



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](https://www.facebook.com/capitolheightspreschurch)
Youtube.com/[@capheights](https://www.youtube.com/@capheights)

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

• **Sunday, November, 9:30 AM Service, 11AM Dialogue, & 12:30 PM Session:** All are welcome to attend the 9:30 AM service or 11AM dialogue in person or on zoom. Our dialogue at 11AM will be *A Brief Reflection on the Hebrew Bible with Discussion of Zionism in Today's Crisis in Israel - Palestine* led by Mark and Tom. They will reflect both on Christian and Jewish shared biblical tradition of the Hebrew Bible, as well as consider the contemporary challenge of Zionism and the plight of the Palestinian population. Tom will provide some historic overview of that history, pondering it in the context of the Hebrew Bible. At 12:30 PM our Session will gather online and in the basement lounge for the monthly meeting.

- ◆ **Zoom Link for 9:30 AM Service**
- ▶ **Click here to Join Zoom Meeting with video**
- ▶ **One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#**
- ▶ **Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4**

• **Sunday, November 12, 11:00 AM:** Children are invited to join in a Sunday School class in our basement room off the Social Hall from 11:00 AM - 12:00 PM. Following the lesson families are encouraged to participate in the Rice and Bean Social Service Sunday that will begin close to 12PM in the Social Hall.

• **November 12, 12:00 PM Social Service Sunday:** All are invited to participate in the Rice and Bean Bag break down in support of Metro Caring. The event will be held at 12PM in the basement Social Hall following mass.

• **Thursday, December 7, 7:00 PM** Our Next Bonhoeffer Study will take place on **zoom** the first Thursday in December. We will be reading letters from July 21 - End of July, 1944.

• **Sunday, December 10, 11:00 AM Congregational Meeting:** Capitol Heights' annual congregational meeting will take place in the basement lounge (and on zoom) at 11AM. All are welcome to join and CHPC members are especially encouraged to participate as we vote on items pertaining to our community for 2024.

• **Contributions to Disaster Relief for the Middle East** can be made through the Presbyterian Disaster Assistance. More information [HERE](#).

• **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

• **11:00 AM Mass is held on Sunday's** in the Sanctuary at 1100 Fillmore Street.

• **Sunday, November 12, 11:00 AM:** Children are invited to join in a Sunday



All Saints Day

Image: A Gathering of Spirits
© Jan L. Richardson

FOR THOSE WHO WALKED WITH US
Blessing written by Jan L. Richardson

For those
who walked with us,
this is a prayer.

For those
who have gone ahead,
this is a blessing.

For those
who touched and tended us,
who lingered with us
while they lived,
this is a thanksgiving.

For those
who journey still with us
in the shadows of awareness,
in the crevices of memory,
in the landscape of our dreams,
this is a benediction.

HOW THE YOUNG ARE TAUGHT
Sabbath Poems, 2005 (VIII.)
Wendell Berry

I tremble with gratitude
for my children and their children
who take pleasure in one another.

At our dinners together, the dead
enter and pass among us
in living love and in memory.

And so the young are taught.



School class in our basement room off the Social Hall from 11:00 AM - 12:00 PM on November 12th. Following the lesson families are encouraged to participate in the Rice and Bean Social Service Sunday that will begin close to 12PM in the Social Hall.

- **November 12, 12:00 PM Social Service Sunday:** All are invited to participate in the Rice and Bean Bag break down in support of Metro Caring. The event will be held at 12PM in the basement Social Hall following mass.
- **The American Friends Service Committee** has sent out an appeal for support for the 100's of folks arriving from the southern border every day. Support efforts include:
 - **Gift Cards for Newly arrived Immigrants - Sponsored by Colorado Hosting Asylum Network (CHAN)** - Patrick Buckley will collect the gift cards on behalf of our communities on Sunday morning's and deliver them to CHAN.
 - **Clothing Donation Drop off - find list of specific clothing request [HERE](#).**
 - The City and County of Denver is providing a weekly update on the support given to migrants who have arrived in Denver from Central and South America. You can find the weekly updates [HERE](#).
- **Any Catholic families seeking First Communion** for their children/grandchildren please contact Cristina Palma-Vega Dixon at nanapv@msn.com
- **The Religious Education Committee and council** are recommending the following book to the Community with plans for a community discussion at one of our Fourth Sunday Discussions in the fall: *Finding Jesus Among Muslims: How Loving Islam Makes Me a Better Catholic* by Jordan Denari Duffner, 2017, Liturgical Press.
- **COVID Safety Protocol:** *Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.*

