



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](https://www.facebook.com/capitolheightspreschurch)
Youtube.com/[@capheights](https://www.youtube.com/@capheights)

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, November 19, 9:30 AM Service & 11AM Dialogue:** All are welcome to attend the 9:30 AM service & 11AM dialogue in person or on zoom. For the in person folks, you are invited to attend a brief Thanksgiving Koinonia in our social hall downstairs. Light refreshments will be offered. Our dialogue at 11AM continues our discussion seeking understanding and service for good amid the continuing conflict of Israelis and Palestinians compelling our engagement today. This will include a little reflection from the life and witness of Dietrich Bonhoeffer that includes words from Rabbi A. James Rudin.

- ◆ **Zoom Link for 9:30 AM Service**
 - ▶ [Click here to Join Zoom Meeting with video](#)
 - ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
 - ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4

- **Thursday, December 7, 7:00 PM** Our Next Bonhoeffer Study will take place on [zoom](#) the first Thursday in December. We will be reading letters from July 21 - End of July, 1944.

- **Peace Offering - Month of December:** Our peace offering will be received until December 31st. 75% of the offering will go to the PCUSA national peace efforts and 25% of the offering will stay local. Session has voted that this years local portion will be given to the **Teller Elementary Backpack Friends**. Here is some information about the backpack program:

According to a survey completed in April 2021 by Hunger Free Colorado, 1 in 6 children are not receiving adequate nutrition. The COVID-19 pandemic amplified the issue and increased the number of families in need of support.

Backpack Friends and The Teller Pantry are a hyper local, community supported option for any family that is in need. We offer food and supplies at no cost to community members and strive to offer fresh, nutritious, and desirable food options for all families.

The Pantry has recently undergone an expansion and renovation. The pantry inventory is primarily focused on food, however, we also strive to provide personal hygiene and home cleaning items when possible.

- **Sunday, December 10, 11:00 AM Congregational Meeting:** Capitol Heights' annual congregational meeting will take place in the basement lounge (and on zoom) at 11AM. All are welcome to join and CHPC members are especially encouraged to participate as we vote on items pertaining to our community for 2024.
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **11:00 AM Mass is held on Sunday's** in the Sanctuary at 1100 Fillmore Street.
- **The American Friends Service Committee** has sent out an appeal for support



Gratitude for Wonder

IN PRAISE OF MYSTERY: A POEM FOR EUROPA

Ada Limón
US Poet Laureate

Arching under the night sky inky
with black expansiveness, we point
to the planets we know, we

pin quick wishes on stars. From earth,
we read the sky as if it is an unerring book
of the universe, expert and evident.

Still, there are mysteries below our sky:
the whale song, the songbird singing
its call in the bough of a wind-shaken tree.

We are creatures of constant awe,
curious at beauty, at leaf and blossom,
at grief and pleasure, sun and shadow.

And it is not darkness that unites us,
not the cold distance of space, but
the offering of water, each drop of rain,

each rivulet, each pulse, each vein.
O second moon, we, too, are made
of water, of vast and beckoning seas.

We, too, are made of wonders, of great
and ordinary loves, of small invisible
worlds,
of a need to call out through the dark.

Quotes from Abraham Joshua Heschel:

“Our goal should be to live life in radical amazement.get up in the morning and look at the world in a way that takes nothing for granted. Everything is phenomenal; everything is incredible; never treat life casually. To be spiritual is to be amazed.”

“Never once in my life did I ask God for success or wisdom or power or fame. I asked for wonder, and he gave it to me.”

“The problem to be faced is: how to combine loyalty to one's own tradition with reverence for different traditions.”

“...morally speaking, there is no limit to the concern one must feel for the suffering of human beings, that indifference to evil is worse than evil itself, that in a free society, some are guilty, but all are responsible.”

for the 100's of folks arriving from the southern border every day. Support efforts include:

- **Gift Cards for Newly arrived Immigrants - Sponsored by Colorado Hosting Asylum Network (CHAN)** - Patrick Buckley will collect the gift cards on behalf of our communities on Sunday morning's and deliver them to CHAN.
- **Clothing Donation Drop off - find list of specific clothing request [HERE](#).**
- The City and County of Denver is providing a weekly update on the support given to migrants who have arrived in Denver from Central and South America. You can find the weekly updates [HERE](#).

