



# OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366

Church Administrator: Debbie Yeager  
Admin Email: [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)

Capitol Heights Presbyterian (CHPC)  
<https://capheightspres.org>  
[chpcnews@gmail.com](mailto:chpcnews@gmail.com)  
Facebook [@capitolheightspreschurch](#)  
Youtube

10:30 Catholic Community  
[www.1030catholic.org](http://www.1030catholic.org)  
Facebook

Dignity Denver  
[www.dignitydenver.org](http://www.dignitydenver.org)  
Facebook  
Dignity: 720-515-GLBT

White Forest Sangha (WFS)  
<https://www.wfszen.org>  
[info@whiteforestsangha.org](mailto:info@whiteforestsangha.org)  
Steve: 303-324-0365

Sunday Worship Services  
Presbyterian 9:30 a.m.  
10:30 Catholic 11:00 a.m.  
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation  
7:00 - 8:15 p.m.

WFS Wednesday Meditation  
6:00 - 8:00 p.m.

WFS Saturday Meditation  
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator ([capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com).

To view the Open Letter online visit [capheightspres.org](http://capheightspres.org) or scan the QR code



## Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, July 30 & August 6, 9:30 AM Service:** All are welcome to join us for a 9:30 AM service held in the sanctuary or online via zoom. The Dialogue at 11 AM will focus on a brief chapter in Eberhard Bethge's book, *Friendship and Resistance*, where he writes about the need for both public expressions of the Confession of Faith in light of social and political challenges, but also that confession requires the practice of Resistance in order to be faithfully and fully lived. We will look at our practice today of *Confession and Resistance* in facing our present challenges to being a faithful humanity for God's sake in our world.

♦ Zoom Link for 9:30 AM Service & 11:00 AM Dialogue

▶ [Click here to Join Zoom Meeting with video](#)

▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#

▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4

- **Thursday, August 3, 7:00 PM:** The next Bonhoeffer Studies Evening is this coming Thursday, August 3rd, and we will learn from letters starting with May 21, 1944 and consider portions of those letters to June 5, 1944 (whose date is in a footnote) along with the poem, "The Past". These readings will help us ponder the *spiritual practices* that support being a faithful humanity in history for God's sake. Whether or not you have access to the letters and poem, we can still discuss content in ways to help all follow the texts. We still have one copy of *The Reader's Edition of Letters and Papers from Prison* in our church library, so let Mark know if you'd like to borrow it. You can also borrow a digital copy of *Letters* from [archive.org](http://archive.org). We will gather via zoom at 7:00 this coming Thursday.

♦ Zoom Link for 7:00 PM Bonhoeffer Study

▶ [Click here to Join Zoom Meeting with video](#)

▶ One tap mobile with a Smartphone: +17193594580,,88669367710# OR +12532050468,,88669367710#

▶ Or Call: (+1) 719 359 4580; enter MEETING ID when prompted: 886 6936 7710 #; PASSCODE 336677

- **Sunday, August 6, 10:30 AM Prayer Gathering for Minnie Baldwin:** The communities at Capitol Heights are invited to join a brief prayer gathering honoring the life of Minnie Baldwin on Sunday, August 6th, at 10:30 am, immediately following the CHPC service. We will meet in the area on the south side of the church and plan to conclude our prayer at 10:50 a.m. This will be a simple service with a final scattering of Minnie's ashes.

- **Denver Presbytery is currently searching** for passionate people to serve within the Presbytery's new structure of ministry. You can read more about the new structure and, if interested, can sign up to share your passion and gifts to serve on a committee of the Presbytery of Denver using [this LINK](#).

- **Read more about current events** with Denver Presbytery in this [Friday ENews](#).

- **The most recent Presbyterian Peace & Justice** newsletter from the Compassion Peace and Justice mission agency is available to [read HERE](#).

- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).



## CHPC Historic Building Restoration Update

As of June 2023 all masonry work on the tower has been completed. The new collector boxes and downspouts on the tower have also been installed.

Work on our west side stained glass windows continue and restoration work is expected to last through the end of the year. You'll see scaffolding and boards on the West side of the building throughout the summer as Watkins Stained Glass does repair and restoration on the non religious windows.



Graham, project manager, updating the team on the window work.

