



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
[Facebook @capitolheightspreschurch](https://www.facebook.com/capitolheightspreschurch)
[Youtube.com/@capheights](https://www.youtube.com/@capheights)

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, September 10, 9:30 AM Service:** All are welcome to attend the 9:30 AM service or 11:00 AM Dialogue in person (in the basement lounge) or online via zoom.

- ♦ Zoom Link for 9:30 AM Service & Dialogue

- ▶ [Click here to Join Zoom Meeting with video](#)

- ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#

- ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4

- **September 24, 9:30 AM Peace Service:** From Sept 21 to Oct 2, 2023, (Int'l Day of Peace to Int'l Day of Nonviolence), CHPC will join tens of thousands of people in calling for a culture rooted in nonviolence. For 10 years, Campaign Nonviolence has organized an unprecedented movement for a culture of peace and active nonviolence. As part of the season's events, CHPC will hold a special Peace Service at 9:30 AM on September 24th.

- **Celebration of Ordination:** September 23rd will be the 50th Anniversary of Mark Meeks ordination! To celebrate, we will have refreshments and fellowship following worship service on September 24th and before our 11AM dialogue.

- **Season of Creation, September 1 - October 4:** The beginning of the Season of Creation is quickly approaching on September 1st! On September 1 there will be a worldwide Ecumenical Opening Prayer Service that can be viewed online. A closing prayer service will take place October 4th and can also be seen online ([details HERE](#)). Capitol Heights will have a special Season of Creation worship service on September 3 at 9:30 AM



- **Special Offerings:** September 10th will be the last Sunday to donate to our Pentecost Special Offering. The offering will support the work of our Mission Partnership *Journey with Migrants*. If making a donation, please mark "Journey with Migrants" or "JwM" in the comments so Charlie knows how to direct the donation.

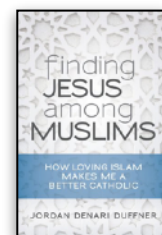
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **11:00 AM Mass will be held** in the Sanctuary back at Church, 1100 Fillmore Street.

- **The Religious Education Committee and council** are recommending the following book to the Community with plans for a community discussion at one of our Fourth Sunday





Prayers for the Season of Creation

“Future generations will never forgive us if we miss the opportunity to protect our common home. We have inherited a garden; we must not leave a desert for our children.”

Jointly shared by Pope Francis, the Ecumenical Patriarch Bartholomew, and Archbishop Justin Welby of Canterbury

PRAYER OF THE FARM WORKERS' STRUGGLE

Show me the suffering of the most miserable,
so I may know my people's plight.
Free me to pray for others,
for you are present in every person.
Help me to take responsibility for my own life,
so that I can be free at last.
Grant me courage to serve others,
for in service there is true life.
Give me honesty and patience,
so that I can work with other workers.
Bring forth song and celebration,
so that the Spirit will be alive among us.
Let the Spirit flourish and grow,
so that we will never tire of the struggle.
Let us remember those who have died for justice,
for they have given us life.
Help us love even those who hate us,
so we can change the world.
Amen.

Cesar Chavez

THE SUMMER DAY

Who made the world?
Who made the swan, and the black bear?
Who made the grasshopper?
This grasshopper, I mean-
the one who has flung herself out of the grass,
the one who is eating sugar out of my hand,
who is moving her jaws back and forth
instead of up and down-
who is gazing around with her enormous
and complicated eyes.
Now she lifts her pale forearms and
thoroughly washes her face.
Now she snaps her wings open, and floats
away.
I don't know exactly what a prayer is.
I do know how to pay attention, how to fall
down
into the grass, how to kneel in the grass,
how to be idle and blessed, how to stroll
through the fields,
which is what I have been doing all day.
Tell me, what else should I have done?
Doesn't everything die at last, and too soon?
Tell me, what is it you plan to do
With your one wild and precious life?

Mary Oliver

Discussions in the fall: *Finding Jesus Among Muslims: How Loving Islam Makes Me a Better Catholic* by Jordan Denari Duffner, 2017, Liturgical Press.

- **The September Community Calendar** is available to see [HERE](#).
- **COVID Safety Protocol:** Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.