Community News

- **Sunday, November 5, 12:00 PM Another Afghan Dinner!** Tricia Huth from 10:30 CC is working with Wellshire Presbyterian Church to organize another Afghan dinner featuring the cooking of the Homzolay women who have made two meals for our shared communities. Members of the 1100 Fillmore Faith Communities are invited to participate. Here are the details:
The event will be hosted at Wellshire Presbyterian Church (2999 S. Colorado Blvd.) The dishes will be prepared by the extended Hamzolay families, who settled in the Denver area after escaping the Taliban in Afghanistan two years ago. A number of churches in the Denver Presbytery have been working with the families to build new lives here. "Pay as you wish" contributions will greatly help them as they remain squeezed financially during a challenging period of adjustment. Register for the lunch at coloafghans@gmail.com as seating is limited. Please include name, email address, phone number, and number of people in your party. Hope you can attend!
- **Sunday, November 5, 3:00 PM - 5:00 PM:** Colorado Faith Communities United to End Gun Violence General Meeting. Register and learn more [HERE](#).
- **CHUM-WHI Lunch Help Needed in November:** November is fast approaching and it's getting cold outside. You can help our unhoused neighbors by providing breakfasts or lunches to our partner agencies. There are several open slots in early November that we need to fill. **Please sign up today!**
 - **Thursday, November 9** - St. Francis Center Outreach (50 lunches)
 - **Wednesday, November 15** - Urban Peak (2 slots of 25 lunches)
 - **Friday, November 17** - Colorado Coalition for the Homeless (50 lunches)
- **November 12, 12:00 PM Social Service Sunday:** The 10:30 Catholic Community will once again host a Rice and Bean Bag break down in support of Metro Caring. All are invited to attend the event held in the basement Social Hall following mass.

Community Events

Sunday

CHPC Sunday Schedule

9:30 AM Service (Sanctuary / [Zoom](#))

11:00 AM Dialogue (Basement Lounge / [Zoom](#))

10:30 CC Sunday Schedule

11:00 AM Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 PM Dignity Denver Mass, Every 1st, 3rd, & 5th Sunday

Sunday AA

9:00 AM Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 PM; NA - "Don't Know Diddly" (Social Hall)

7:00 PM - "*Beginner's Mind Zazen*," meditation with White Forest Sangha

7:00 - 8:30 PM Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 PM CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 PM logon/seating in the zendo

6:15 - 6:55 PM zazen

6:55 - 7:15 PM chanting service

7:15 - 7:25 PM prepare for discussion

7:25 - 8:00 PM Dharma discussion

8:00 PM Bodhisattva vows and closing gathering

6:30-8:30 PM Ye Wanton Singers (Sanctuary)

Thursday

6:00 PM Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 AM arrive and take seat in zendo

9:30 - 10:10 AM zazen

10:10 - 10:20 AM kinhin

10:20 - 11:00 AM zazen

11:00 - 11:20 AM service

11:20 AM informal tea

For more information contact Steve Mushin Crisman ([303-324-0365](tel:303-324-0365) / info@whiteforestsangha.org)

10:00 AM SLAA (Room 104)

