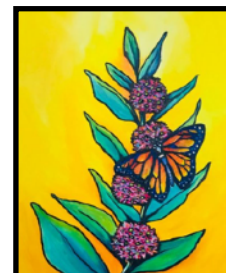




# OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366

Church Administrator: Debbie Yeager  
Admin Email: [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)

Capitol Heights Presbyterian (CHPC)  
<https://capheightspres.org>  
[chpcnews@gmail.com](mailto:chpcnews@gmail.com)  
Facebook [@capitolheightspreschurch](#)  
Youtube

10:30 Catholic Community  
[www.1030catholic.org](http://www.1030catholic.org)  
Facebook

Dignity Denver  
[www.dignitydenver.org](http://www.dignitydenver.org)  
Facebook  
Dignity: 720-515-GLBT

White Forest Sangha (WFS)  
<http://www.whiteforestsangha.org>  
[mushin@whiteforestsangha.org](mailto:mushin@whiteforestsangha.org)  
Steve: 303-324-0365

**Sunday Worship Services**  
Presbyterian 9:30 a.m.  
10:30 Catholic 11:00 a.m.  
Dignity Denver 5:00 p.m.

**WFS Tuesday Meditation**  
7:00 - 8:15 p.m.

**WFS Wednesday Meditation**  
6:00 - 8:00 p.m.

**WFS Saturday Meditation**  
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator ([capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com).

To view the Open Letter online visit [capheightspres.org](http://capheightspres.org) or scan the QR code



## Remembering Eddie Sullivan

• **To the 10:30 Catholic Community and their friends:** Mary Sullivan has shared that her son, Ed, passed away last evening. He had suffered a stroke related to a brain tumor and then went into respiratory distress. He was briefly in hospice care. Mary has thanked the community for our prayers for Ed. She said that details for a service at 10:30 are not worked out yet, but said that 10:30 “was his church home and family.” She added: “He is free now.” Please keep the Sullivan family in your prayers.

## 10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **Community Contributions:** The Community made third quarter contribution of \$500 to each to the Colorado Afghan Legal Project and MetroCaring. If you would like to recommend that the Community make a donation to a particular organization, please send your recommendation to Bill Dixon, Jim Butz, or Gene Lang.
- **Community donations** are still being received and can be mailed to the following address: c/o Gene Lang, 10:30 Catholic Community; 1100 Fillmore Street; Denver, CO 80206.
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

## Dignity Denver

Dignity Denver envisions and works for a time when gay, lesbian, bisexual, and transgender Catholics are affirmed and experience dignity through the integration of their spirituality with their sexuality and as beloved persons of God.

- **Dignity Denver will hold a Mass at 5:00 PM** in the Sanctuary every 1st, 3rd, and 5th Sunday in the month.

## Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **October 16, 9:30 AM Service & 11:00 AM Dialogue:** All are welcome to join us for our 9:30 AM service in the Sanctuary. Following the service a dialogue will take place at 11:00 AM in Lounge (in the basement across from the Social Hall). The Dialogue will include some brief instructive videos on our current climate challenge, including fires in the Sequoias and water from snow, now being threatened. We also will share acknowledgement of both *Indigenous Peoples' Day* and *Coming Out Day*, both of which were this past October 11. Please join us if you can either in person or online via zoom:
  - ▶ [Click here to Join Zoom Meeting with video](#)
  - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
  - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Friday, October 28, 6:00 PM Annual Mead/Launer House Halloween Party:** All CHPC is invited to this festive party being thrown by Cary, Ray, and Ceaghan. Costumes are highly encouraged! Please come!! For any questions contact Cary by email at [yogacary@gmail.com](mailto:yogacary@gmail.com) or call/text 303-908-8202.
- **Please join us Sunday, October 30 at 12:30 PM** in the Sanctuary to celebrate our common life at 1100 Fillmore. We will be hearing from many of our partners & collaborators that share use of our building as they pursue ongoing work for our common good. We will learn more about each other and have more reason to celebrate good work! All are welcome!
- **Tuesday, November 15 Eating for a Healthy Planet 5:00 PM MT A Presbyterians for Earth Care Webinar:** Scientists have shown that even if fossil fuels were eliminated immediately, emissions from the global food system alone would make it impossible to prevent catastrophic climate change. This presentation will explain how food is contributing



## Community News

Capitol Hill United Ministries welcomes volunteers to help with sack lunch preparations for our unhoused neighbors. [Click to sign-up today](#) for lunch preparations this fall.