- **Community Contribution:** The Community donated \$500 to the rental assistance fund of the Saint Vincent de Paul Society.
- **Any Catholic families seeking First Communion** for their children/grandchildren please contact Cristina Palma-Vega Dixon at nanapv@msn.com
- **COVID Safety Protocol:** *Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.*

Community News

- **Tuesday, November 21, 2:00 PM MT:** You are invited to join a conversation with the authors of the groundbreaking new book *The Wall Between: What Jews and Palestinians Don't Want to Know About Each Other* by Raja Khouri and Jeff Wilkinson. Described by Peter Beinart as "wise, engaging and deeply humane," *The Wall Between* offers concrete ways for Jews and Palestinians to speak (and listen) differently to each other. [Use this LINK](#) to register to attend the zoom gathering.
- **Friday, December 1, 6:00 PM, World AIDS Day Observance:** Interfaith and Ecumenical Community Event at Park Hill United Methodist Church (5209 Montview Blvd. 80207). Beginning at 6PM with a candlelight walk in remembrance of those lost to HIV, followed by a Service of Healing & Hope and refreshments. The speaker will be Davina Conner from Prevention Access Campaign.
- **December 3, 11:00 AM Ecumenical Service:** We look forward to starting the beginning of the Church New Year with a joint Ecumenical service on the first Sunday in Advent. You can attend the service in person or via [zoom](#).
- **Sunday, December 10, 10:00 AM - 2:00 PM:** CHPC and friends are having a Christmas Market in the Social Hall on Sunday, December 10 from 10:00-2:00. We will have gifts from our Afghan Women community, EarthLinks and many others! If you have interest to offer any homemade gifts please contact: Pat Foster 303-913-9433 or Debbie Yeager 303-519-5683 before Thanksgiving. **The next Sunday, December 17,** will hold Carols by Candlelight at 7:00 pm in the Sanctuary.
- **Wednesday, December 6, 4:30-5:45PM:** Candlelight Vigil to Remember Victims of Gun Violence Messiah Community Church, 1750 North Colorado Blvd. Colorado Faith Communities United to End Gun Violence will host the vigil. Folks will meet at Messiah Community Church at 4:30 for a time of prayer and reflection before spreading across the intersection at 17th & Colorado with signs and flashlights.
- **CHUM-WHI Lunch Help Needed in November:** November is fast approaching and it's getting cold outside. You can help our unhoused neighbors by providing breakfasts or lunches to our partner agencies. There are still open slots in November & December to be filled. [Please sign up today!](#)
- **Project Worthmore News:** There is a big job opening for a key position at Project Worthmore (where Jamie Laurie works). You can see the [job description HERE](#) and if you know of someone who may be a good candidate for the position please feel free to share this information with them.

Community Events

Sunday

CHPC Sunday Schedule

9:30 AM Service (Sanctuary / [Zoom](#))

11:00 AM Dialogue (Basement Lounge / [Zoom](#))

10:30 CC Sunday Schedule

11:00 AM Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 PM Dignity Denver Mass, Every 1st, 3rd, & 5th Sunday

Sunday AA

9:00 AM Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 PM; NA - "Don't Know Diddly" (Social Hall)

7:00 PM - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 PM Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 PM CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 PM logon/seating in the zendo

6:15 - 6:55 PM zazen

6:55 - 7:15 PM chanting service

7:15 - 7:25 PM prepare for discussion

7:25 - 8:00 PM Dharma discussion

8:00 PM Bodhisattva vows and closing gathering

6:30-8:30 PM Ye Wanton Singers (Sanctuary)

Thursday

6:00 PM Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 AM arrive and take seat in zendo

9:30 - 10:10 AM zazen

10:10 - 10:20 AM kinhin

10:20 - 11:00 AM zazen

11:00 - 11:20 AM service

11:20 AM informal tea

For more information contact Steve Mushin Crisman ([303-324-0365](tel:303-324-0365) / info@whiteforestsangha.org)

10:00 AM SLAA (Room 104)

10:30 AM NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Jim Butz

Chair

303-913-3290

Katie Theisen

Co-Chair

303-756-0507

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Kyle Gross

Member At-large

303-733-7199

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large