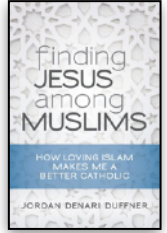


Stained glass work, West Façade

## 10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **The Religious Education Committee and council** are recommending the following book to the Community with plans for a community discussion at one of our Fourth Sunday Discussions in the fall: *Finding Jesus Among Muslims: How Loving Islam Makes Me a Better Catholic* by Jordan Denari Duffner, 2017, Liturgical Press.



- **Please Note: the Community's Website password** has been changed on July 1, 2023 for the community to access the protected sections of the Community Website (council minutes and community directory). You should have received an email on July 1<sup>st</sup> for the new code. If you do not receive that email, please ask a council member for the new code.
- **COVID Safety Protocol:** *Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.*

## Community News

- **Palisade Peach Sale to Benefit PEO:** Mary H. of CHPC will be selling Palisade peaches again this year to benefit PEO, a women's philanthropy supporting higher education for women. These Colorado peaches are always picked ripe, the day before delivery, and are delicious. The price is \$25/half box (10 lbs.), or \$45/whole box (20 lbs.) The delivery date is Saturday, Sept. 2 and Mary can deliver them that day (if you're in the neighborhood) or bring them to church on Sunday, Sept. 3. (Labor Day weekend.) **If you are interested, let Mary know by Sunday, August 13.** Payment will be due by then too. Thanks for considering this!
- **Sunday, August 6, 10:30 AM Prayer Gathering for Minnie Baldwin:** The communities at Capitol Heights are invited to join a brief prayer gathering honoring the life of Minnie Baldwin on Sunday, August 6th, at 10:30 am, immediately following the CHPC service. We will meet in the area on the south side of the church and plan to conclude our prayer at 10:50 a.m. This will be a simple service with a final scattering of Minnie's ashes.
- **Every Tuesday 11:00 AM - 12:30 PM: Together Tuesday Language Support for Immigrants with Jamie Laurie at Project Worthmore (1661 Elmira St., Aurora):** Together Tuesday is all about community building and fun. We help facilitate English language learning, but this isn't your typical English class. Activities include English word games, focused conversation tables, greeting exchanges, group songs, multilingual open mic, and team-building exercises. Volunteers play a key role in facilitating all the fun that we have each week. You also will be invited to begin learning another language! The event begins at 11 and ends at 12:30, but help with setup and takedown is appreciated. To sign up to participate in an upcoming *Together Tuesday* or to register for a *Beyond Babble* first time volunteer training visit <https://projectworthmore.org/friendship-tuesdays/>.
- **2023 Climate Wellness & Resiliency Workshops with 350 Colorado:** Every week for four weeks 350 Colorado will offer workshops that combine teaching, personal explorations, and group activities. The activities come from *The work That Reconnects* by Joanna Macy (author of *Active Hope*). Articles/video/podcast resources for the group will be sent out to engage with ahead of time. **Click HERE to register.**
  - ▶ Thursday 9/14, 6:30 - 8:30 PM - Week 1: Finding your Ground. Coming from gratitude.
  - ▶ Thursday 9/21, 6:30 - 8:30 PM - Week 2: Inviting In. Honoring the pain of the world.
  - ▶ Thursday 9/28, 6:30 - 8:30 PM - Week 3: Widening Circles. Seeing With New & Ancient Eyes.
  - ▶ Thursday 10/5, 6:30 - 8:30 PM - Week 4: Going Forth. Intentions. Transformation.

## Community Events

### Sunday

#### CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Sanctuary / [Zoom](#))

#### 10:30 CC Sunday Schedule

11:00 am Mass (Sanctuary)

#### Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass

#### Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

### Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

### Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary) - *on summer break*

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

6:30-8:30 pm Ye Wanton Singers (Sanctuary) - *on summer break*

### Thursday

6:00 pm Women's AA (Room 104)

### Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / [info@whiteforestsangha.org](mailto:info@whiteforestsangha.org))

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

## Leaders of the Capitol Heights Faith Communities

### Ecumenical Leadership at 1100 Fillmore

#### Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board  
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

#### Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

#### Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

#### Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



#### Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | [flahive@flahive.us](mailto:flahive@flahive.us)

#### Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

### Capitol Heights Presbyterian Church

#### Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

*Position Open*

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

### 10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Patricia Peterson

Member At-large

303-475-6675

### Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large