



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](#)
Youtube

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

♦ **January 15, 9:30 AM:** All are welcome to join us in the Sanctuary for our 9:30 AM service. Our service on Sunday will hold portions of Dr. King's witness and prayer. In our Dialogue at 11 in the basement lounge we will discuss his *Letter from a Birmingham Jail* with special effort to give it a theological reading, to learn from Dr. King as a theologian. Both the service and dialogue can also be attended online using the zoom link below.

♦ **Zoom Link for CHPC Sunday Events**

▶ [Click here to Join Zoom Meeting with video](#)

▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#

▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4

♦ **Racial Ethnic Diversity & Matthew 25 Invites you to join them:** Denver Presbytery invites you to engage in racial justice on this Martin Luther King, Jr. Day on Monday, January 16th. To make the day accessible to many participants there are a variety of ways to engage:

Walk with fellow Presbyterians in the Denver Martin Luther King Parade (march+parade), commemorating the life and legacy of Dr. King and the movement for civil rights. Meet at 10:15 at Thatcher Fountain near the MLK memorial, in the southwest corner of City Park. [Learn More](#)→

Join in a lunch and racial justice engagement event (Racial Wealth Gap Simulation) at Central Presbyterian Church at 12:30. This is a great opportunity for churches to engage their Matthew 25 values or explore and learn more about systemic racism.

Read some of Dr. King's most challenging and poignant correspondence--especially for us Christians--connecting our lives in 2023 to the struggle of 1963. Read the brief "[Letters From Birmingham Jail](#)".

Watch Netflix's film "13th" to learn more about the apparatus of mass incarceration and systemic racism. Mass incarceration is a prominent feature of our nation's historic racial inequality, continuing this day as it suppresses African-American and people of color's lives and communities.

♦ **January 29, 9:30 AM:** All are welcome to join us in worship on the last Sunday in January as we celebrate **Capitol Heights' 127th Anniversary!** Following the service we look forward to participating in a "Social Service Sunday" in collaboration with the 10:30 Catholic Community. We will meet in the basement Social Hall for a "Rice and Bean Bag Breakdown" close to 11:00 AM. We hope to see you there!

♦ **Community donations** are being received online, by mail, or in person. To mail a donation send your contribution to **Capitol Heights Presbyterian Church, 1100 Fillmore St., Denver, CO 80206**. To donate online visit capheightspres.org/donations.

♦ **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

♦ **Community Contributions:** Contributions have been made by the Community to the following: (a) \$200 to El Porviner (for its work in Nicaragua on water and sanitation projects) and \$200 to Miguel Pro Mission (a ministry led by Father Peter Urban that provides a variety of social services in Juarez).

♦ **Sunday, January 29:** There will not be a Mass on the 29th of January, but instead,



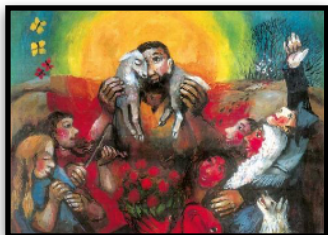
MLK Day Reflection

Excerpt from *Letters from Birmingham Jail*, Dr. King

(Click [HERE](#) to read the full letter)

"YOU spoke of our activity in Birmingham as extreme. At first I was rather disappointed that fellow clergymen would see my nonviolent efforts as those of an extremist. . . .

...But as I continued to think about the matter, I gradually gained a bit of satisfaction from being considered an extremist. Was not Jesus an extremist in love? -- "Love your enemies, bless them that curse you, pray for them that despitefully use you." Was not Amos an extremist for justice? -- "Let justice roll down like waters and righteousness like a mighty stream." Was not Paul an extremist for the gospel of Jesus Christ? -- "I bear in my body the marks of the Lord Jesus." Was not Martin Luther an extremist? -- "Here I stand; I can do no other so help me God." Was not John Bunyan an extremist? -- "I will stay in jail to the end of my days before I make a mockery of my conscience." Was not Abraham Lincoln an extremist? -- "This nation cannot survive half slave and half free." Was not Thomas Jefferson an extremist? -- "We hold these truths to be self-evident, that all men are created equal." So the question is not whether we will be extremist, but what kind of extremists we will be. Will we be extremists for hate, or will we be extremists for love? Will we be extremists for the preservation of injustice, or will we be extremists for the cause of justice?"