Together CO invites you to join them in their 2022 Civic Engagement Season! Over the next few months, we will be working to get out the vote across the state of Colorado. [Click HERE to learn more and sign up.](#)

## Colorado State Historic Grant Matching Funds

The restoration work on the West Façade is underway with architectural drawing and paperwork being prepared by our grant manager [Shannon Stage](#) of Historic Denver, and our architect [Natalie Lord](#). The team also includes [Jonas Landes & Graham Johnson of Spectrum General Contractors](#); & [Jane & Phil Watkins of Watkins Stained Glass](#). Debbie Yeager is representing the Church community. We anticipate the pre-construction meeting to take place by the first week of November. This meeting will include representatives from Spectrum General Contractors, Danielle Lewon, Historic Specialist with the State Historical Fund, Shannon Stage of Historic Denver, and Debbie and Sonya of CHPC.

The current work is made possible by a grant from the Colorado State Historic Society with matching funds coming from your generous donations - thank you!

The Historic Building Fund will remain **OPEN** and donations can be directed to it at any time to support further restoration work of our beloved building.

## Children's Ministry

**Sunday October 23 & 30 12:30 - 2PM MT**  
Celebrate Owl-o-ween and learn "owl" about drawing these magnificent, mysterious, and majestic raptors of the night in this 2-part live online class with award-winning artist, scientist, and master educator John Muir Laws (aka Jack), author of [The Laws Guide to Drawing Birds](#). All ages and experience levels are welcome. This is a free online event for the community though donations are encouraged to support the [Tanzania Orphanage Project](#). Registration is required and all participants who register will be emailed a recording of the class (perfect for those who can't make it live!) [Learn more and Register HERE.](#)

to the climate emergency, and offer science-based guidelines for making everyday dietary choices to reduce our climate "foodprint". [Click HERE for details.](#)

- **Community donations** are being received online or by mail: To mail a donation send your contribution to **Capitol Heights Presbyterian Church, 1100 Fillmore St., Denver, CO 80206**. To donate online visit [capheightspres.org/donations](http://capheightspres.org/donations).
- **Grocery cards that support CHPC** are available for Safeway and King Soopers grocery stores. As you put money on your card and use it to buy your groceries, a portion of your weekly grocery purchases will support CHPC. Call Charlie Fiser (303-770-6362) if you are interested in participating.

### News from Presbyterian & other Partner Organizations

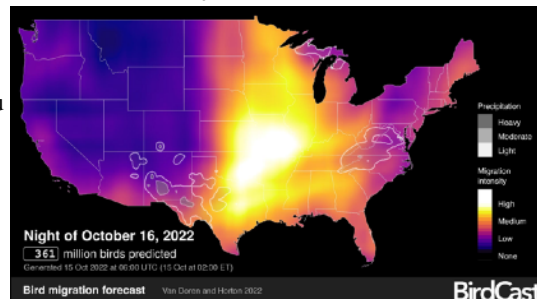
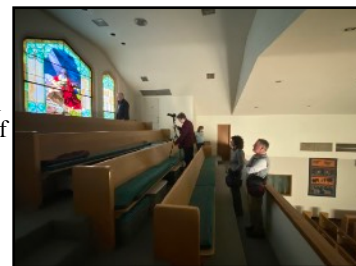
- **Presbyterian Disaster Assistance (PDA)** is currently responding with aid for communities impacted by Hurricane Ian. To learn more and to find ways you can support PDA's efforts [click HERE](#). (You can read the latest Newsletter from [PDA HERE](#).) *"Many waters cannot quench love, neither can floods drown it."* ~Song of Solomon 8:7
- **You can catch up with the work and activities** going on with Presbyterians for Earth Care by reading their [E-Newsletter HERE](#). Presbyterians for Earth Care is a national eco-justice network that cares for God's creation by connecting, equipping, and inspiring Presbyterians to make creation care a central concern of the church.
- **Denver Presbytery's** October 14th Friday E-News [can be read HERE](#).
- **The Latest Presbyterian Justice & Peace Newsletter** is available to [read HERE](#).

## Community News

- **When a National expert in Stained Glass visits Colorado** what's on their list of places to see in addition to the Capitol Building and St. John's Cathedral? Why Capitol Heights of course! We were delighted to host Julie Sloan who was out from New York this past week gathering material for her newest book on Stained Glass. She was visiting special locations throughout Denver with Phil and Jane Watkins and made a special request to see our church stained glass. Debbie and Sonya were delighted to open up our building for her brief visit on Friday.

Julie Sloan has worked in stained glass since 1982 and is the author of Conservation of Stained Glass in America and many articles on stained glass history and conservation. She has been an adjunct professor of historic preservation at Columbia University since 1985. She was also adjunct professor at Salve Regina University in Newport, Rhode Island, in 2004, teaching The History of Stained Glass in America. She has lectured at Williams College and Rensselaer Polytechnic Institute, and given seminars around the country.

