



# OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366

Church Administrator: Debbie Yeager  
Admin Email: [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)

Capitol Heights Presbyterian (CHPC)  
<https://capheightspres.org>  
[chpcnews@gmail.com](mailto:chpcnews@gmail.com)  
Facebook [@capitolheightspreschurch](#)  
Youtube

10:30 Catholic Community  
[www.1030catholic.org](http://www.1030catholic.org)  
Facebook

Dignity Denver  
[www.dignitydenver.org](http://www.dignitydenver.org)  
Facebook  
Dignity: 720-515-GLBT

White Forest Sangha (WFS)  
<http://www.whiteforestsangha.org>  
[mushin@whiteforestsangha.org](mailto:mushin@whiteforestsangha.org)  
Steve: 303-324-0365

Sunday Worship Services  
Presbyterian 9:30 a.m.  
10:30 Catholic 11:00 a.m.  
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation  
7:00 - 8:15 p.m.

WFS Wednesday Meditation  
6:00 - 8:00 p.m.

WFS Saturday Meditation  
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator ([capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com).

To view the Open Letter online visit [capheightspres.org](http://capheightspres.org) or scan the QR code



## Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Service and Dialogue July 3:** All are welcome to join us for our 9:30 AM service. Following worship we will have a dialogue at 11:00 AM. Both events will take place in person in the sanctuary or can be attended using the zoom link below.
  - ▶ [Click here to Join Zoom Meeting with video](#)
  - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
  - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Community donations** are being received online or by mail: To mail a donation send your contribution to **Capitol Heights Presbyterian Church, 1100 Fillmore St., Denver, CO 80206**. To donate online visit [capheightspres.org/donations](http://capheightspres.org/donations).
- **Grocery cards that support CHPC** are available for Safeway and King Soopers grocery stores. As you put money on your card and use it to buy your groceries, a portion of your weekly grocery purchases will support CHPC. Call Charlie Fiser (303-770-6362) if you are interested in participating.

### News from Presbytery & other Partner Organizations

- **Denver Presbytery's** July 1st Friday E-News [can be read HERE](#).
- **The most current edition of the Presbyterian Justice and Peace Newsletter** can be read [HERE](#).
- **Action Opportunity with the PC(USA) Office of Public Witness:** Investment in education is one of the best ways to help people and communities thrive. And, equal access to education is critical to the development of nations. Over the past forty years, the international community has worked to increase access to basic education and has seen some progress due to these efforts. But education disparities based on gender continue to be one of the most significant challenges in education globally, especially in low-income countries. To help address the problem, a bipartisan group of Senators and Representatives introduced the "Keeping Girls in School Act" ([H.R.4134](#) and [S.2276](#)) in Congress. To learn more or add your name in support of the bill [click HERE](#).
- **The Interfaith Immigration Coalition's June 29** edition of *The Latest* is available to read [HERE](#).

## 10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **Every Sunday starting July 3**, and for the remainder of the summer, the 10:30 Community liturgy will be in Little Cheesman Park at the corner of High St. and 7th Ave. for Mass at 11:00 am. Be sure to bring your own chair.
- **Community donations** are still being received and can be mailed to the following address: c/o Gene Lang, 10:30 Catholic Community; 1100 Fillmore Street; Denver, CO 80206.
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

## Dignity Denver

Dignity Denver envisions and works for a time when gay, lesbian, bisexual, and transgender Catholics are affirmed and experience dignity through the integration of their spirituality with their sexuality and as beloved persons of God.

- **Dignity Denver will hold a Mass at 5:00 PM** in the Sanctuary every 1st, 3rd, and 5th Sunday in the month.

## Community News

- **News from Capitol Hill United Ministries-Women's Homelessness Initiative:**



## 1972 - 2022 Celebrating 50 Years of Diversity at 1100 Fillmore

This October will mark the **50th Anniversary** of when the 10:30 Catholic Community joined Capitol Heights Presbyterian Church in sharing worship space in our beloved church building. From welcoming immigrants, making lunches for the homeless, providing shelter and hospitality to neighbors, to surrounding our **Nation's Capital city with a ribbon of peace**, these past 50 years have been rich, varied, and blessed and we have truly come to see that diversity is not a threat, but a celebration!

Mark your calendars for **October 2, 2022** at 11:00 AM when we will have a joint Ecumenical Worship Service celebrating our 50 years of Unity in Diversity!

