



# OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366

Church Administrator: Debbie Yeager  
Admin Email: [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)

Capitol Heights Presbyterian (CHPC)  
<https://capheightspres.org>  
[chpcnews@gmail.com](mailto:chpcnews@gmail.com)  
Facebook [@capitolheightspreschurch](#)  
Youtube

10:30 Catholic Community  
[www.1030catholic.org](http://www.1030catholic.org)  
Facebook

Dignity Denver  
[www.dignitydenver.org](http://www.dignitydenver.org)  
Facebook  
Dignity: 720-515-GLBT

White Forest Sangha (WFS)  
<https://www.wfszen.org>  
[info@whiteforestsangha.org](mailto:info@whiteforestsangha.org)  
Steve: 303-324-0365

Sunday Worship Services  
Presbyterian 9:30 a.m.  
10:30 Catholic 11:00 a.m.  
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation  
7:00 - 8:15 p.m.

WFS Wednesday Meditation  
6:00 - 8:00 p.m.

WFS Saturday Meditation  
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator  
([capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com)) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to [capheightsoffice@gmail.com](mailto:capheightsoffice@gmail.com).

To view the Open Letter online visit [capheightspres.org](http://capheightspres.org) or scan the QR code



## District 10 Town Hall

**District 10: Cheesman Park and Congress Park Townhall** with Mayor Mike Johnston in Partnership with Denver City Councilmember Chris Hinds: *You're invited to a community town hall to engage members of the public on current actions and future strategies surrounding the Johnston Administration's Homelessness State of Emergency.*

**WHO:** Mayor Mike Johnston and Councilmember Chris Hinds (District 10)

**WHERE:** Sanctuary, Capitol Heights Presbyterian Church | 1100 Fillmore St

**WHEN:** Wednesday, August 16th at 6:00PM (Doors open at 5:30PM)

Additional District 10 town halls being held in August include:

**August 26 at 11am:** Town Hall for **Central Business District** and **Union Station** neighborhoods co-hosted with Councilwoman Amanda Sandoval, Union Station Great Hall (1701 Wynkoop St).

**August 29 at 4:30pm:** Town hall for **Capitol Hill**, **Uptown**, and **Golden Triangle** neighborhoods, co-hosted with Councilwoman Flor Alvidrez, Central Presbyterian Church (1660 Sherman St)

## Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, August 13, 9:30 AM Service:** All are welcome to join us for a 9:30 AM service held in the sanctuary or online via zoom. There will be no dialogue today as many folks will be joining Jamie and Allison for a Sunday Brunch to celebrate their wedding.
- **Sunday, August 20, 9:30 AM Service & 11:00 AM Dialogue:** All are welcome to attend the 9:30 AM service or 11:00 AM Dialogue in person (in the sanctuary) or online via zoom.
  - ✦ Zoom Link for 9:30 AM Service & Dialogue August 13 - 20
  - ✦ Click here to Join Zoom Meeting with video
  - ✦ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
  - ✦ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Sunday, August 20, 9:30 AM Service & 11:00 AM Dialogue:** All are welcome to attend the 9:30 AM service or 11:00 AM Dialogue in person (in the sanctuary) or online via zoom.
  - ✦ Zoom Link for 9:30 AM Service & 11:00 AM Dialogue
  - ✦ Click here to Join Zoom Meeting with video
  - ✦ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
  - ✦ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Denver Presbytery is currently searching** for passionate people to serve within the Presbytery's new structure of ministry. You can read more about the new structure and, if interested, can sign up to share your passion and gifts to serve on a committee of the Presbytery of Denver using [this LINK](#).
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

## 10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **11:00 AM Mass will be held in** Little Cheesman Park (7th and High St.) throughout



## CHPC Historic Building Restoration Update

As of June 2023 all masonry work on the tower has been completed. The new collector boxes and downspouts on the tower have also been installed.

Work on our west side stained glass windows continue and restoration work is expected to last through the end of the year. You'll see scaffolding and boards on the West side of the building throughout the summer as Watkins Stained Glass does repair and restoration on the non religious windows.



