



# OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366

Church Administrator: Debbie Yeager  
Admin Email: [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)

Capitol Heights Presbyterian (CHPC)  
<https://capheightspres.org>  
[chpcnews@gmail.com](mailto:chpcnews@gmail.com)  
Facebook [@capitolheightspreschurch](#)  
Youtube

10:30 Catholic Community  
[www.1030catholic.org](http://www.1030catholic.org)  
Facebook

Dignity Denver  
[www.dignitydenver.org](http://www.dignitydenver.org)  
Facebook  
Dignity: 720-515-GLBT

White Forest Sangha (WFS)  
<https://www.wfszen.org>  
[info@whiteforestsangha.org](mailto:info@whiteforestsangha.org)  
Steve: 303-324-0365

Sunday Worship Services  
Presbyterian 9:30 a.m.  
10:30 Catholic 11:00 a.m.  
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation  
7:00 - 8:15 p.m.

WFS Wednesday Meditation  
6:00 - 8:00 p.m.

WFS Saturday Meditation  
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator ([capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com).

To view the Open Letter online visit [capheightspres.org](http://capheightspres.org) or scan the QR code



## Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, May 14, 9:30 AM Service, 11:00 AM Dialogue:** All are welcome to join us in worship in the sanctuary (or on zoom) at 9:30 AM for our service in the Easter Season. At 11:00 AM the adult dialogue will take place in the basement lounge/zoom. During the dialogue we will reflect on the challenge of patriarchy so better to understand our culture today, our Biblical tradition and its transformation in the way of Jesus.
  - ♦ Zoom Link for CHPC 9:30 AM Service
  - [Click here to Join Zoom Meeting with video](#)
  - One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
  - Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Saturday, May 13, 5:00 PM Graduation Party:** Ceaghan Mead is graduating from CCD with a teaching certificate in Early Childhood Education on May 11th! Please help us celebrate this major event on **Saturday May 13th** with a potluck celebration held in the basement Social Hall at Capitol Heights Church on 11th and Fillmore Street.
- **May 21, 11:00 AM Dialogue:** Neuro-diversity is a viewpoint that brain differences are normal, rather than deficits. What would happen if the world viewed neuro-developmental differences like ADHD, autism, and learning disabilities differently? How can we nurture families, communities, schools, and workplaces where everyone notices the strengths that can come from these differences first, instead of the challenges? This conversation is hosted by Jen Wood-Brackett, who is an ASHA-certified speech-language pathologist (SLP). She has significant experience working with a variety of populations including traumatic brain injury, Autism, ADD/ADHD, and a range of communication differences. Jen is excited to be a part of the changes in her field as practitioners continue to follow the lead of Neuro-distinct voices and expand beyond the medical model of intervention.
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

## 10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **Notice: Our next 10:30 Community General Membership Meeting** will be on May 21 following mass. Please join in for this important community assembly.
- **Network Catholic Social Justice Lobby in Washington, DC,** is calling on interested Catholics (and any others!) to join their lobbying efforts on behalf of our lower-income brothers and sisters from now until Pentecost (end of May). Network is offering a "toolkit" to speak out to your Congresspersons or to write Letters to the Editor. Use this link to make your voice heard: <https://networklobby.org/thriving-communities/>
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

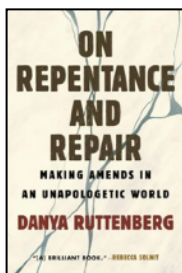


## Community Bookshelf

*A highlight of theological books being read in the community*

### ***On Repentance and Repair: Making Amends in an Unapologetic World*** - Winner of the National Jewish Book Awards in Contemporary Jewish Life & Practice Myra H. Kraft Memorial Award. A crucial new lens on repentance, atonement, forgiveness, and repair from harm...

Rooted in traditional Jewish concepts while doggedly accessible and available to people from any, or no, religious background, *On Repentance and Repair* is a book for anyone who cares about creating a country and culture that is more whole than the one in which we live, and for anyone who has been hurt or who is struggling to take responsibility for their mistakes.



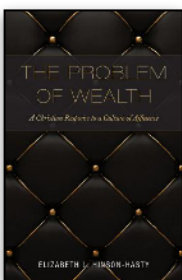
### ***Dietrich Bonhoeffer Works - Reader's Edition Set*** - A classic, eminently thoughtful exposition of what it means to follow Christ---and lead his people---in a fallen and hostile world.

Featuring new introductions from noted scholars, these modern editions have been adapted to a more accessible format using the acclaimed DBWE translation. Includes *Discipleship*, *Life Together*, *Ethics*, and *Letters and Papers from Prison*. 1300 pages total, four softcovers from Fortress.



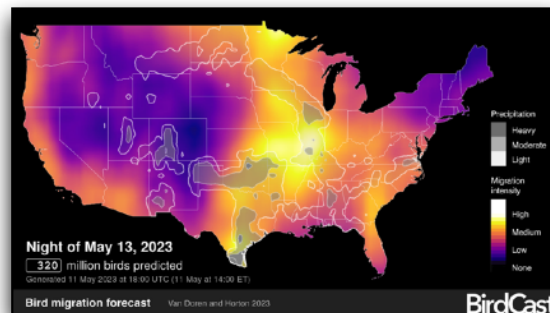
### ***The Problem of Wealth: A Christian Response to a Culture of Affluence*** - Elizabeth L. Hinson-Hasty is an ordained Presbyterian pastor, professor, and chair of the theology department at Bellarmine University.