Community News

- **Saturday, September 23 Fall South Platte Stewardship Day:** Join The Nature Conservancy and [The Greenway Foundation](#) for a volunteer day to revitalize the South Platte River in Denver! We need your help restoring a local riverside park. Volunteer groups will assist with trash removal, invasive plant removal, tree and plant protection and more. This event is free, and breakfast will be provided for all volunteers. The event will take place from 8:00 - 11:30 AM at Globeville Landing Park (parking instructions will be sent to registered volunteers.) [Click HERE to register.](#)

Please note: this event is for volunteers 12 years of age or older. Families can sign up for the [Fall Family Stewardship Day](#) which will take place at Grant Frontier Park. Teens can sign up for [Greenway Leadership Corps](#).

- **October 1 Ecumenical Service:** Our next Ecumenical Service will take place in the Sanctuary or on zoom at 11AM on Sunday, October 1st. All are welcome to attend! The zoom link for the service will be provided the week before the October service.
- **CHUM Sack Lunch/Breakfast Volunteer Sign Up:** You can now [sign up to provide breakfasts and lunches \(September-October\)](#) to unhoused members of our community. You can also sign up for [November-December](#). Please be sure to visit our [breakfast/lunch project details page](#) as some delivery sites and contacts have changed.

Do you have friends who you think might be interested in The Women's Homelessness Initiative, our breakfast and lunch sign up, and deliveries to help our unhoused neighbors? Please [send us their names and email addresses](#), and we'll put them on our email list so they'll be notified to help. Thank you!

- **September 14, 6:00 - 8:30 PM Cornucopia with Metro Caring:** **Cornucopia** – Metro Caring's annual signature fundraising event will take place on Thursday, September 14 from 6 to 8:30 p.m. at Denver Botanic Gardens (1007 York Street). We would love to welcome as many of our faith community partners and their members as possible! [Click HERE to learn more about the event or purchase tickets.](#)
- **October is Conflict Resolution Month:** We have one month until October 2023 Conflict Resolution Month in Colorado. Every year a book is selected by Conflict Resolution Month synergizers and delivered to all Representatives and Senators in the Colorado Legislature, as well as judges of Denver District Court, and to a number of Little Free Libraries throughout the Denver area. The book selected for 2023 is titled "[Listen Like You Mean It: Reclaiming the Lost Art of True Connection](#)," by Ximena Vengoechea (2021). A list of past recommended books is listed at the CR Month web site at <https://conflictresolutionmonth.org/resources/book/>. To see more events and tools for conflict resolution visit conflictresolutionmonth.org.
- **Ride Free RTD for Denver Area Youth** Free fares for youth 19 and younger riding RTD buses and light rail system will begin September 1st. This follows the summer free fare for everyone which will continue through the end of August. For free rides for youth, drivers may ask kids to show a school- or government-issued ID. Read more about the program [HERE](#).

Community Events

Sunday

CHPC Sunday Schedule

9:30 AM Service (Sanctuary / [Zoom](#))

11:00 AM Dialogue (Basement Lounge / [Zoom](#)) - NOTE:

10:30 CC Sunday Schedule

11:00 AM Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 PM Dignity Denver Mass, Every 1st, 3rd, & 5th Sunday

Sunday AA

9:00 AM Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 PM; NA - "Don't Know Diddly" (Social Hall)

7:00 PM - "*Beginner's Mind Zazen*," meditation with White Forest Sangha

7:00 - 8:30 PM Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 PM CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 PM logon/seating in the zendo

6:15 - 6:55 PM zazen

6:55 - 7:15 PM chanting service

7:15 - 7:25 PM prepare for discussion

7:25 - 8:00 PM Dharma discussion

8:00 PM Bodhisattva vows and closing gathering

6:30-8:30 OM Ye Wanton Singers (Sanctuary)

Thursday

6:00 PM Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 AM arrive and take seat in zendo

9:30 - 10:10 AM zazen

10:10 - 10:20 AM kinhin

10:20 - 11:00 AM zazen

11:00 - 11:20 AM service

11:20 AM informal tea

For more information contact Steve Mushin Crisman ([303-324-0365](tel:303-324-0365) / info@whiteforestsangha.org)

10:00 AM SLAA (Room 104)

10:30 AM NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Bill Dixon

Chair

303-910-2842

Jim Butz

Co-Chair

303-913-3290

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Patricia Peterson

Member At-Large

303-475-6675

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large