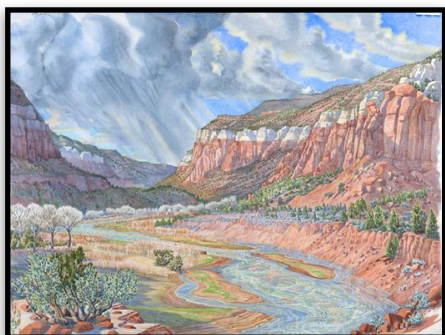




# OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366

Church Administrator: Debbie Yeager  
Admin Email: [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)

Capitol Heights Presbyterian (CHPC)  
<https://capheightspres.org>  
[chpcnews@gmail.com](mailto:chpcnews@gmail.com)  
Facebook [@capitolheightspreschurch](#)  
Youtube

10:30 Catholic Community  
[www.1030catholic.org](http://www.1030catholic.org)  
Facebook

Dignity Denver  
[www.dignitydenver.org](http://www.dignitydenver.org)  
Facebook  
Dignity: 720-515-GLBT

White Forest Sangha (WFS)  
<https://www.wfszen.org>  
[info@whiteforestsangha.org](mailto:info@whiteforestsangha.org)  
Steve: 303-324-0365

Sunday Worship Services  
Presbyterian 9:30 a.m.  
10:30 Catholic 11:00 a.m.  
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation  
7:00 - 8:15 p.m.

WFS Wednesday Meditation  
6:00 - 8:00 p.m.

WFS Saturday Meditation  
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator ([capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com).

To view the Open Letter online visit [capheightspres.org](http://capheightspres.org) or scan the QR code



## Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, April 23, 9:30 AM Service, 11:00 AM Dialogue:** All are welcome to join us in worship in the sanctuary (or on zoom) at 9:30 AM for our service in the Easter Season. Following the service at 11:00 AM the adult dialogue will take place in the basement lounge / zoom. Today's Dialogue at 11 will share information about a great class found at [www.riseofbonhoeffer.com](http://www.riseofbonhoeffer.com), part of Homebrewed Christianity with Tripp Fuller.
  - ♦ Zoom Link for CHPC 9:30 AM Service
  - ▶ [Click here to Join Zoom Meeting with video](#)
  - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
  - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **May 4, 7:00 PM First Thursday Bonhoeffer Studies:** Our online Bonhoeffer studies will continue on the first Thursday of each month with the next one taking place May 4th. All are welcome to attend on Zoom as we continue our study of Bonhoeffer's *Letters and Papers from Prison*.
- **Bonhoeffer Literature:** There are many places where the works of Dietrich Bonhoeffer can be accessed. A few choices include: (1) Our church library! Talk with Mark to learn about the Dietrich Bonhoeffer books available to borrow from CHPC. (2) [Christianbooks.com](http://Christianbooks.com) is currently selling multiple volumes of Bonhoeffer's works including the *Dietrich Bonhoeffer Works - Reader's Edition Set* selling for \$34.99. (3) The Internet Archive has a 1972 edition of Bonhoeffer's *Letter's and Papers from Prison* that can be seen online with a free account [HERE](#).
- **Saturday, May 13, 5:00 PM Graduation Party:** Ceaghan Mead is graduating from CCD with a teaching certificate in Early Childhood Education on May 11th! Please help us celebrate this major event on Saturday May 13th, with a potluck celebration held in the basement Social Hall at Capitol Heights Church on 11th and Fillmore Street.
- **Your Spring Edition of Earth News** from Presbyterians for Earth Care is available to read [HERE](#).
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

