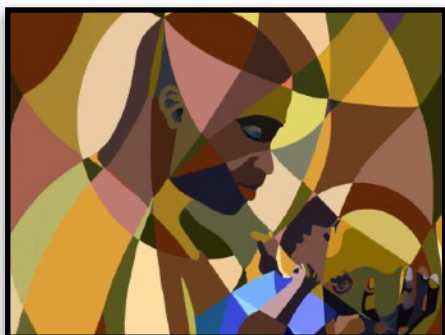




OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](#)
Youtube

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Social Service Sunday Rice and Bean Bag Break Down

- **June 25, 11:00 AM Rice and Bean Bag Break Down:** We will have our second rice and bean breakdown event on Sunday, June 25, at 11:00 a.m. in the Social Hall for the benefit of Metro Caring. **All of the 1100 Fillmore communities are invited to participate.** We are a bit more ambitious this time. We will be handling 2,000 pounds of beans and rice, a 500 pound increase from the January event. In addition, we request the participants to bring canned goods that we can also give to Metro Caring. Metro Caring is in need of:
 - ▶ Low sodium canned vegetables
 - ▶ Unsweetened applesauce
 - ▶ Canned chicken (canned in water)
 - ▶ Canned tuna (canned in water)
 - ▶ Tomato sauce (low sodium)
 - ▶ Canned fruits in juice or water (100% all juice)
 - ▶ Canned nuts (no salt)

Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

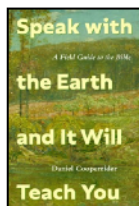
- **Sunday, June 18, 9:30 AM Service:** All are welcome to join us for a 9:30 AM service held in the sanctuary or online via zoom. Following the service, before our 11AM dialogue, we will have a special “ice cream party” on this day of celebration. Our dialogue at 11AM will discuss the article from *The Christian Century* shared last week; *Deconstructed, reimagined faith: Five ways I see a new generation reorienting its Christianity* by Peter Choi.
 - ◆ Zoom Link for 9:30 AM Service
 - ▶ [Click here to Join Zoom Meeting with video](#)
 - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
 - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **June 25, 11:00 AM Social Service Sunday Rice and Bean Bag Break Down:** The 10:30 Catholic Community once again invites us to take part in preparing rice and bean bags for Metro Caring. We will meet at 11AM in the basement Social Hall. To better allow for participation in this event, there will be no dialogue this Sunday.
- **Thursday, July 6, 7:00 PM First Thursday Bonhoeffer Study:** Our next discussion in our Bonhoeffer’s Letters series will take place at 7PM on Thursday, July 6th. The study will focus on the letter from May 18, 1944, which includes Bonhoeffer’s “Thoughts on the Day of Baptism” written for his godson Dietrich Wilhelm Rüdiger Bethge. All are welcome to attend this online discussion [via Zoom \(link HERE\)](#).
- **From Pride Month and Juneteenth to World Refugee Day** and the official start of summer, June is chock-full of reasons to celebrate. In this issue of *Compassion, Peace and Justice’s monthly newsletter*, you’ll find useful resources and ways to tap into various learning opportunities, including the next installment in a series of Matthew 25 workshops. Also highlighted in this newsletter is the June 20th “World Refugee Day,” a global movement that recognizes the courage and resilience of refugees.
- **Denver Presbytery’s Friday ENews** is available to [read HERE](#). This newsletter also includes information about the upcoming World Refugee Day celebrated on June 20th.
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).



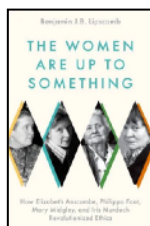
Community Bookshelf

The following books were recently highlighted in "Books Worth Reading" from the Christian Century

Speak with the Earth and It Will Teach You: A Field Guide to the Bible - Speak with the Earth analyzes the Bible's treatment of nature and intersperses this analysis with the author's own reflections on experiences in nature. Organized in sections touching on the four elements, the book engages with the multifaceted relationship between the Bible and nature through various media, including art, theology, the natural sciences, history, and lived experience. A timely work on the gift of the Earth that makes a strong case for environmental conservation as a cornerstone of religious life.



The Women Are Up to Something: How Elizabeth Anscombe, Philippa Foot, Mary Midgley, and Iris Murdoch Revolutionized Ethics - The story of four remarkable women who shaped the intellectual history of the 20th century: Elizabeth Anscombe, Philippa Foot, Mary Midgley, and Iris Murdoch. On the cusp of the Second World War, four women went to Oxford to begin their studies... They became



lifelong friends. At the time, only a handful of women had ever made lives in philosophy. But when Oxford's men were drafted in the war, everything changed. This book presents the first sustained engagement with these women's contributions: with the critique and the alternative they framed. Drawing on a cluster of recently opened archives and extensive correspondence and interviews with those who knew them best, Benjamin Lipscomb traces the lives and ideas of four friends who gave us a better way to think about ethics, and ourselves.