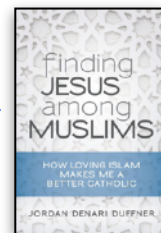
Graham, project manager, updating the team on the window work.



Stained glass work, West Façade

the summer months unless otherwise noted.

- **The Religious Education Committee and council** are recommending the following book to the Community with plans for a community discussion at one of our Fourth Sunday Discussions in the fall: *Finding Jesus Among Muslims: How Loving Islam Makes Me a Better Catholic* by Jordan Denari Duffner, 2017, Liturgical Press.
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.



## Community News

- **Palisade Peach Sale to Benefit PEO:** Mary H. of CHPC will be selling Palisade peaches again this year to benefit PEO, a women's philanthropy supporting higher education for women. These Colorado peaches are always picked ripe, the day before delivery, and are delicious. The price is \$25/half box (10 lbs.), or \$45/whole box (20 lbs.) The delivery date is Saturday, Sept. 2 and Mary can deliver them that day (if you're in the neighborhood) or bring them to church on Sunday, Sept. 3. (Labor Day weekend.) **If you are interested, let Mary know by Sunday, August 13.** Payment will be due by then too. Thanks for considering this!



**CHUM LUNCH HELP Still Needed in August:** There are still **several slots open** to provide lunches to our neighbors in need this month. If you'd like to make lunches but cannot afford the materials to make them, please contact **Diana**. There may be funds available for those with a hardship. **You can sign up to make lunches HERE.** Open dates include:

- **Sunday, August 13** - 50 lunches (Delores Project)
- **Thursday, August 17** - 50 lunches (Warren Residences)
- **Tuesday, August 22** - 50 lunches (St. Francis Center Outreach)
- **Wednesday, August 23** - 2 slots x 25 lunches (Urban Peak)
- **Thursday, August 31** - 50 lunches (St. Francis Center Outreach)
- **August 18 - 20 Friends Foundation Denver Public Library Used Book Sale:** The Denver Public Library Friends Foundation is hosting a Large Multi-Day Used Book Sale at the Historic Elitch Garden Theater ((4550 W. 38th Ave.) from August 18-20. This will be our largest used book sale in 3 years with over 18,000 books! The Used Book Sale will be open at the following times each day:
  - Friday, August 18, 11 a.m. - 6 p.m.
  - Saturday, August 19, 11 a.m. - 6 p.m.
    - Kid-friendly activities including bubbles and story time from 1-4 p.m.
  - Sunday, August 20, 11 a.m. - 2 p.m.
    - Bag Sale - fill a bag with used books for \$12 a bag!
- **Ride Free RTD for Denver Area Youth:** Free fares for youth 19 and younger riding RTD buses and light rail system will begin September 1st. This follows the summer free fare for everyone which will continue through the end of August. For free rides for youth, drivers may ask kids to show a school- or government-issued ID. Read more about the program **HERE**.
- **2023 Climate Wellness & Resiliency Workshops with 350 Colorado:** Every week for four weeks 350 Colorado will offer workshops that combine teaching, personal explorations, and group activities. The activities come from *The work That Reconnects* by Joanna Macy (author of *Active Hope*). Articles/video/podcast resources for the group will be sent out to engage with ahead of time. **Click HERE to register.**
  - Thursday 9/14, 6:30 - 8:30 PM - Week 1: Finding your Ground. Coming from gratitude.
  - Thursday 9/21, 6:30 - 8:30 PM - Week 2: Inviting In. Honoring the pain of the world.
  - Thursday 9/28, 6:30 - 8:30 PM - Week 3: Widening Circles. Seeing With New & Ancient Eyes.
  - Thursday 10/5, 6:30 - 8:30 PM - Week 4: Going Forth. Intentions. Transformation.

## Community Events

### Sunday

#### CHPC Sunday Schedule

9:30 am Service (Sanctuary / [Zoom](#))

11:00 am Dialogue (Sanctuary / [Zoom](#)) - NOTE: There is no dialogue August 13th. The 11AM Dialogues will resume August 20th.