## 10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **The April Calendar** for the 10:30 Catholic Community can be seen [HERE](#).
- **Sunday, April 30 at 12:00 PM in the Sanctuary:** Fourth Sunday Discussion with Denise Chang of Colorado Hosting Asylum Network (CHAN). All are welcome.
- **Notice: Our next 10:30 Community General Membership Meeting** will be on May 21 following mass. Please join in for this important community assembly.
- **Community Contribution:** A Community contribution of \$200 was made to Everytown for Gun Safety (a group addressing gun-related issues).
- **A total of \$206 in cash was donated** to the Community at the Easter Vigil and the Easter mass. That cash was given to the Afghan women who prepared the April 16 lunch.
- **Community Contribution:** At its April 2 meeting, the Council approved a Community contribution of \$400 to the Stout Street Health Center. SCHC provides a variety of medical services, including mental health services and substance use treatment, for the homeless.
- **Network Catholic Social Justice Lobby in Washington, DC,** is calling on interested Catholics (and any others!) to join their lobbying efforts on behalf of our lower-income brothers and sisters from now until Pentecost (end of May). Network is offering a "toolkit"



## Gratitude by Mary Oliver

What did you notice?

The dew-snail;  
the low-flying sparrow;  
the bat, on the wind, in the dark;  
big-chested geese, in the V of sleekest  
performance;  
the soft toad, patient in the hot sand;  
the sweet-hungry ants;  
the uproar of mice in the empty house;  
the tin music of the cricket's body;  
the blouse of the goldenrod.

What did you hear?

The thrush greeting the morning;  
the little bluebirds in their hot box;  
the salty talk of the wren,  
then the deep cup of the hour of silence.

What did you admire?

The oaks, letting down their dark and hairy  
fruit;  
the carrot, rising in its elongated waist;  
the onion, sheet after sheet, curved inward to  
the pale green wand;  
at the end of summer the brassy dust, the  
almost liquid beauty of the flowers;  
then the ferns, scrawned black by the frost.

What astonished you?

The swallows making their dip and turn over  
the water.

What would you like to see again?

My dog: her energy and exuberance, her  
willingness,  
her language beyond all nimbleness of tongue,  
her recklessness, her loyalty, her sweetness,  
her strong legs, her curled black lip, her snap.

What was most tender?

Queen Anne's lace, with its parsnip root;  
the everlasting in its bonnets of wool;  
the kinks and turns of the tupelo's body;  
the tall, blank banks of sand;  
the clam, clamped down.

What was most wonderful?

The sea, and its wide shoulders;  
the sea and its triangles;  
the sea lying back on its long athlete's spine.

What did you think was happening?

The green beast of the hummingbird;  
the eye of the pond;  
the wet face of the lily;  
the bright, puckered knee of the broken oak;  
the red tulip of the fox's mouth;  
the up-swing, the down-pour, the frayed sleeve  
of the first snow—  
so the gods shake us from our sleep.

to speak out to your Congresspersons or to write Letters to the Editor. Use this link to make your voice heard: <https://networklobby.org/thriving-communities/>

- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

## Dignity Denver

Dignity Denver envisions and works for a time when gay, lesbian, bisexual, and transgender Catholics are affirmed and experience dignity through the integration of their spirituality with their sexuality and as beloved persons of God.

- **Dignity Denver** will hold Mass at 5:00 PM in the Sanctuary every *first, third, and fifth* Sunday's of the month.

