



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](#)
Youtube [@capitolheightspreschurch](#)

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, July 16 & 23, 9:30 AM Service:** All are welcome to join us for a 9:30 AM service held in the sanctuary or online via zoom. Following the service, we will have the chance to take a community hike up at Clear Creek Canyon. Carpooling will be arranged for any who wish to participate. More details can be found below.

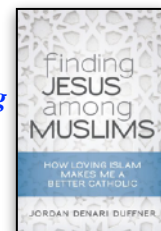
The following Sunday, July 23, we will have our service at 9:30 AM and can be attended in person or online. Following the service, we will have a dialogue at 11AM to hear stories and see pictures from Faren and Dave's extended trip to Asia.

- ♦ **Zoom Link for 9:30 AM Service**
 - ▶ [Click here to Join Zoom Meeting with video](#)
 - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
 - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Sunday, July 16, 10:30 AM** Following our service we will take a field trip led by Don and Mary to [Clear Creek Canyon Park](#) for an easy 1.5 mile hike (really an easy stroll). Following our time in the Canyon, Su and Joe have offered to host a sack lunch picnic at their house in Golden afterward. Su will provide drinks and dessert and it would be helpful for her to know how many to expect. Please email her at zeemoo@earthlink.net if you plan to come, and let's plan to meet at Su's house at 1:00 pm. More location details will be shared with participants on Sunday.
- **Sunday, July 23, 11:00 AM** Mark your calendars for this special hybrid dialogue that will take place with Dave and Faren. They will share stories and pictures with us about their extensive trip to Asia they took this spring.
- **Sunday, August 6, 10:30 AM:** Following our morning worship on August 6 we will hold a simple Remembrance of Minnie Baldwin in our garden outside the church. Some of Minnie's ashes have been given to our community to spread and we will do so during this time of remembrance.
- **Celebrating two new Citizens!** We are so excited to welcome Lomami and Bibiana as US citizens! Lomami had his naturalization ceremony this past week and Bibiana will have hers on Monday. We hope to have a celebration party on an upcoming Sunday following worship and will share the selected date with you all once we have determined it. In the meantime, please join us in congratulating and welcoming our two newest "citizens"!
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **The Religious Education Committee and council** are recommending the following book to the Community with plans for a community discussion at one of our Fourth Sunday Discussions in the fall: *Finding Jesus Among Muslims: How Loving Islam Makes Me a Better Catholic* by Jordan Denari Duffner, 2017, Liturgical Press.
- **Please Note: the Community's Website password** has been changed on July 1, 2023 for the community to access the protected sections of





CHPC Historic Building Restoration Update

As of June 2023 all masonry work on the tower has been completed! The new collector boxes and downspouts on the tower have also been installed.

Work on our west side stained glass has begun! You'll see scaffolding and boards on the West side of the building throughout the summer as Watkins Stained Glass does repair and restoration on the non religious windows.



Tower, South Façade



Stained glass work, West Façade

the Community Website (council minutes and community directory). You should have received an email on July 1st for the new code. If you do not receive that email, please ask a council member for the new code.

- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

Community News

- **Every Tuesday 11:00 AM - 12:30 PM: Together Tuesday Language Support for Immigrants with Jamie Laurie at Project Worthmore (1661 Elmira St., Aurora):** Together Tuesday is all about community building and fun. We help facilitate English language learning, but this isn't your typical English class. Activities include English word games, focused conversation tables, greeting exchanges, group songs, multilingual open mic, and team-building exercises. Volunteers play a key role in facilitating all the fun that we have each week. You also will be invited to begin learning another language! The event begins at 11 and ends at 12:30, but help with setup and takedown is appreciated. To sign up to participate in an upcoming *Together Tuesday* or to register for a *Beyond Babble* first time volunteer training visit <https://projectworthmore.org/friendship-tuesdays/>.

More about Project Worthmore and the International Community they serve:

Colorado is home to over 60,000 refugees. Since 2009, the team at Project Worthmore has worked to respond to the direct needs of this community as they navigate a completely new life. Every family served has a unique story, a steadfast courage, and a resilience to survive and rebuild their lives here in the Centennial State.

A refugee is someone who has been forced to flee their country because of persecution, war or violence. An estimated 60,000 people who have fled their home countries now call Colorado home. They came to this country as refugees, and from the day they arrive, they are challenged to forge a new life, pay rent within the first few months of arrival, adapt to a new culture, learn English, and navigate complex networks of public services and administration. The very first thing a refugee owns upon entering the USA is debt: They all must reimburse the cost of their plane tickets, a substantial financial burden, especially for large families.

Before arriving in Colorado, our clients lived all over the world. We serve refugees from over 25 countries who come from diverse cultures and backgrounds, and bring unique skills and perspectives to our community. To learn more about the countries and Project Worthmore visit <https://projectworthmore.org/>.

- **Supporting our City by donating needed items for arriving migrants:** The City is asking for the following items:

- ▶ Hygiene kits that include soap, deodorant, toothpaste and toothbrushes
- ▶ Menstrual hygiene products
- ▶ Diapers sizes 1-6 and baby wipes
- ▶ Socks (new only)

The three locations where donations can be dropped off are the following:

- ▶ **The Dream Center at 2165 Curtis St.**

Coordinated drop offs are being accepted Monday to Thursday between 9 a.m. and 3 p.m. in the front loading zone of the building. Donations can also be dropped off at the small parking lot next to the building. Denverites can email info@denverdc.org to schedule a drop off.

- ▶ **First Baptist Church at 1373 Grant Street** (One of our CHUM partners)

The Interfaith Alliance of Colorado is taking donations beginning May 25. Drop offs can only be made Thursdays from 10 a.m. to 2 p.m.

- ▶ **Servicios de la Raza at 3131 W. 14th Ave.**

Non-perishable food donations can be made at the nonprofit's building Monday to Thursday from 1 to 4 p.m.

Community Events

Sunday

CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Sanctuary / [Zoom](#))

10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass

Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary) - *on summer break*

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

6:30-8:30 pm Ye Wanton Singers (Sanctuary) - *on summer break*

Thursday

6:00 pm Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / info@whiteforestsangha.org)

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Patricia Peterson

Member At-large

303-475-6675

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large