



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](#)
Youtube

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Community News

• **Maundy Thursday, April 6, 7:00 PM A Dialogue on the Writings of Dietrich**

Bonhoeffer: All are invited to attend a Maundy Thursday online discussion around the life, witness, and writings of German theologian **Dietrich Bonhoeffer**. We will especially spend time with an important letter he wrote on July 21, 1944. This was the day that Bonhoeffer learned from a radio broadcast that a plot to kill Hitler had failed. Knowing he would be implicated because he had earlier worked with the plotters to bring about the assassination, he wrote a letter to his friend Eberhard Bethge, ruminating on his understanding of the Christian life. The dialogue will be held on Zoom ([link HERE](#)). An online copy of the July 21 letter can be seen [HERE](#). (The Internet Archive has a 1972 edition of Bonhoeffer's *Letter's and Papers from Prison* that can be seen online with a free account [HERE](#).)

"I remember a conversation that I had in America thirteen years ago with a young French pastor. We were asking ourselves quite simply what we wanted to do with our lives. He said he would like to become a saint (and I think it's quite likely that he did become one). At the time I was very impressed, but I disagreed with him, and said, in effect, that I should like to learn to have faith..."

~quoted from the 1944 letter

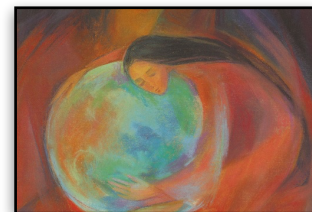
• **English Language Volunteers Wanted!** Project Worthmore is a non-profit organization serving refugees and other newcomers in the East Colfax and throughout the Denver metro area. We are looking for volunteers to participate in our *Understanding Neighbors* program, through which volunteers serve as "conversation partners" for English Language Learners. If interested, please register for our 2 part volunteer orientation, "Beyond Babble". (*Beyond Babble A - Thurs, April 13th 5:30-7:30; Beyond Babble B - Thurs, May 11th 5:30-7:30.*) Both orientations are held *in person* at 1666 Elmira Street with no online option. Completing them in sequence is preferred but not mandatory. Cross-cultural and teaching/tutoring experience are *not* required, but both are a major plus!

► **More Upcoming Events with Project Worthmore:** We have two events next week that people would be very welcome at, no orientation needed! **Together Tuesday** (Tuesday, April 4th 11-12:30) **Neighbor Night** (Thursday, April 6th 7-9pm).

Jamie Laurie is the primary facilitator for all of these events at Project Worthmore. They are quite a bit of fun and we hope some folks from 1100 Fillmore can join in!

• **Sunday, April 16 at 12:00 PM** You are invited to share a delicious Afghan dinner with all our faith communities on Sunday, April 16 at 12:00 noon, in the Social Hall. This will be a special opportunity for members of CHPC, 10:30 CC, Dignity Denver and White Forest Sangha to sit together. Traditional Afghan food will be prepared by Shafeqa and Nadia Homzoley, two sisters-in-law who settled in Denver upon leaving Afghanistan almost two years ago. Both women have four children. Nadia lost her husband to Covid shortly after arriving in Denver. Cooking and sewing are their means for helping to support their families. Attendees are invited to "pay what you can" and all proceeds will go to the families. (Suggested donation range: \$10-\$50) **Please RSVP to Tricia by 5:00 PM, April 14 so we can set a place for you.** Text/Call (**303 885-4633**) or email (TMHuth@msn.com) with your name and the number of people attending with you.

• **Saturday, April 22, 6:00 PM HEALING THE BREACH Nurturing hope amidst our grief, an Earth Day event.** Capitol Hill United Ministries (CHUM) invites you to a gathering of community to walk together in ritual seeing, feeling, touching, and naming of our trauma, pain, & loss with movement toward healing. The service will be held at CHPC in the Sanctuary at 1100 Fillmore Street.



Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

• **April 2, 9:30 AM:** All are welcome to join us in worship in the Sanctuary at 9:30 AM for our Palm Sunday Service. Following the service, our dialogue at 11:00 AM (basement lounge) will be an opportunity to discuss "Jesus in Jerusalem" with special



Volunteer, Services, & Reflections for Lent

SERVICES, REFLECTION & PRAYER

- ▶ **Holy Ground - The Earth as Participant in Holy Week:** Originally presented on March 9, Rev. Dr. Paul Galbreath provided an insightful webinar, offering a theological orientation to the importance of the earth in Scripture and worship. The recording of the webinar and access to the accompanying resources can be accessed [HERE](#).

Lenten Devotionals:

- ▶ **Presbyterians for Earth Care Lenten Devotional** is free and available to view [HERE](#). The new Lenten Devotions are based on Revised Common Lectionary texts from Creation Care Perspectives.
- ▶ **Creation Justice Ministries** has released their 2023 Lenten Resource - click [HERE](#) to view the guide.