## Community News

- **Hello Faith Community members.** Thanks to all of you who supported the Afghan luncheon this past weekend. The success was due to many efforts: set-up, clean-up, networking, and attending!! We were able to pass on over \$2000 in donations, and some more are promised. And we were so glad to have members representing 10:30, CHPC, White Mountain Sangha; Wellshire Presbyterian; Central Presbyterian and Journey with Migrants.
- **Friday, April 21 6:00 - 7:30 PM:** You are invited to join our neighbors at Loyola Parish, 23rd Ave. and York St. near City Park, for a stimulating evening of presentations by the Laudato Si' Movement "animators" to celebrate a local Earth Day Call to Action. Together Colorado is a co-sponsor of this event. Please join local churches from 6:00-7:30 p.m. for this inspiring evening.
- **Saturday, April 22, 6:00 PM HEALING THE BREACH Nurturing hope amidst our grief, an Earth Day event.** Capitol Hill United Ministries (CHUM) invites you to a gathering of community to walk together in ritual seeing, feeling, touching, and naming of our trauma, pain, & loss with movement toward healing. The service will be held at CHPC in the Sanctuary at 1100 Fillmore Street and can also be attended on [Zoom using this LINK](#).
- **Thursday, April 27, 6:00 - 7:30 PM:** Together Colorado is hosting a non-partisan forum with mayoral candidates Mike Johnston and Kelly Brough at Congregation Rodef Shalom (450 S. Kearney St.) Community leaders will ask each candidate about their vision for Denver and their stance on Together CO's human dignity agenda. All are welcome! Spanish / English interpretation will be provided. [Register HERE](#).
- **Launching May 2023 - A Five Week Series on Bonhoeffer and Faithful Praxis:** Why does a theologian like Dietrich Bonhoeffer still excite our theological imagination? What is it about his work in a different era that still engages some of the most cutting edge theological work done today? Join us for the new *Homebrewed Christianity* class, "Bonhoeffer and the Future of Faith" as we listen to and learn from internationally known scholars working in areas such as climate change, prison reform, racial tensions, pastoral care, and Christian Nationalism. The cost? Contribute whatever you can to help make this possible for everyone. No human is turned down for lack of funds. [Sign up HERE](#).
- **English Language Volunteer for Project Worthmore's Beyond Babble Part 2:** Project Worthmore, a non-profit organization serving refugees and other newcomers throughout the Denver metro area, are looking for volunteers to participate in our *Understanding Neighbors* program, through which volunteers serve as "conversation partners" for English Language Learners. The Second part of the program, *Beyond Babble B* takes place May 11 from 5:30 - 7:30 PM. Both orientations are held *in person* at 1666 Elmira Street with no online option. Cross-cultural and teaching/tutoring experience are *not* required, but both are a major plus! Use the link above to register.
- **Tuesday, May 16 6:00 - 8:00 PM:** Together Colorado will hold their 45th Annual Celebration at Montview Presbyterian Church. Dinner will be shared during the gathering and Executive Director Mike Kromrey will be recognized as Mike also celebrates 45 years of community organizing and will be retiring at the end of this year. [RSVP HERE](#)
- **8:30 - 11:30 AM every Second Monday: Catholic Worker Soup Kitchen** is preparing casseroles for Haven of Hope Shelter and lunches for the Safe Outdoor Space (tent community) at 2nd and Federal, on Monday mornings at Denver Inner City Parish. Volunteers chop vegetables, assemble casseroles, wash dishes, etc. Jan Colberg and Pat Iyer have been recruited to coordinate on the second Mondays. (So especially appreciate help on those days.) 8:30-11:30ish; 1216 Mariposa. **Questions? Pat Iyer - 469-767-0491**
- **Volunteer Breakfast & Lunch SIGN UP March - May:** The Women's Homelessness Initiative (WHI) and Capitol Hill United Ministries (CHUM) is offering the opportunity for you to provide breakfasts and lunches to support eight agencies that serve the unhoused in our community. There are still open slots in the rest of March and throughout April. [Click to sign up!](#)



## Community Events

### Sunday

#### CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Sanctuary / [Zoom](#))

#### 10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

#### Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass

### Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

### Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

### Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

6:30-8:30 pm Ye Wanton Singers (Sanctuary)

### Thursday

6:00 pm Women's AA (Room 104)

### Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / [info@whiteforestsangha.org](mailto:info@whiteforestsangha.org))

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

## Leaders of the Capitol Heights Faith Communities

### Ecumenical Leadership at 1100 Fillmore

#### Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board  
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

#### Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

#### Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

#### Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



#### Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | [flahive@flahive.us](mailto:flahive@flahive.us)

#### Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

### Capitol Heights Presbyterian Church

#### Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

*Position Open*

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

### 10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Patricia Peterson

Member At-large

303-475-6675

### Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large



*An Earth Day Event*

# HEALING THE BREACH

*Nurturing Hope Amidst Our Grief*

[Click HERE to join on Zoom](#)

**April 22, 6:00 PM**

Capitol Heights Faith Communities  
1100 Fillmore Street  
Denver, CO 80206

Capitol Hill United Ministries (CHUM) invites you to a gathering of community to walk together in ritual seeing, feeling, touching, and naming of our trauma, pain, and loss, with movement toward healing.