### Colorado State Historic Grant Matching Funds

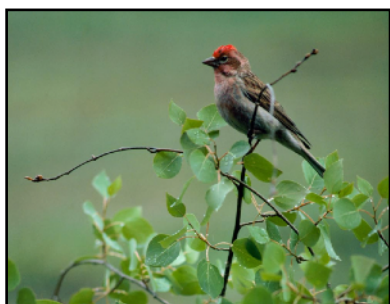
The restoration work on the West Façade is underway with architectural drawing and paperwork being prepared by our grant manager **Shannon Stage** of Historic Denver, and our architect **Natalie Lord**. The team also includes **Jonas Landes & Graham Johnson of Spectrum General Contractors**; & **Jane & Phil Watkins of Watkins Stained Glass**. Debbie Yeager is representing the Church and signing on our behalf on all the necessary forms.

The current work is made possible by a grant from the Colorado State Historic Society with matching funds coming from your generous donations - thank you!

**The Historic Building Fund will remain OPEN and donations can be directed** to it at any time to support further restoration work of our beloved building.

### Children's Ministry

**For younger children & families:** Check out some stories and prayers that we have made available **online HERE**.



Looking for an easy way for you to make a difference in the lives of unhoused women and men in our community? The Women's Homelessness Initiative (WHI) and Capitol Hill United Ministries (CHUM) periodically reach out to several community agencies that support the unsheltered and ask for a list of what they need most. **Here is a LINK to the current list**, which will be delivered to these agencies\* on Friday, July 8. Can you help? Thank you for your ongoing generosity and support!

- ▶ *Additional Help on Delivery Day: I will need assistance to sort and prep items for the next delivery, then load them into the delivery vehicles. If you can help on Friday morning (July 8, any time you can spare between 9:00am-12:15pm), please call me at (303) 832-4188 or email me at [flahive@flahive.us](mailto:flahive@flahive.us).*

### • **News and Opportunities with Together Colorado:**

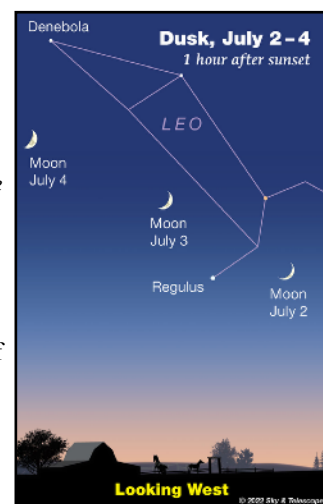
- ▶ **During the 2022 Colorado Legislative Session**, Together Colorado lobbied our state elected officials to advance our human dignity legislative agenda. You can read Together Colorado's 2022 Legislative Summary **HERE**.
- ▶ **Building Power and Democracy: Online (Sunday, July 17, 2 PM - 7 PM); In-Person (Saturday, July 23, 9 AM - 2 PM)**. Here at Together Colorado, we have a unique moral and faith voice to offer our elected representatives. But do we have strong enough relationships with those elected officials to influence their actions? Do we have enough power to build a Colorado where everyone-Black, white, and brown, regardless of age or income, can thrive? Not yet! But this summer, Together Colorado is embarking on a campaign to build relationships of accountability and co-governance with our state legislators and other elected officials. Individuals and congregations will work in teams based on geographic districts to build non-partisan relationships with their prospective legislators to educate them on our human dignity agenda. We are offering two options- one online and one in person. Read more about both options **HERE**.

### The Whole Inhabited Earth

• **Learn about Fireflies, "Nature's Natural Fireworks":** "All over the world, fireflies rank among our most beloved insects. Who are these marvelous creatures? How do they make their light? ... How can we help protect them?" National Wildlife Federation offers this **wonderful article on fireflies**. Follow the **LINK** to find out more about these amazing insects.

• **Also from the National Wildlife Federation** comes this article "*Coping with Extremes: As the climate shifts, more gardeners will struggle with too little or too much rainfall.*" You can read the article at this **LINK** to learn about steps you can take to combat these challenges and the best plants to survive such conditions.

• **Eyes to the Skies!** In twilight on Saturday and Sunday evening, look west for the waxing crescent Moon. Left of the Moon is Regulus, and above the Moon is slightly fainter Algieba, Gamma Leonis. Like last month, they form an isosceles (two-sides-equal) triangle. Binoculars help reveal the color difference between the two stars. Click on the picture on the right to learn about more astronomical events to watch for this week.



