



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](#)
Youtube

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Community News

- **Sunday, April 16 at 12:00 PM** You are invited to share a delicious Afghan dinner with all our faith communities on Sunday, April 16 at 12:00 noon, in the Social Hall. This will be a special opportunity for members of CHPC, 10:30 CC, Dignity Denver and White Forest Sangha to sit together. Traditional Afghan food will be prepared by Shafeqa and Nadia Homzoley, two sisters-in-law who settled in Denver upon leaving Afghanistan almost two years ago. Both women have four children. Nadia lost her husband to Covid shortly after arriving in Denver. Cooking and sewing are their means for helping to support their families. Attendees are invited to "pay what you can" and all proceeds will go to the families. (Suggested donation range: \$10-\$50) **Please RSVP to Tricia by 5:00 PM, April 14 so we can set a place for you.** Text/Call (303 885-4633) or email (TMHuth@msn.com) with your name and the number of people attending with you.
- **Friday, April 21 6:00 - 7:30 PM:** You are invited to join our neighbors at Loyola Parish, 23rd Ave. and York St. near City Park, for a stimulating evening of presentations by the Laudato Si' Movement "animators" to celebrate a local Earth Day Call to Action. Together Colorado is a co-sponsor of this event. Please join local churches from 6:00-7:30 p.m. for this inspiring evening.
- **Saturday, April 22, 6:00 PM HEALING THE BREACH *Nurturing hope amidst our grief, an Earth Day event.*** Capitol Hill United Ministries (CHUM) invites you to a gathering of community to walk together in ritual seeing, feeling, touching, and naming of our trauma, pain, & loss with movement toward healing. The service will be held at CHPC in the Sanctuary at 1100 Fillmore Street.
- **Thursday, April 27, 6:00 - 7:30 PM:** Together Colorado is hosting a non-partisan forum with mayoral candidates Mike Johnston and Kelly Brough at Congregation Rodef Shalom (450 S. Kearney St.) Community leaders will ask each candidate about their vision for Denver and their stance on Together CO's human dignity agenda. All are welcome! Spanish / English interpretation will be provided. **Register [HERE](#).**
- **May 4, 7:00 PM *First Thursday Bonhoeffer Studies:*** Our online Bonhoeffer studies will continue on the first Thursday of each month with the next one taking place May 4th. All are welcome to attend on **Zoom** as we continue our study on Bonhoeffer's *Letters and Papers from Prison*.
- **Bonhoeffer Literature:** There are many places where the works of Dietrich Bonhoeffer can be accessed. A few choices include:
 - ▶ Our church library! Talk with Mark to learn about the Dietrich Bonhoeffer books available to borrow from CHPC.
 - ▶ Christianbooks.com is currently selling multiple volumes of Bonhoeffer's works including the *Dietrich Bonhoeffer Works - Reader's Edition Set*. This compilation includes 4 volumes; *Discipleship*, *Life Together*, *Ethics*, and *Letters and Papers from Prison* and sells for \$34.99.
 - ▶ The Internet Archive has a 1972 edition of Bonhoeffer's *Letter's and Papers from Prison* that can be seen online with a free account **[HERE](#)**.
 - ▶ **Denver Public Library** has a handful of volumes of Dietrich Bonhoeffer's writings.
- **English Language Volunteers Wanted!** Project Worthmore is a non-profit organization serving refugees and other newcomers in the East Colfax and throughout the Denver metro area. We are looking for volunteers to participate in our *Understanding Neighbors* program, through which volunteers serve as "conversation partners" for English Language Learners. If interested, please register for our 2 part volunteer orientation, "Beyond Babble". (The first orientation already took place but the second one is ***Beyond Babble B - Thurs, May 11th 5:30-7:30.***) Both orientations are held *in person* at 1666 Elmira Street with no online option. Completing them in sequence is preferred but not mandatory. Cross-cultural and teaching/tutoring experience are *not* required, but both are a major plus!
- **Saturday, May 13, 5:00 PM Graduation Party:** Ceaghan Mead is graduating from CCD with a teaching certificate in Early Childhood Education on May 11th! Please help us celebrate this major event on **Saturday May 13th at 5 pm**. A potluck celebration will be held in the basement Social Hall at Capitol Heights Church on 11th and Fillmore Street.



Manifesto a Poem by Wendell Berry

Love the quick profit, the annual raise,
vacation with pay. Want more
of everything ready-made. Be afraid
to know your neighbors and to die.
And you will have a window in your head.
Not even your future will be a mystery
any more. Your mind will be punched in a card
and shut away in a little drawer.
When they want you to buy something
they will call you. When they want you
to die for profit they will let you know.

So, friends, every day do something
that won't compute. Love the Lord.
Love the world. Work for nothing.
Take all that you have and be poor.
Love someone who does not deserve it.
Denounce the government and embrace
the flag. Hope to live in that free
republic for which it stands.
Give your approval to all you cannot
understand. Praise ignorance, for what man
has not encountered he has not destroyed.

