



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
<https://capheightspres.org>
chpcnews@gmail.com
[Facebook @capitolheightspreschurch](https://www.facebook.com/capitolheightspreschurch)
[Youtube.com/@capheights](https://www.youtube.com/@capheights)

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org
Steve: 303-324-0365

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

To view the Open Letter online visit capheightspres.org or scan the QR code



Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, December 3 Ecumenical Service at 11:00 AM:** We look forward to starting the beginning of the Church New Year with a joint Ecumenical service held at 11:00 AM on the first Sunday in Advent. You can attend the service in person or via **zoom**. Please note, this Sunday there will not be a 9:30 AM but our service will start an hour and a half later, at 11AM.

♦ **Zoom Link for 11:00 AM Ecumenical Service**

▶ **Click here to Join Zoom Meeting with video**

▶ **One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#**

▶ **Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4**

- **Thursday, December 7, 7:00 PM** Our Next Bonhoeffer Study will take place on **zoom** the first Thursday in December. We will be reading letters from July 21 - End of July, 1944.

- **Peace Offering - Month of December:** Our peace offering will be received until December 31st. 75% of the offering will go to the PCUSA national peace efforts and 25% of the offering will stay local. Session has voted that this years local portion will be given to the **Teller Elementary Backpack Friends**.

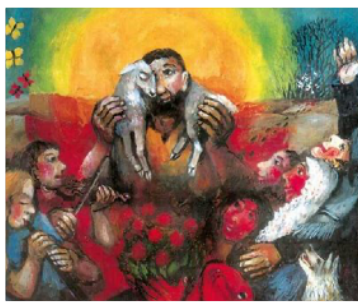
According to a survey completed in April 2021 by Hunger Free Colorado, 1 in 6 children are not receiving adequate nutrition. Backpack Friends and The Teller Pantry are a hyper local, community supported option for any family that is in need. We offer food and supplies at no cost to community members and strive to offer fresh, nutritious, and desirable food options for all families.

- **Sunday, December 10, 11:00 AM Congregational Meeting:** Capitol Heights' annual congregational meeting will take place in the basement lounge (and on zoom) at 11AM. All are welcome to join and CHPC members are especially encouraged to participate as we vote on items pertaining to our community for 2024.

- **It's CHPC covenant time:** Once again, Session would ask all to communicate their 2024 financial pledges to Charlie. Any amount is welcome and valued, and this information is confidential, for Charlie's eyes only. It is very helpful for him to know *the annual amount you anticipate contributing, *whether you intend to make one yearly contribution or monthly or periodic payments, and *when your payment, if yearly, will be made. Please strive to send your pledge to Charlie by December 8, so he has that information when he reviews the 2024 budget with us on December 10, at our annual congregational meeting following the service. Just send a short email to Charlie at 116doverroad@centurylink.net. See you at the congregational meeting and thanks so very much!

- **Sunday, December 17, 7:00 PM:** All are invited to attend our annual Carols by Candlelight service which will take place at 7PM in the Sanctuary.

- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).



Reflections & Quotes for the Advent Season

THOMAS MERTON (1915 - 1968)

“Into this world, this demented inn, in which there is absolutely no room for him at all, Christ has come uninvited. But because he cannot be at home in it, because he is out of place in it, and yet he must be in it, his place is with those others for whom there is no room. His place is with those who do not belong, who are rejected by power because they are regarded as weak, those who are discredited, who are denied the status of persons, tortured, exterminated. With those for whom there is no room, Christ is present in this world.”

MEISTER ECKHART (c. 1260 - c. 1328)

Every single creature is full of God and is a book about God.

Every creature is a word of God.

If I spent enough time with the tiniest creature - even a caterpillar - I would never have to prepare a sermon. So full of God is every creature.

FROM THE BOOK OF JOB 12:7-8

But ask the animals - they will teach you - and the birds in the air - they will tell you; or speak to the earth - it will teach you - and the fish in the sea will inform you.

ABRAHAM JOSHUA HESCHEL (1907 - 1972)

The beginning of our happiness lies in the understanding that life without wonder is not worth living. What we lack is not a will to believe but a will to wonder.

MARY OLIVER (1935 - 2019)

But nothing you ever understand will be sweeter,

or more binding,

than this deepest affinity between your eyes and the world.