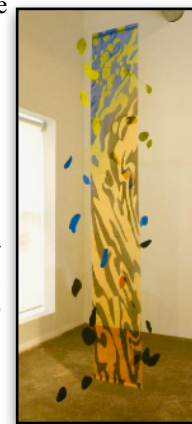


the 10:30 Catholic Community is invited to join Capitol Heights to celebrate their 127th Anniversary in a Service at 9:30 AM. After the service all are invited to participate in our first Social Service Sunday when we will have the "Rice and Bean Bag Breakdown."

- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.
- **For the January 10:30 Catholic Community Calendar** click [HERE](#).

Community News

- **Save The Date! January 29, 9:30 - 12:00 PM**
CHPC's 127th Anniversary Celebration & Ecumenical Social Service Sunday
All friends of the 1100 Fillmore Faith Communities are invited to join Capitol Heights in worship at 9:30 AM on the last Sunday in January to celebrate **Capitol Heights' 127th Anniversary!** For this annual celebration we have made it a practice to honor the service and ministry of individuals among us with our *Walt and Janet Clark Honor in Ministry Award*. This year we are delighted to honor 10:30 Catholic Community's own steadfast and faithful Mary Gould. (Sorry Mary, there's no way out of this - it was a unanimous Session vote to nominate you!) Following the service we look forward to participating in an Ecumenical *Social Service Sunday* hosted by the 10:30 Catholic Community. We will meet in the basement Social Hall for a "Rice and Bean Bag Breakdown" close to 11:00 AM. We hope to see you there!
- **Hoping to recycle your Christmas tree this year?** Remember, you'll need to drop it off yourself at Denver's Treecycle drop sites. *Trees left out for large item pick up will not be composted!* To learn more and find where you can take your tree for composting you can check out [this article by Tony Gorman in The Denverite](#). The Treecycle program runs now through January 31.
- **Monday, January 16 10:00 AM Casa de Paz New Year in person Volunteer Training:** To kick-off the new year, we wanted to invite you to an in-person volunteer training for potential, new, and current volunteers! We would love to meet you in person and answer any questions you may have about Casa de Paz, its mission, internship opportunities and volunteering with us! The training will be about an hour and a half! **Please RSVP** for either Sunday, January 8th at 1:00pm or Monday, January 16th at 10:00am. Coffee and bagels will be provided. We can't wait to meet you!
- **Monday, January 16, 12:15PM: Journey With Migrants Mission Partnership** is hosting a second informational session at Montview Boulevard Presbyterian Church (1980 Dahlia St.) about the Delegation Trip to the US-Mexico Border. The session will include testimony of congregants from our presbytery who visited this border ministry in 2019 and will present more detail about the work of Frontera de Cristo and what you will experience. Please contact [Robert Trout](#) for further information. We invite anyone from other congregations/faith communities to these hour-long presentations with the hope you may want to join the Journey With Migrants delegation in March! Please come and learn about it! **Learn More and Register.**
- **Our friend Barb Baer's latest Sculpture *Clear Water*** is showing now through January 29th! The 8' tall, cloth-and-music-wire piece is at Spark Gallery, 900 Santa Fe Drive, Denver. We hope you can check it out!
- **February 11, 11:00 AM Memorial Service for Martha Fiser:** Dear Friends, A memorial service for Charlie's sister Martha Fiser will take place at Montview Presbyterian Church (1980 Dahlia St. Denver 80220) on February 11 at 11:00 AM. The service will also be available to watch online and we will share the livestream link with you once we receive it. Thank you for the condolences that have been expressed as we continue to hold the Fiser and Diamond family in our prayers.
- **Thursday, February 16, 5:00-6:30 PM (MST) Refugia Faith: An Evening with Debra Rienstra:** Creation Justice Ministries and the BTS Center invite you to an online evening conversation with Debra Rienstra, as she discusses her book *Refugia Faith* — how it came to be, and how it can be used in communities of faith and beyond. **Register HERE.** (\$10 event registration • \$30 event registration including a copy of *Refugia Faith*.)



Community Events

Sunday

CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Lounge / [Zoom](#))

12:30 pm Faith Community Meeting & Session (Lounge / [Zoom](#))

10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

12:30 pm Faith Community Meeting (Lounge / [Zoom](#))

Dignity Denver Sunday Schedule

12:30 pm Faith Community Meeting (Lounge / [Zoom](#))

5:00 pm Dignity Denver Mass *Every Sunday through Advent*

Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "*Beginner's Mind Zazen*," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

7:00 pm Ye Wanton Singers (Sanctuary)

Thursday

6:00 pm Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / info@whiteforestsangha.org)

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board

Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Andrea Malcomb & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC);

Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

(Currently Open)

Adult Religious Education

Contact Estela, Bill

Co-Liaison

or Jim

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Patricia Peterson

Member At-large

303-475-6675

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large