Ask the questions that have no answers.
Invest in the millennium. Plant sequoias.
Say that your main crop is the forest
that you did not plant,
that you will not live to harvest.
Say that the leaves are harvested
when they have rotted into the mold.
Call that profit. Prophecy such returns.

Put your faith in the two inches of humus
that will build under the trees
every thousand years.
Listen to carrion – put your ear
close, and hear the faint chattering
of the songs that are to come.
Expect the end of the world. Laugh.
Laughter is immeasurable. Be joyful
though you have considered all the facts.
So long as women do not go cheap
for power, please women more than men.
Ask yourself: Will this satisfy
a woman satisfied to bear a child?
Will this disturb the sleep
of a woman near to giving birth?

Go with your love to the fields.
Lie down in the shade. Rest your head
in her lap. Swear allegiance
to what is nighest your thoughts.
As soon as the generals and the politicians
can predict the motions of your mind,
lose it. Leave it as a sign
to mark the false trail, the way
you didn't go. Be like the fox
who makes more tracks than necessary,
some in the wrong direction.
Practice resurrection.

- **8:30 - 11:30 AM every Second Monday: Catholic Worker Soup Kitchen** is preparing casseroles for Haven of Hope Shelter and lunches for the Safe Outdoor Space (tent community) at 2nd and Federal, on Monday mornings at Denver Inner City Parish. Volunteers chop vegetables, assemble casseroles, wash dishes, etc. Jan Colberg and Pat Iyer have been recruited to coordinate on the second Mondays. (So especially appreciate help on those days.) 8:30-11:30ish; 1216 Mariposa. **Questions? Pat Iyer - 469-767-0491**
- **Volunteer Breakfast & Lunch SIGN UP March - May:** The Women's Homelessness Initiative (WHI) and Capitol Hill United Ministries (CHUM) is offering the opportunity for you to provide breakfasts and lunches to support eight agencies that serve the unhoused in our community. There are still open slots in the rest of March and throughout April. **Click to sign up!**

Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, April 16, 9:30 AM Service, 11:00 AM Dialogue, 12:00 PM Afghan Dinner:** All are welcome to join us in worship in the sanctuary (or on zoom) at 9:30 AM for our service in the Easter Season. Following the service at 11:00 AM in the basement lounge will be an adult dialogue that can be attended in person or on zoom. At 12:00 PM we will once again have the opportunity to share in an interfaith Afghan Dinner. Be sure to RSVP by 5:00 PM April 14 using the information found in the "Community News" section above.

♦ Zoom Link for CHPC 9:30 AM Service

▶ [Click here to Join Zoom Meeting with video](#)

▶ **One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#**

▶ **Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4**

- **April 16, Last Sunday for One Great Hour of Sharing:** April 16 is the last Sunday Capitol Heights will be receiving donations toward One Great Hour of Sharing. Donations can be made in person on Sundays, or [online HERE](#). Please mark "OGHS" on your donation.
- **The latest PCUSA Compassion, Peace, and Justice** Newsletter is available to read [HERE](#).
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **The April Calendar** for the 10:30 Catholic Community can be seen [HERE](#).
- **The cash collections at Easter masses** will be donated to The Afghan families we have been assisting. This does not include donations to The CRS Rice Bowl Drive or contributions by checks written to The 10:30 Community. Easter Blessings to all.
- **Community Contribution:** At its April 2 meeting, the Council approved a Community contribution of \$400 to the Stout Street Health Center. SCHC provides a variety of medical services, including mental health services and substance use treatment, for the homeless.
- **Network Catholic Social Justice Lobby in Washington, DC,** is calling on interested Catholics (and any others!) to join their lobbying efforts on behalf of our lower-income brothers and sisters from now until Pentecost (end of May). House Republican leadership is proposing deep cuts for programs that affect "the least of my brothers and sisters": Medicaid, food programs like SNAP and WIC, and housing assistance--rather than calling for wealthy corporations and billionaires to pay their fair taxes. Network is offering a "toolkit" to speak out to your Congresspersons or to write Letters to the Editor. Use this link to make your voice heard: <https://networklobby.org/thriving-communities/>
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- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

Community Events

Sunday

CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Sanctuary / [Zoom](#))

10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass

Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

6:30-8:30 pm Ye Wanton Singers (Sanctuary)

Thursday

6:00 pm Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / info@whiteforestsangha.org)

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Ellie Anderson

Co-Liaison

303-638-5088

Mary Sullivan

Adult Religious Education

303-638-5088

Connie Curtis

Co-Liaison

Patricia Peterson

Social Action Liaison

703-371-9105

Member-At-Large

303-296-6315

Member At-large

303-475-6675

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large



An Earth Day Event
HEALING THE BREACH
Nurturing Hope Amidst Our Grief

April 22, 6:00 PM

Capitol Heights Faith Communities
1100 Fillmore Street
Denver, CO 80206

Capitol Hill United Ministries (CHUM) invites you to a gathering of community to walk together in ritual seeing, feeling, touching, and naming of our trauma, pain, and loss, with movement toward healing.