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

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 - **The American Friends Service Committee** has sent out an appeal for support for the 100's of folks arriving from the southern border every day. Support efforts include:
 - **Gift Cards for Newly arrived Immigrants - Sponsored by Colorado Hosting Asylum Network (CHAN)** - Patrick Buckley will collect the gift cards on behalf of our communities on Sunday morning's and deliver them to CHAN.
 - **Clothing Donation Drop off - find list of specific clothing request [HERE](#).**
 - The City and County of Denver is providing a weekly update on the support given to migrants who have arrived in Denver from Central and South America. You can find the weekly updates [HERE](#).
 - **Community Contribution:** The Community donated \$500 to the rental assistance fund of the Saint Vincent de Paul Society.
 - **Any Catholic families seeking First Communion** for their children/grandchildren please contact Cristina Palma-Vega Dixon at nanapv@msn.com
 - **COVID Safety Protocol:** *Council requests that members who test positive for COVID and attended mass (or another 10:30 community function) at a time when they may have been infectious to pass that information along to the Chair so that other members can be informed and supported.*
- ### Community News
- **December 3, 11:00 AM Ecumenical Service:** We look forward to starting the beginning of the Church New Year with a joint Ecumenical service on the first Sunday in Advent. You can attend the service in person or via [zoom](#).
 - **Wednesday, December 6, 4:30-5:45PM:** Candlelight Vigil to Remember Victims of Gun Violence Messiah Community Church, 1750 North Colorado Blvd. Colorado Faith Communities United to End Gun Violence will host the vigil. Folks will meet at Messiah Community Church at 4:30 for a time of prayer and reflection before spreading across the intersection at 17th & Colorado with signs and flashlights.
 - **Friday, December 8, 7:00 PM:** Social Justice Film Series Presents *Fracking the System: Colorado's Oil and Gas Wars*. The viewing will be hosted at First Universalist Church (4101 E Hampden Ave.) with doors open by 6:30 PM. Tickets to this event are free but please [reserve your tickets HERE](#) so the hosts know how many to expect.
 - **An Invitation to Pack Snacks for Newly Arriving Migrants:** The American Friends Service Committee is holding a snack packing “party” on Dec. 9 from 11-1pm. Migrants receive snack packs of non-perishable foods upon arrival at Denver's Migrant Intake Center. Snacks are packed into individual plastic bags for distribution. If you would like to join this effort, it will be held at the AFSC office at 1420 Ogden St. Denver, CO. Please rsvp to Dana Miller pompomdana@gmail.com by Dec. 5 as she is organizing the work and needs to know how many persons will be working on the project.
 - **Sunday, December 10, 10:00 AM - 2:00 PM:** Capitol Heights Faith Communities and friends are having a Christmas Market in the Social Hall on Sunday, December 10 from 10:00-2:00. We will have gifts from our Afghan Women community, EarthLinks and many others!

Community Events

Sunday

CHPC Sunday Schedule

11:00 AM Ecumenical Service (Sanctuary / [Zoom](#))

10:30 CC Sunday Schedule

11:00 AM Ecumenical Service (Sanctuary / [Zoom](#))

Dignity Denver Sunday Schedule

5:00 PM Dignity Denver Mass, Every 1st, 3rd, & 5th Sunday

Sunday AA

9:00 AM Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 PM; NA - "Don't Know Diddly" (Social Hall)

7:00 PM - "Beginner's Mind Zazen," meditation with White Forest Sangha

7:00 - 8:30 PM Comedy Is Therapy with Dr. Alison Sheesley for people struggling with social or generalized anxiety. (Nursery)

Wednesday

5:00 PM CHPC Music Rehearsal (Sanctuary)

White Forest Sangha Meditation (Basement Meditation Room)

6:00 - 6:15 PM logon/seating in the zendo

6:15 - 6:55 PM zazen

6:55 - 7:15 PM chanting service

7:15 - 7:25 PM prepare for discussion

7:25 - 8:00 PM Dharma discussion

8:00 PM Bodhisattva vows and closing gathering

6:30-8:30 PM Ye Wanton Singers (Sanctuary)

Thursday

6:00 PM Women's AA (Room 104)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 AM arrive and take seat in zendo

9:30 - 10:10 AM zazen

10:10 - 10:20 AM kinhin

10:20 - 11:00 AM zazen

11:00 - 11:20 AM service

11:20 AM informal tea

For more information contact Steve Mushin Crisman ([303-324-0365](tel:303-324-0365) / info@whiteforestsangha.org)

10:00 AM SLAA (Room 104)

10:30 AM NA - "Primary Purpose" (Social Hall)

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

Leadership Team Members

Bonita Bock (Augustana Lutheran); Cass Cronan (Earthlinks); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Sonya Yeager-Meeks

(Class of 2023 - 1st Term)

Position Open

(Class of 2023 - 1st Term)

Mary Hupp

(Class of 2024 - 1st Term)

Rodney Shuff

(Class of 2024 - 2nd Term)

Charlie Fiser

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Sonya Yeager-Meeks

Co-Director of Music

Debra Yeager

Co-Director of Music

Debra Yeager

Children's Ministry

10:30 Catholic Community Council

Jim Butz

Chair

303-913-3290

Katie Theisen

Co-Chair

303-756-0507

Gene Lang

Treasurer

303-399-5692

Kristen Insana

Secretary

440-223-0101

Meg Johnson

Liturgy Liaison

303-399-5692

Estela Bogaert-Martinez

Adult Religious Education

303-618-6617

Ellie Anderson

Co-Liaison

Ellie Anderson

Adult Religious Education

303-638-5088

Ellie Anderson

Co-Liaison

Mary Sullivan

Social Action Liaison

703-371-9105

Connie Curtis

Member-At-Large

303-296-6315

Kyle Gross

Member At-large

303-733-7199

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large