#### 10:30 CC Sunday Schedule

11:00 am Mass (Little Cheesman Park 7th & High Street throughout the summer)

#### Dignity Denver Sunday Schedule

5:00 pm Dignity Denver Mass, Every 1st, 3rd, & 5th Sunday

### Sunday AA

9:00 am Basement Social Hall or South Garden Benches as weather allows.

### Tuesday

5:45 pm NA - "Don't Know Diddly" (Social Hall)

7:00 pm - "*Beginner's Mind Zazen*," meditation with White Forest Sangha

7:00 - 8:30 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

### Wednesday

5:00 pm CHPC Music Rehearsal (Sanctuary) - *on summer break*

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 logon/seating in the zendo

6:15 - 6:55 zazen

6:55 - 7:15 chanting service

7:15 - 7:25 prepare for discussion

7:25 - 8:00 Dharma discussion

8:00 p.m. Bodhisattva vows and closing gathering

6:30 - 8:00 pm Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

6:30-8:30 pm Ye Wanton Singers (Sanctuary) - *on summer break*

### Thursday

6:00 pm Women's AA (Room 104)

### Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 arrive and take seat in zendo

9:30 - 10:10 zazen

10:10 - 10:20 kinhin

10:20 - 11:00 zazen

11:00 - 11:20 service

11:20 informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / [info@whiteforestsangha.org](mailto:info@whiteforestsangha.org))

10:00 am SLAA (Room 104)

10:30 am NA - "Primary Purpose" (Social Hall)

1:00 PM - 10:30 CC Music Rehearsal (Sanctuary)

## Leaders of the Capitol Heights Faith Communities

### Ecumenical Leadership at 1100 Fillmore

#### Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board

Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

#### Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

#### Ecumenical Worship Committee

Bibiana Hager

Jeanne Jeffas

Mary Sullivan

Sylvia Sullivan

CHPC

CHPC

10:30 CC

10:30 CC

#### Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



### Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | [flahive@flahive.us](mailto:flahive@flahive.us)

#### Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC);

Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

### Capitol Heights Presbyterian Church

#### Session Elders:

Sonya Yeager-Meeks

Position Open

Mary Hupp

Rodney Shuff

Charlie Fiser

Bonnie Jensen

(Class of 2023 - 1st Term)

(Class of 2023 - 1st Term)

(Class of 2024 - 1st Term)

(Class of 2024 - 2nd Term)

(Class of 2025 - 1st Term)

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Rev. Bill Sanders

Jeanne Jeffas

Charlie Fiser

Jean Demmler

Spiritual Leader

Moderator

Clerk of Session

Treasurer

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

### 10:30 Catholic Community Council

Bill Dixon

Jim Butz

Gene Lang

Kristen Insana

Meg Johnson

Estela Bogaert-Martinez

Chair

Co-Chair

Treasurer

Secretary

Liturgy Liaison

Adult Religious Education

Co-Liaison

Adult Religious Education

Co-Liaison

Social Action Liaison

Member-At-Large

Member At-large

303-910-2842

303-913-3290

303-399-5692

440-223-0101

303-399-5692

303-618-6617

303-638-5088

703-371-9105

303-296-6315

303-475-6675

### Dignity Denver Board

Brad Cameron

Brad Cameron

Mike Misgen

President

Co-Treasurer

Member at Large





# DISTRICT 10 CHESSMAN PARK AND CONGRESS PARK TOWN HALL

August 16, 2023

*You're invited to a community town hall to engage members of the public on current actions and future strategies surrounding the Johnston Administration's Homelessness State of Emergency.*

WHO: Mayor Mike Johnston and Councilmember Chris Hinds (District 10)

WHERE: Capitol Heights Presbyterian Church | 1100 Fillmore St | Denver, CO 80206

WHEN: Wednesday, August 16th at 6:00PM (Doors open at 5:30PM)

*Painting Credits: A Visit to Congress Park Neighborhood  
by Barbara Froula*