



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](https://www.facebook.com/capitolheightspreschurch)
Youtube.com/[@capheights](https://www.youtube.com/@capheights)

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Community News

- **October 1 Ecumenical Service:** The Ecumenical Service will take place in the Sanctuary or on zoom at 11AM on Sunday, October 1st. All are welcome to attend!
 - ✦ Zoom Link for 11:00 AM Ecumenical Service
 - ▶ [Click here to Join Zoom Meeting with video](#)
 - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
 - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Sunday, October 22 11:30 AM Children's Ministry Service Project:** On Oct. 22 we will gather in church kitchen at 11:30 to prepare 50 breakfast's for WHI. Please register to participate and direct any questions to Debbie Yeager at debayeager@aol.com.

Any Catholic families seeking First Communion for their children/grandchildren please contact Cristina Palma-Vega Dixon at nanapv@msn.com

- **CHUM Sack Lunch/Breakfast Volunteer Sign Up:** You can now [sign up to provide breakfasts and lunches for October](#) to unhoused members of our community. You can also sign up for [November-December](#). Please be sure to visit our [breakfast/lunch project details page](#) as some delivery sites and contacts have changed.

Do you have friends who you think might be interested in The Women's Homelessness Initiative, our breakfast and lunch sign up, and deliveries to help our unhoused neighbors? Please [send us their names and email addresses](#), and we'll put them on our email list so they'll be notified to help. Thank you!

- **October is Conflict Resolution Month:** We have one month until October 2023 Conflict Resolution Month in Colorado. Every year a book is selected by Conflict Resolution Month synergizers and delivered to all Representatives and Senators in the Colorado Legislature, as well as judges of Denver District Court, and to a number of Little Free Libraries throughout the Denver area. The book selected for 2023 is titled "[Listen Like You Mean It: Reclaiming the Lost Art of True Connection](#)," by Ximena Vengoechea (2021). A list of past recommended books is listed at the CR Month web site at <https://conflictresolutionmonth.org/resources/book/>. To see more events and tools for conflict resolution visit conflictresolutinomonth.org.

Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, October 1, **11:00 AM** Ecumenical Service:** All are welcome to attend the 11:00 AM Ecumenical service in person in the Sanctuary or online via zoom.
 - ✦ Zoom Link for 9:30 AM Service & Dialogue
 - ▶ [Click here to Join Zoom Meeting with video](#)
 - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
 - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4
- **Friday, October 27, 6:30 PM:** Cary, Ray, Ceaghan and Caitlee would like to invite you to the annual Mead Halloween party on Friday, October 27 at 6:30PM - end of party. As usual, costumes are highly encouraged, but not



Poems for the Season of Creation

IN PRAISE OF MYSTERY: A POEM FOR EUROPA

by Ada Limón, US Poet Laureate

Arching under the night sky inky
with black expansiveness, we point
to the planets we know, we

pin quick wishes on stars. From earth,
we read the sky as if it is an unerring
book
of the universe, expert and evident.

Still, there are mysteries below our
sky:
the whale song, the songbird singing
its call in the bough of a wind-shaken
tree.

We are creatures of constant awe,
curious at beauty, at leaf and blossom,
at grief and pleasure, sun and shadow.

And it is not darkness that unites us,
not the cold distance of space, but
the offering of water, each drop of
rain,

each rivulet, each pulse, each vein.
O second moon, we, too, are made
of water, of vast and beckoning seas.

We, too, are made of wonders, of
great
and ordinary loves, of small invisible
worlds,
of a need to call out through the dark.

As part of her laureateship, Ada Limón wrote an original poem, "In Praise of Mystery: A Poem for Europa," dedicated to NASA's Europa Clipper mission.

On June 1, 2023, Limón debuted "In Praise of Mystery" to kick off the NASA "Message in a Bottle" campaign, [which invites people around the world to sign their names to the poem.](#)

The poem will be engraved on the Clipper, along with participants' names that will be etched onto microchips mounted on the spacecraft. Together, the poem and participant's names will travel 1.8 billion miles on Europa Clipper's voyage to the Jupiter system.

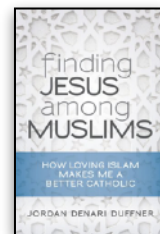
required. It is a potluck, so come prepared to eat & have fun! Children of All ages (1-100) are welcome. The party will be held at the Mead household at 3704 S. Hudson St. Any questions, call/text Cary at 303-908-8202.

- **The October Presbyterian Justice & Peace Newsletter** can be read [HERE](#). To see local Presbytery news check out Denver Presbytery's September 29th [E-News HERE](#).
- **PC(USA) Disaster Relief and Prayer, Libya and Morocco:** Presbyterian Disaster Assistance is connecting with partners on the ground in Libya to coordinate a response to devastating flooding, which has resulted in more than 5,000 deaths. Please join us in praying for all affected communities. Gifts to support the response to be designated to DR999999-Libya. bit.ly/LF23-SM
Earthquake in Morocco: While Presbyterian Disaster Assistance does not currently have partners in Morocco, we are reaching out to organizations through [Presbyterian World Mission](#) and [ACT Alliance](#). Gifts to support a response to this earthquake can be designated to [DR999999](#) and reference Morocco. Please join us in praying for all affected by the devastating earthquake.
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **11:00 AM Mass will be held** in the Sanctuary back at Church, 1100 Fillmore Street.
- **The Religious Education Committee and council** are recommending the following book to the Community with plans for a community discussion at one of our Fourth Sunday Discussions in the fall: [Finding Jesus Among Muslims: How Loving Islam Makes Me a Better Catholic](#) by Jordan Denari Duffner, 2017, Liturgical Press.
- **COVID Safety Protocol:** *Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.*



Community Events

Sunday

CHPC Sunday Schedule

9:30 AM Service (Sanctuary / [Zoom](#))

11:00 AM Dialogue (Basement Lounge / [Zoom](#)) - NOTE:

10:30 CC Sunday Schedule

11:00 AM Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 PM Dignity Denver Mass, Every 1st, 3rd, & 5th Sunday

Sunday AA

9:00 AM Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 PM; NA - "Don't Know Diddly" (Social Hall)

7:00 PM - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 PM Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 PM CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 PM logon/seating in the zendo

6:15 - 6:55 PM zazen

6:55 - 7:15 PM chanting service

7:15 - 7:25 PM prepare for discussion

7:25 - 8:00 PM Dharma discussion

8:00 PM Bodhisattva vows and closing gathering

6:30-8:30 PM Ye Wanton Singers (Sanctuary)

Thursday

6:00 PM Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 AM arrive and take seat in zendo

9:30 - 10:10 AM zazen

10:10 - 10:20 AM kinhin

10:20 - 11:00 AM zazen

11:00 - 11:20 AM service

11:20 AM informal tea

For more information contact Steve Mushin Crisman (303-324-0365 / info@whiteforestsangha.org)

10:00 AM SLAA (Room 104)

10:30 AM NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Jim Butz

Chair

303-913-3290

Katie Theisen

Co-Chair

303-756-0507

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Kyle Gross

Member At-large

303-733-7199

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large