In Praise of Failure: Four Lessons in Humility - Our obsession with success is hard to overlook. Everywhere we compete, rank, and measure. Yet this relentless drive to be the best blinds us to something vitally important: the need to be humble in the face of life's challenges. Costica Bradatan mounts his case for failure through the stories of four historical figures who led lives of impact and meaning--and assiduously courted failure. Their struggles show that engaging with our limitations can be not just therapeutic but transformative.



10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **Sunday, June 18, 11:00 AM** Mass will take place at "Little Cheesman Park," the south-east corner of 7th Avenue and High Street.
- **Sunday June 25, Gay Pride weekend. No Mass scheduled:** Social service Sunday with a Bean & Rice Bag Breakdown in the social hall at CHPC at 11:00 am.
- **Community Contributions:** On May 7, the Council approved a \$250 donation to Saint Francis Center to support the Center's work with the homeless. The Council also approved a \$250 donation to Gelli's Community Fridge. Gelli's is providing the residents of Valor on the Fax with supplemental food. Valor on the Fax opened last month. It was developed by the Brain Injury Institute of Colorado. It has 72 apartments for people living with brain injuries or mental health issues. Many of the residents were homeless at one point. Gelli's helps when a resident is in need of some food.
- **To see the 10:30 Catholic Community June Calendar click [HERE](#).**
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

Community News

- **Tuesdays, 7:00 PM, Anonymous Recovery Meditation at 1100 Fillmore Street:** The White Forest Sangha, a Zen Buddhist practice community, welcomes persons in recovery from substance abuse to come and experience silent meditation in our zendo - a safe, quiet space designed for meditation and silent contemplation. The meeting begins at 7pm with a short introduction followed by 30 minutes of silent meditation and then fellowship until we adjourn around 8pm. The Tuesday gatherings are open to anyone who is either in recovery or simply wishes to experience meditation in a zendo. It is suggested that you wear loose clothing. If you are interested in joining us, please call or text Jeffrey @ 303.257.0492.
- **Monday, June 19, 6:00 PM:** Join Together Colorado, End Slavery Colorado, Working Families Party, and ACLU Colorado this Juneteenth, a time traditionally reserved to celebrate freedom from slavery, for a panel discussion between justice advocates, faith leaders, civil rights attorneys, labor organizers, and formerly incarcerated people about the ongoing legal battle against the last vestige of slavery in our state.

In 2018, we came together to change the Colorado state constitution removing the "exception" clause that allowed slavery and involuntary servitude in Colorado prisons. While 66% of Coloradans voted to end slavery, people in prison in Colorado are still forced to work against their will for pennies a day or even for nothing and are regularly punished if they refuse.

The discussion will be grounded in research from University of Denver professor Michael Gibson-Light's new book *Orange Collar Labor*.

The gathering will be held at Shorter Community AME Church (3100 Richard Allen Court, Denver 80205). Doors open at 6:00 PM and light refreshments will be served.

[RSVP Here.](#)

- **Supporting our City by donating needed items for arriving migrants:** The City is asking for the following items:
 - ▶ Hygiene kits that include soap, deodorant, toothpaste and toothbrushes
 - ▶ Menstrual hygiene products
 - ▶ Diapers sizes 1-6 and baby wipes
 - ▶ Socks (new only)
 The three locations where donations can be dropped off are the following:
 - ▶ **The Dream Center at 2165 Curtis St.** Coordinated drop offs are being accepted Monday to Thursday between 9 a.m. and 3 p.m. in the front loading zone of the building. Donations can also be dropped off at the small parking lot next to the building. Denverites can email info@denverdc.org to schedule a drop off.
 - ▶ **First Baptist Church at 1373 Grant Street** (One of our CHUM partners) The Interfaith Alliance of Colorado is taking donations beginning May 25. Drop offs can only be made Thursdays from 10 a.m. to 2 p.m.
 - ▶ **Servicios de la Raza at 3131 W. 14th Ave.** Non-perishable food donations can be made at the nonprofit's building Monday to Thursday from 1 to 4 p.m.

Community Events

Sunday

CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Sanctuary / [Zoom](#))

10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass

Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

6:30-8:30 pm Ye Wanton Singers (Sanctuary)

Thursday

6:00 pm Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / info@whiteforestsangha.org)

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Patricia Peterson

Member At-large

303-475-6675

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large