10:30 AM NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Jim Butz

Chair

303-913-3290

Katie Theisen

Co-Chair

303-756-0507

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Kyle Gross

Member At-large

303-733-7199

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large

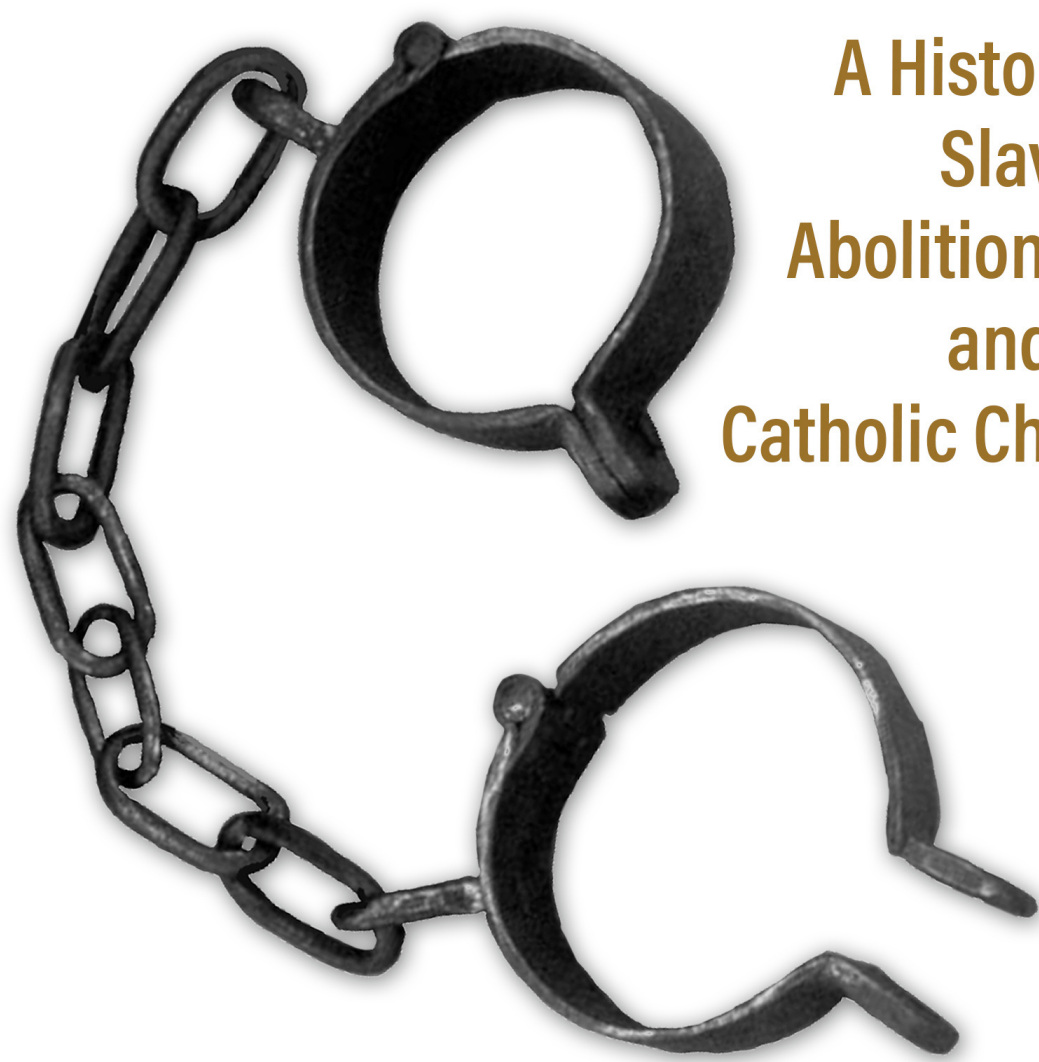
SLAVERY, THE CATHOLIC CHURCH AND LESSONS FOR TODAY

SPECIAL GUEST SPEAKER

FR. CHRIS KELLERMAN, SJ

SECRETARY OF JUSTICE AND ECOLOGY
JESUIT CONFERENCE OF CANADA AND THE UNITED STATES

All Oppression Shall Cease



A History of
Slavery,
Abolitionism,
and the
Catholic Church

CHRISTOPHER J. KELLERMAN, SJ

**TUESDAY
NOVEMBER 14, 2023
7:00 PM**

REGIS UNIVERSITY CHAPEL



- Author Talk
- Conversation
- Music
- Book Sale benefiting The Knights of Peter Claver
- Refreshments

*This event is free
and open to the public*

ST. JOHN FRANCIS REGIS CHAPEL- REGIS UNIVERSITY

3333 W. REGIS BLVD, DENVER
NW CORNER OF CAMPUS - EVENT PARKING IN LOT #4
ENTRANCE 4 (LOWELL BLVD BETWEEN 52ND & 53RD AVES)