VOLUNTEER

- ▶ **8:30 - 11:30 AM every Second Monday: Catholic Worker Soup Kitchen** is preparing casseroles for Haven of Hope Shelter and lunches for the Safe Outdoor Space (tent community) at 2nd and Federal, on Monday mornings at Denver Inner City Parish. Volunteers chop vegetables, assemble casseroles, wash dishes, etc. Jan Colberg and Pat Iyer have been recruited to coordinate on the second Mondays. (So especially appreciate help on those days.) 8:30-11:30ish; 1216 Mariposa. **Questions? Pat Iyer - 469-767-0491**
- ▶ **Volunteer Breakfast & Lunch SIGN UP March - May:** The Women's Homelessness Initiative (WHI) and Capitol Hill United Ministries (CHUM) is offering the opportunity for you to provide breakfasts and lunches to support eight agencies that serve the unhoused in our community. There are still open slots in the rest of March and throughout April. [Click to sign up!](#)
- ▶ **Events with Project Worthmore:** We have two events next week that people would be very welcome at, no orientation needed! **Together Tuesday** (Tuesday, April 4th 11-12:30) **Neighbor Night** (Thursday, April 6th 7-9pm). Both events will be facilitated by Jamie Laurie. *Project Worthmore is a non-profit organization serving refugees and other newcomers in the East Colfax and throughout the Denver metro area.*

attention given to the Gospel of Mark (Chapters 12 & 13). Both the service and dialogue can be attended on zoom using the following link:

- ◆ **Zoom Link for CHPC 9:30 AM Service**
- ▶ [Click here to Join Zoom Meeting with video](#)
- ▶ **One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#**
- ▶ **Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4**
- **At the Tuesday Assembly for Denver Presbytery** the Stated Assembly voted to affirm the Stated Clerk Nominating Committee's recommendation to elect Rev. Gretchen N. Sausville as our new Stated Clerk. Gretchen will begin training on April 1st and will be available to receive emails, calls and appointments beginning April 17th. Gretchen can be reached at gretchen@denpres.org. We are grateful for the past two terms of service that Stated Clerk Rev. Olivia Hudson Smith has given to our Presbytery. You can thank Olivia for her service by emailing olivia@denpres.org.
- **Saturday, April 15, 8:45 AM - 12:00 PM, Denver Presbytery Call to Action:** You are invited to volunteer at our [Guns to Gardens Safe Surrender](#) event on Saturday, April 15 from 8:45AM-12:30PM at Most Precious Blood Catholic Church. Learn more and sign up [here](#). All volunteers for this event must be 18 years of age, however, we welcome youth involvement with G2G in other ways. If you are under 18, we'd love to talk with you! Please email gunstogardensmetrodenver@gmail.com.
- **One Great Hour of Sharing March - April 16:** Capitol Heights will be receiving donations toward One Great Hour of Sharing until the second Sunday in Easter, April 16. The three programs supported by One Great Hour of Sharing - *Presbyterian Disaster Assistance, the Presbyterian Hunger Program, and Self-Development of People.* Donations toward One Great Hour of Sharing can be made in person on Sundays, by mail (1100 Fillmore St., Denver, CO 80206), or [online HERE](#). Please mark "OGHS" on your donation. (If donating online, you can type "OGHS" in the "write a note" area that will pop up after entering an amount.)
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).



10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **Friday, March 31, 7:00 PM:** Fr. Mark has invited the 10:30 Catholic Community to the Lenten Desolata service at Mt. Carmel. The address is 3549 Navajo St.
- **For your consideration: *The benefits of abstaining from meat during Lent*,** an article from The Catholic Climate Covenant. The link for this article [can be found HERE](#).
- **The April Calendar** for the 10:30 Catholic Community can be seen [HERE](#).
- **Wednesday, April 12, 1:00 - 3:00 PM:** Fr Tony D'Souza from India will be doing a short seminar talk with meditation, spirituality teachings and awareness in today's troubled world to help you find peace within. The event will take place in the basement Social Hall at 1100 Fillmore Street.
- **Sunday, April 16, 12:00 PM** You are invited to share a delicious Afghan dinner with all our faith communities on Sunday, April 16 at 12:00 noon, in the Social Hall. **Please RSVP to Tricia by 5:00 PM, April 14 so we can set a place for you.** Text/Call (303 885-4633) or email (TMHuth@msn.com) with your name and the number of people attending with you. More details about the event can be found above under the "Community News" section.
- **Community Contributions:** The Community contributed \$300 to Catholic Relief Services in support of CRS's efforts on behalf of the Ukrainian people afflicted by the Russian invasion.
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.
- **Mass Schedule for Triduum and Easter**
 - ◆ Palm Sunday 11:00 AM Sanctuary, Fr Chrys
 - ◆ Holy Thurs 5:30 PM Sanctuary, Fr John
 - ◆ Good Friday 6:00 PM Sanctuary, Dignity Denver
 - ◆ Easter Vigil 7:30 PM Sanctuary, Fr Chrys
 - ◆ Easter Sunday 11:00 AM Sanctuary, Fr John

Community Events

Sunday

CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Lounge / [Zoom](#))

10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass *Every Sunday through Lent*

Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "*Beginner's Mind Zazen*," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

6:30-8:30 pm Ye Wanton Singers (Sanctuary)

Thursday

6:00 pm Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / info@whiteforestsangha.org)

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board

Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC);

Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Ellie Anderson

Co-Liaison

303-638-5088

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Patricia Peterson

Member At-large

303-475-6675

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large