She is the author of three previous books: *The Problem of Wealth: A Christian Response to a Culture of Affluence* (2017), *Dorothy Day for Armchair Theologians* (2014), and *Beyond the Social Maze: Exploring Vida Dutton Scudder's Theological Ethics* (2006).



## Community News

- **May - June 2023 A Five Week Series on Bonhoeffer and Faithful Praxis:** Join us for the new *Homebrewed Christianity* class, "**Bonhoeffer and the Future of Faith**" as we listen to and learn from internationally known scholars working in areas such as climate change, prison reform, racial tensions, pastoral care, and Christian Nationalism. Contribute whatever you can to help make this possible for everyone. No one is turned down for lack of funds. [Sign up HERE](#).
- **May 13, 10:00 AM Together CO Voter Engagement Kickoff:** With only a month to go until the Denver runoff elections on June 6, Together CO is gearing up for our Get Out the Vote efforts. **On May 13 at 10am**, we will host a Voter Engagement Kickoff at Shorter Community AME Church where we'll have a brief orientation and training and then go out canvassing in pairs. [Register HERE](#)
- **June 6, Denver Runoff Election:** Ballots will be sent out on May 15 and are due by Election Day on June 6. The runoffs will occur in the mayoral race, plus **four Council races** where no candidate received 50% or more of the vote. Need to register to vote or check your registration? [Visit the Colorado Secretary of State website to get started.](#)
- **Tuesday, May 16 6:00 - 8:00 PM:** Together Colorado will hold their 45th Annual Celebration at Montview Presbyterian Church. Dinner will be shared during the gathering and Executive Director Mike Kromrey will be recognized as Mike also celebrates 45 years of community organizing and will be retiring at the end of this year. [RSVP HERE](#)
- **May 17, 6:00 PM Innovating and Transforming - The Purpose of Institutions in the 21st Century An Event at the Iliff School of Theology:** We live in an age of growing mistrust in institutions of many kinds. Dynamic schools, faith communities, and not-for-profits are engaging these challenges through innovation and critical reflection so that they might better serve a rapidly changing world. Our distinguished panel will explore new visions and processes that hold the promise of institutional renewal and creative contributions to current contexts. This is a free, in-person event open to the public and held in Shattuck Hall at Iliff Seminary (2323 E. Iliff Ave.) [RSVP HERE.](#)
- **8:30 - 11:30 AM every Second Monday Catholic Worker Soup Kitchen** is preparing casseroles for Haven of Hope Shelter and lunches for the Safe Outdoor Space (tent community) at 2nd and Federal, on Monday mornings at Denver Inner City Parish. Volunteers chop vegetables, assemble casseroles, wash dishes, etc. Jan Colberg and Pat Iyer have been recruited to coordinate on the second Mondays. (So especially appreciate help on those days.) 8:30-11:30ish; 1216 Mariposa. **Questions? Pat Iyer - 469-767-0491**
- **Volunteer Breakfast & Lunch SIGN UP March - May:** The Women's Homelessness Initiative (WHI) and Capitol Hill United Ministries (CHUM) is offering the opportunity for you to provide breakfasts and lunches to support eight agencies that serve the unhoused in our community. [Click to sign up!](#)
- **Spring Bird Migration is in full swing** and is expected to peak during the first two weeks in May. It's fun to see "live" (at night) and "last-night" (the next day) radar data on migration at the [BirdCast Migration Dashboard](#). Every year, 3.5 to 4 billions birds migrate and 80% of them migrate at night! In addition to enjoying seeing the birds in flight on the Migration Dashboard and enjoying the new voices joining the "Dawn Chorus" upon their arrival, there are two simple steps we can all take to help out our avian neighbors: (1) **Shield** outdoor lights to prevent light from being emitted upwards. (2) **Turn off lights** as early as possible during bird migration seasons (April-May and August-September). You can learn more about the "Lights Out" programs across the State by visiting the following:
  - [Lights Out Denver](#)
  - [Denver Audubon](#)
  - [Lights Out Colorado](#)
  - [Lights Out Audubon Rockies](#)
  - [BirdCast Migration Dashboard](#)



## Community Events

### Sunday

#### CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Sanctuary / [Zoom](#))

#### 10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

#### Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass

### Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

### Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

### Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

6:30-8:30 pm Ye Wanton Singers (Sanctuary)

### Thursday

6:00 pm Women's AA (Room 104)

### Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / [info@whiteforestsangha.org](mailto:info@whiteforestsangha.org))

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

## Leaders of the Capitol Heights Faith Communities

### Ecumenical Leadership at 1100 Fillmore

#### Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board  
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

#### Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

#### Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

#### Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



#### Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | [flahive@flahive.us](mailto:flahive@flahive.us)

#### Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

### Capitol Heights Presbyterian Church

#### Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

*Position Open*

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

### 10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Patricia Peterson

Member At-large

303-475-6675

### Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large