- **Please join us Sunday, October 30 at 12:30 PM** in the Sanctuary to celebrate our common life at 1100 Fillmore. We will be hearing from many of our partners & collaborators that share use of our building as they pursue ongoing work for our common good. We will learn more about each other and have more reason to celebrate good work! All are welcome!
- **Thursday, October 20, 11:30 AM MDT Environmental Justice Is Racial Justice - Faith Communities Respond:** Across our country and our world, communities of color are impacted first and worst by pollution and climate-driven disasters, and among the strongest advocates for change. Learn how your faith community can stand with them with insights from a panel of leaders on the front lines of environmental justice. [LEARN MORE HERE.](#)
- **Fall Migration is underway!** Check out [BirdCast Migration Dashboard](#) to see the varieties and numbers of flyers passing through your State. You can take the next step and keep informed on when "lights out" alerts are in effect in your area to reduce outdoor lighting during peak migration nights. Check out [CSU's AeroEco Lab website](#) to find local alerts for every State in the Country! Did you know? The vast majority (80%) of birds in North America migrate at night, making it imperative to limit artificial light pollution for the conservation of migratory birds. Fortunately, the simple action of shielding or turning off lights can help birds navigate. You can visit [Lights out Colorado](#) to learn more about ways you can help our avian neighbors during their peak migration seasons.



## Community Events

### Sunday

#### CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Lounge (basement) / [Zoom](#))

#### 10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

#### Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass *every 1st, 3rd, & 5th Sunday*

#### Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

### Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "*Beginner's Mind Zazen*," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

### Wednesday

5:30 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

7:00 pm Ye Wanton Singers (Sanctuary)

### Thursday

6:00 pm Women's AA (Room 104)

### Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / [mushin@whiteforestsangha.org](mailto:mushin@whiteforestsangha.org))

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

## ONGOING EVENTS:

### Every Fourth Thursday of the Month

7:00 PM Journey with Migrants Mission Partnership meeting (held on zoom)

## Leaders of the Capitol Heights Faith Communities

### Ecumenical Leadership at 1100 Fillmore

#### Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board

Charlie Fiser  
Debbie Yeager  
Charles Norton

Treasurer, Shared Operations  
Building Administrator  
Insurance, Rental Agreement Consultant

#### Historic Building Team

Debbie Yeager  
Sonya Yeager-Meeks  
Dan Jacobs  
Shannon Stage & Historic Denver

#### Ecumenical Worship Committee

Bibiana Hager  
Jeanne Jeffas  
Mary Sullivan  
Sylvia Sullivan

CHPC  
CHPC  
10:30 CC  
10:30 CC

#### Garden Team:

Mary Lou Fenili  
Liz Pinckard  
Debbie Yeager  
Sonya Yeager-Meeks  
Linden Snow of *Remedy Permaculture Design*

#### Outdoor Kiosk Manager:

Mary Hupp



### Capitol Heights Presbyterian Church

#### Session Elders:

Jeanne Jeffas  
Erik Sabina  
Charles Norton  
Sonya Yeager-Meeks  
Mary Hupp  
Rodney Shuff

(Class of 2022 - 2nd Term)  
(Class of 2022 - 2nd Term)  
(Class of 2023 - 1st Term)  
(Class of 2023 - 1st Term)  
(Class of 2024 - 1st Term)  
(Class of 2024 - 2nd Term)

Rev. Mark Meeks  
Rev. Bill Sanders  
Bonnie Jensen  
Charlie Fiser  
Jean Demmler

Spiritual Leader  
Moderator  
Clerk of Session  
Treasurer  
Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks  
Debra Yeager  
Debra Yeager

Co-Director of Music  
Co-Director of Music  
Children's Ministry

#### Pastoral Life Committee:

Fran Adams  
Cary Mead  
Lillian Shuff  
Mark Meeks

### 10:30 Catholic Community Council

Bill Dixon  
Jim Butz  
Gene Lang  
Kristen Insana  
Meg Johnson  
(Currently Open)

Chair 303-910-2842  
Co-Chair 303-913-3290  
Treasurer 303-399-5692  
Secretary 440-223-0101  
Liturgy Liaison 303-399-5692  
*Religious Education Liaison* Contact Bill or Jim

Mary Sullivan  
Melanie McPhee  
Patricia Peterson

Social Action Liaison 703-371-9105  
Member-At-Large 720-421-3722  
Member At-large 303-475-6675

### Dignity Denver Board

Brad Cameron  
Brad Cameron  
Mike Misgen

President  
Co-Treasurer  
Member at Large