuality and as beloved persons of God.

- **Dignity Denver will hold a Mass at 5:00 PM** in the Sanctuary every 1st, 3rd, and 5th Sunday in the month.

Community Events

Sunday

CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Lounge (basement) / [Zoom](#))

10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass *every 1st, 3rd, & 5th Sunday*

Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "*Beginner's Mind Zazen*," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:30 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

7:00 pm Ye Wanton Singers (Sanctuary)

Thursday

6:00 pm Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / mushin@whiteforestsangha.org)

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

ONGOING EVENTS:

Every Fourth Thursday of the Month

7:00 PM Journey with Migrants Mission Partnership meeting (held on zoom)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board

Charlie Fiser
Debbie Yeager
Charles Norton

Treasurer, Shared Operations
Building Administrator
Insurance, Rental Agreement Consultant

Historic Building Team

Debbie Yeager
Sonya Yeager-Meeks
Dan Jacobs
Shannon Stage & Historic Denver

Ecumenical Worship Committee

Bibiana Hager
Jeanne Jeffas
Mary Sullivan
Sylvia Sullivan

CHPC
CHPC
10:30 CC
10:30 CC

Garden Team:

Mary Lou Fenili
Liz Pinckard
Debbie Yeager
Sonya Yeager-Meeks
Linden Snow of *Remedy Permaculture Design*

Outdoor Kiosk Manager:

Mary Hupp



Capitol Heights Presbyterian Church

Session Elders:

Jeanne Jeffas
Erik Sabina
Sonya Yeager-Meeks
Mary Hupp
Rodney Shuff

(Class of 2022 - 2nd Term)
(Class of 2022 - 2nd Term)
(Class of 2023 - 1st Term)
(Class of 2024 - 1st Term)
(Class of 2024 - 2nd Term)

Rev. Mark Meeks
Rev. Bill Sanders
Bonnie Jensen
Charlie Fiser
Jean Demmler

Spiritual Leader
Moderator
Clerk of Session
Treasurer
Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks
Debra Yeager
Debra Yeager

Co-Director of Music
Co-Director of Music
Children's Ministry

Pastoral Life Committee:

Fran Adams
Cary Mead
Lillian Shuff
Mark Meeks

10:30 Catholic Community Council

Bill Dixon
Jim Butz
Gene Lang
Kristen Insana
Meg Johnson
(Currently Open)

Chair 303-910-2842
Co-Chair 303-913-3290
Treasurer 303-399-5692
Secretary 440-223-0101
Liturgy Liaison 303-399-5692
Religious Education Contact Bill or Jim
Liaison
Social Action Liaison 703-371-9105
Member-At-Large 720-421-3722
Member At-large 303-475-6675

Mary Sullivan
Melanie McPhee
Patricia Peterson

Social Action Liaison 703-371-9105
Member-At-Large 720-421-3722
Member At-large 303-475-6675

Dignity Denver Board

Brad Cameron
Brad Cameron
Mike Misgen

President
Co-Treasurer
Member at Large