• **News from Creation Justice Ministries "Looking Back at Ocean Month":** "*We've had an exciting June 2022, also known as Ocean Month. Just in case you missed some of the excitement, here's a rundown of what happened this month in Ocean conservation.*"

1. Creation Justice Ministries started the month off strong with our ocean resources, including our **printable** and **virtual** 30x30 bulletin insert and our '**Save Our Sacred Seas**' resource.
2. Capitol Hill Ocean Week (CHOW) 2022 left us with lots to think about and act on. Check out the post-CHOW 2022 blog **here**.
3. On June 8th, World Ocean Day, the Biden-Harris Administration made an incredible announcement including action on conserving America's deepest Atlantic Canyon, cutting plastic pollution and creating the Nation's first Ocean Climate Action Plan. Read the fact sheet **here**.
4. Creation Justice Ministries' partner, Blue Theology, held their week long summer camp. Read more about it **HERE!**"

## Community Events

### Sunday

#### CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Sanctuary / [Zoom](#))

#### 10:30 CC Sunday Schedule

11:00 am Mass will be held in Little Cheesman Park

#### Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass *check website for Sunday Mass schedule*

#### Sunday AA

9:00 am Basement Social Hall or South Garden  
Benches as weather allows.

### Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "Beginner's Mind Zazen," meditation with White Forest Sangha

### Wednesday

5:30 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

7:00 - 8:30 pm Comedy Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery) [More information HERE](#)

### Thursday

6:00 pm Women's AA (Room 104)

### Saturday

#### White Forest Sangha Morning Meditation

(Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

*For more information contact Steve Mushin Crisman (303-324-0365 / [mushin@whiteforestsangha.org](mailto:mushin@whiteforestsangha.org))*

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

### ONGOING EVENTS:

#### Every Fourth Thursday of the Month

7:00 PM Journey with Migrants Mission Partnership meeting (held on zoom)

## Leaders of the Capitol Heights Faith Communities

### Ecumenical Leadership at 1100 Fillmore

#### Shared Operations Leadership:

*CHPC Session • 10:30 Catholic Council • Dignity Denver Board*

Charlie Fiser  
Debbie Yeager  
Charles Norton

Treasurer, Shared Operations  
Building Administrator  
Insurance, Rental Agreement Consultant

#### Historic Building Team

Debbie Yeager  
Sonya Yeager-Meeks  
Dan Jacobs  
Shannon Stage & Historic Denver

#### Ecumenical Worship Committee

Bibiana Hager CHPC  
Jeanne Jeffas CHPC  
Mary Sullivan 10:30 CC  
Sylvia Sullivan 10:30 CC

#### Garden Team:

Mary Lou Fenili  
Liz Pinckard  
Debbie Yeager  
Sonya Yeager-Meeks  
Jax & Lindsey of *Remedy Permaculture Design*

#### Outdoor Kiosk Manager:

Mary Hupp



### Capitol Heights Presbyterian Church

#### Session Elders:

Jeanne Jeffas (Class of 2022 - 2nd Term)  
Erik Sabina (Class of 2022 - 2nd Term)  
Charles Norton (Class of 2023 - 1st Term)  
Sonya Yeager-Meeks (Class of 2023 - 1st Term)  
Mary Hupp (Class of 2024 - 1st Term)  
Rodney Shuff (Class of 2024 - 2nd Term)

Rev. Mark Meeks Spiritual Leader  
Rev. Bill Sanders Moderator  
Bonnie Jensen Clerk of Session  
Charlie Fiser Treasurer  
Jean Demmler Commissioner to the Presbytery of Denver  
Bibiana Hager Deacon  
Sonya Yeager-Meeks Co-Director of Music  
Debra Yeager Co-Director of Music  
Debra Yeager Children's Ministry

#### Pastoral Life Committee:

Fran Adams  
Cary Mead  
Lillian Shuff  
Mark Meeks

### 10:30 Catholic Community Council

Kelz Kelzenberg Chair 480-297-5003  
Bill Dixon Co-chair 303-388-4973  
Gene Lang Treasurer 303-399-5692  
Kristen Insana Secretary 440-223-0101  
Meg Johnson Liturgy Liaison 303-399-5692  
Jeanne McLaughlin-Powers Religious Education Liaison 303-355-8603  
Mary Sullivan Social Action Liaison 703-371-9105  
Estela Bogaert-Martinez Member At-large 303-618-6617  
Patricia Peterson Member At-large 303-475-6675

### Dignity Denver Board

Brad Cameron President  
Brad Cameron Co-Treasurer  
Mike Misgen Member at Large